

To coaches • researchers • athletes • teachers • students



***in connection with
the European Championships
in Athletics***

INTERNATIONAL CONGRESS ON APPLIED RESEARCH IN SPORTS

AUGUST 9 - 11, 1994 HELSINKI, FINLAND

You are warmly welcome to participate in the Congress and find The Way to Win.

At the same time you will have the unique possibility to follow the European Championships in Athletics. Everything is organized for your convenience. The Congress will take place on August 9-11, 1994, in the daytime before the Championship finals.

The aim of the Congress is to present current interdisciplinary research results, and examine their applications to sports. The themes of the Congress will cover four scientific areas:
Sports medicine, physiology and biomechanics, sports, sport psychology, social and psychological aspects of sports.

The Congress is meant for all professionals in the above-mentioned areas of sports, and for everyone with an interest in sports and exercise.

The Congress will be held in the brand new Opera House in Helsinki - very close to the Olympic Stadium, where the European Championships will take place.

Come and be part of the "Spirit of Helsinki".

For more information

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THE WAY TO WIN

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