Bungee running – a new sport but old injuries

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Bungee running, a new sport related to bungee jumping, is fast becoming more common. This report of two cases of injury associated with it shows the need for safety precautions during the game.

Keywords: Bungee running, bungee jumping

Case reports

Case 1
A 13-year-old boy was doing a bungee run at school. At the end of his bungee, his adult catcher failed to break his fall and he sustained a greenstick fracture of the distal left radius (Figure 1). He was treated successfully with plaster immobilization.

Case 2
A 12-year-old girl stumbled as she was doing a bungee run, fell and sustained a greenstick fracture of the distal left radius (Figure 2). Immobilization in plaster was successful.
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