**Warm up**

1447 From knowing to doing: it takes a village
K Keota, K Thorborg, T Bandholm, A Vinther, C B Juhl, B S Andersen

**Editorials**

1448 ‘Don’t let kids play football’: a killer idea
J MacDonald, G D Myer

1450 Response to: ‘Don’t let kids play football’: a killer idea
R Bullingham, A White, J Batten

1451 The athlete monitoring cycle: a practical guide to interpreting and applying training monitoring data
T J Gabbert, C P Nassis, E Oester, J Prezérus, N Johnston, D Medina, C Rosas, T Myrske, A Ryan

1453 Slow down to strengthen sport and exercise medicine research
T Bandholm, M Henrikson, K Thorborg

1454 When is a study result important for athletes, clinicians and team coaches/staff?
R O Nielsen, M L Bertelsen, E Verhagen, M A Mauermann, A Hulme, M Møller, M Casals

1456 Next-generation systematic reviews: prospective meta-analysis, individual-level data, networks and umbrella reviews
J Ioannidis

**Reviews**

1459 Exercise therapy for functional capacity in chronic diseases: an overview of meta-analyses of randomised controlled trials
T Pasanen, T Töhanen, A Heinonen, U M Kajala

1466 Factors associated with participation in resistance training: a systematic review
R E Rhodes, D R Loibn, N Karunamini, S Kennedy, R Ploimkoff

1473 Current state of concussion prevention strategies: a systematic review and meta-analysis of prospective, controlled studies
D K Schneider, R K Grandhi, P Bansal, G E Kwart J V, K E Webster, K Logan, K D Barber Foss, G D Myer

**Original articles**

1483 ‘FIFA 11 for Health’ for Europe. 1: effect on health knowledge and well-being of 10- to 12-year-old Danish school children
C W Fuller, C Ørntoft, M N Larsen, A-M Elbe, T Kasted, A Junge, J Dvorak, R Knutsen

1489 Psychological impact of electrocardiogram screening in National Collegiate Athletic Association athletes

---

**Subscription information**

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

**Institutional rates 2017**

Print £755

Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at http://journals.bmj.com/content/subscribers?bjsm

£755 (includes online access at no additional cost)

**Personal rates 2017**

Print £281

Online only £166

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions are available only in the UK. Other countries must pay VAT; for details, call us or http://journals.bmj.com/

Copyright © 2017 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. The owners grant British Journal of Sports Medicine or the BMA unless otherwise specified or determined by law. Acceptance of Sport and Exercise Medicine and the code on good publication practice of the Committee on Publication Ethics. Authors retain copyright but are required to grant BJSM an exclusive licence to publish (http://authors.bmj.com/submitting-your-paper/copyright-and-authors-rights/).

Disclaimer: BJSM is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the British Association of Sport and Exercise Medicine. The owners grant editorial freedom to the Editor of BJSM. BJSM follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics. BJSM is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors’ institutions, the BMJ Publishing Group, the British Association of Sport and Exercise Medicine or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement. To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury or damage resulting from the use of Heart or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on. Copyright: © 2017 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission. BJSM is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Ltd, Chennai, India and printed in the UK on acid-free paper. British Journal of Sports Medicine (ISSN: 0306-3674) is published monthly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: Send address changes to British Journal of Sports Medicine, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.
Infographic
1493 Infographic: Effects of specific injury prevention programmes in football
K Thorborg, K K Krommes, E Esteve, M B Clausen, E M Bartels, M S Rathleff

Education reviews
1494 Preparing for what the reporting checklists will not tell you: the PREPARE Trial guide for planning clinical research to avoid research waste
T Bandholm, R Christensen, K Thorborg, S Treweek, M Henriksen

Republished from the BMJ
1502 Arthroscopic surgery for knee pain
T L N Jarvinen, C H Guyatt

Mobile App User Guides
1503 HHITT for concussion evaluation and management
N Anderson, R P Lystad

1505 Pokémon Go: mobile app user guides
N Anderson, J Steele, L-A O’Neill, L A Harden

PhD Academy Award
1507 Enhancing the implementation of injury prevention exercise programmes in professional football
J O’Brien