

Supplemental appendix

[Questionnaire]

Name_____ Team_____

Date of match_____

Age (Grade)____years (____grade), Position No (1–15)____, Experience____years

Height____cm, Weight____kg, Dominant hand (Right • Left • Bilateral)

Side used most frequently for tackling

(almost always right • usually right • equal • usually left • almost always left)

1. Did you place your head in front of the ball carrier intentionally or unintentionally when you tackled?

Intentionally

Unintentionally

2. Reasons for positioning your head in front of the ball carrier.

Habitual side for tackling

To protect my injured shoulder

The ball carrier did not stop

Accidental

The ball carrier directly faced me

The ball carrier changed direction

Distance required for tackling was misjudged

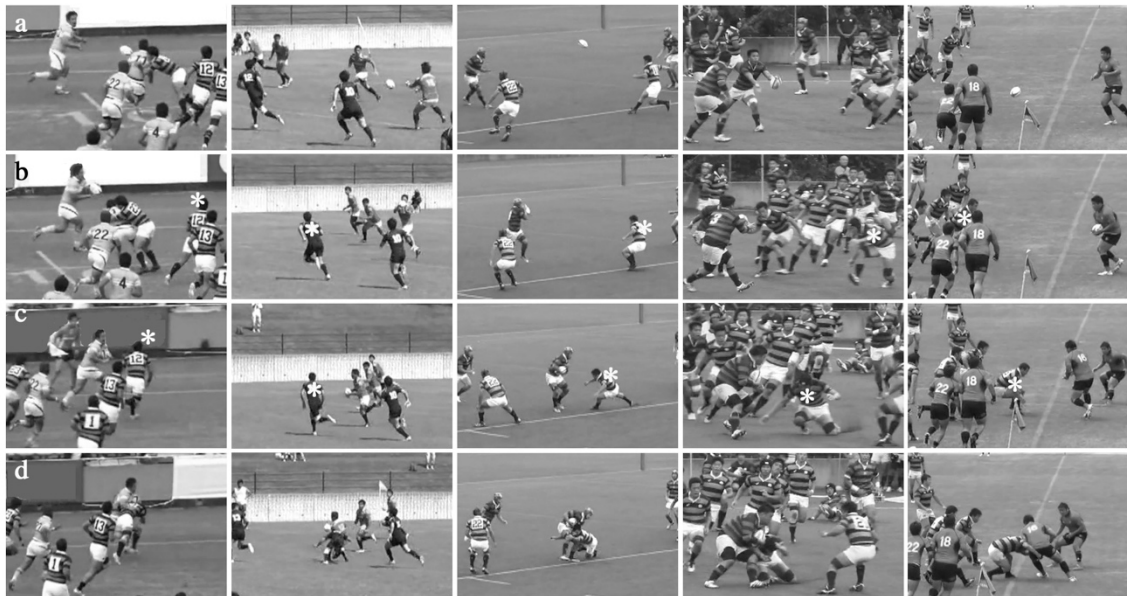
None of the above / Other reasons ()

3. Do you think you can prevent your head from contacting the front of the ball carrier during tackle?

Yes

No

Supplemental figure. Game video showing tackle with incorrect head positioning.



- (a) Before the player received the ball. (*: tackler)
- (b) Beginning of possession by the ball carrier (start of pre-contact phase).
- (c) Tackler approaches the ball carrier.
- (d) Tackler impacts the ball carrier (end of pre-contact phase).