Warm up
553 Join the Swiss Sports Physiotherapy Association in celebrating 15 years of quality education: Bern, 24 November 2017
M Bizzini

Editorials
554 Anatomical and morphological characteristics may explain why groin pain is more common in male than female athletes
A G Schache, S J Woodley, E Schilder, J W Orchard, K M Crossley

555 Psychological readiness to return to sport: three key elements to help the practitioner decide whether the athlete is REALLY ready?
D Forsdyke, A Gledhill, C Aedern

557 Serving the clinician and the patient: three ways that quality clinical guidelines can build on expert consensus statements and systematic reviews
C Aedern

558 What is in a name? Quite possibly public safety
E K Stokes

559 Call for coordinated and systematic training load measurement (and progression) in athlete development: a conceptual model with practical steps
M Booth, R Orr, S Cobley

Infographics
561 Infographic: Psychosocial factors associated with outcomes of sports injury rehabilitation in competitive athletes
D Forsdyke, A Smith, M Jones, A Gledhill

Reviews
562 Effect of specific exercise-based football injury prevention programmes on the overall injury rate in football: a systematic review and meta-analysis of the FIFA 11 and 11+ programmes
K Thorborg, K K Kronmes, E Estave, M B Clausen, E M Bartels, M S Rathleff

572 Pain, activities of daily living and sport function at different time points after hip arthroscopy in patients with femoroacetabular impingement: a systematic review with meta-analysis
S Kierkgaard, M Langbek-Christensen, B Lund, F D Naal, I Mekhlif, U Dalgas, N C Casaretto

580 Predicting sport and occupational lower extremity injury risk through movement quality screening: a systematic review
J L Whitingaker, N Booyens, S de la Motte, L Dennett, C L Ardern

586 Step training improves reaction time, gait and balance and reduces falls in older people: a systematic review and meta-analysis
Y Okubo, D Schoone, S R Lord

InfoGraphic: Psychological readiness to return to sport: three key elements to help the practitioner decide whether the athlete is REALLY ready?

D Forsdyke, A Gledhill, C Aedern
Original articles
594 Copenhagen five-second squeeze: a valid indicator of sports-related hip and groin function
K Thorborg, S Branci, M P Nielsen, M T Langelund, P Hölmich

600 RISUS study: Rugby Injury Surveillance in Ulster Schools
H A P Archbold, A T Rankin, M Webb, R Nicholas, N W A Eames, R K Wilson, L A Henderson, G J Heyes, C M Bleakley

607 Tennis injury data from The Championships, Wimbledon, from 2003 to 2012
I McCurdie, S Smith, P H Bell, M E Batt

Education
612 International Olympic Committee Diploma in Sports Physical Therapies: a new online programme for therapists working with athletes and sporting teams (continuing professional development series)
A G Culvenor

PhD Academy Award
614 Managing acute hamstring injuries in athletes
G Reurink

Inside track
616 Chad Cook
J Windt

PostScript
618 Correspondences