

What is already known on this topic

- Involvement of tendons in hand lacerations is common, and immediate treatment involves exploration and primary repair.
- A programme of protected rehabilitation to allow healing and prevent rupture must follow this.

What this study adds

- We report an unusual case of tendon rupture in a body builder caused by use of an electronic muscle stimulator.
- Body builders should be warned about this mode of rupture, which has not been previously reported, during their rehabilitation.

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Figure 1 Roald Bahr.