

# Sport Medicine at its Peak

E Laura Cruz

Welcome to the CASEM issue of *BJSM*! The Canadian Academy of Sport and Exercise Medicine is the only organisation in Canada dedicated to sport and exercise medicine physicians. Established almost 50 years ago, CASEM has been the leader in SEM education and training of new sport and exercise physicians throughout its existence.

In a typically Canadian manner, CASEM has quietly elevated itself, with all 850 or so members, to a well respected position on the international academic stage. Our members are leaders in epidemiology and injury prevention research, concussion consensus meetings, physical activity for health initiatives and as active participants in knowledge translation as editors, reviewers and authors. Our expert members are world renowned and too numerous to list here. One of them, Dr Jack Taunton, runner and teacher extraordinaire is teaching his unparalleled Running Injuries workshop 22 April 2017 in Vancouver. (<http://casem-acmse.org/>)

CASEM is enjoying being a member society of *BJSM*. We are learning a great deal about current knowledge translation trends—the use of podcasts, webinars, and social media. I am reminded with each new issue that I really do need a new phone

so that I can try all the apps that I read about! We are also invited to participate in ways that go beyond the numerous Canadians who support *BJSM* as editors and reviewers—through collaborative support of member societies' position papers and statements.

## 'SPORT MEDICINE AT ITS PEAK'. OUR UPCOMING ANNUAL CONFERENCE

Canadians are recognised for their friendliness, and hospitality and we also know how to enjoy our beautiful country in snow or sun. I invite you join us at our next CASEM Symposium 'Sport Medicine at its Peak'. Our annual conference will be returning to Quebec's beautiful Mont Tremblant, 7 to 10 June 2017. Well known as a ski destination, Tremblant offers hiking, bike trails and numerous other outdoor activities throughout the summer months.

This year's exciting programme will feature a review of the Berlin 5th International Consensus Conference on Sport Concussion; pearls from a Cirque du Soleil athletic therapist and updates on regenerative medicine. Each annual symposium is an opportunity for the local organising committee to showcase regional as well as national expertise—and many of our Quebec CASEM colleagues will take to the podium.

Enjoy this CASEM focused issue and perhaps the cover photo (figure 1) of



Figure 1 CASEM focused issue.

beautiful Mont Tremblant will inspire you to join us in June!

Until then! A bientot!

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