



Design: Vicky Earle

Journal of the British Association of Sport and Exercise Medicine

Editor-in-Chief

Jonathan Drezner (USA)

Editors

Joanne Kemp (Australia)
Nonhlanhla Mkumbuzi (South Africa)
Jon Patricios (South Africa)
Jane Thornton (Canada)

Editorial Office

BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK
E: bjsm@bmj.com
Twitter: @BJSM_BMJ

Guidelines for Authors and Reviewers

Full instructions are available online at <http://bjsm.bmj.com/pages/authors/>. Articles must be submitted electronically <http://bjsm.bmj.com/pages/authors/>. Authors retain copyright but are required to grant *BJSM* an exclusive licence to publish (<http://authors.bmj.com/submitting-your-paper/copyright-and-authors-rights/>).

ISSN: 0306-3674 (print)
ISSN: 1473-0480 (online)

Impact factor: 18.4

Disclaimer: The Editor of *British Journal of Sports Medicine* has been granted editorial freedom and *British Journal of Sports Medicine* is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. *British Journal of Sports Medicine* is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by *British Journal of Sports Medicine* does not imply endorsement. Neither BASEM nor BMJ Publishing Group Limited shall have any liability for any loss, injury or damage howsoever arising from *British Journal of Sports Medicine* (except for liability which cannot be legally excluded).

Copyright: © 2024 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced in any form without permission.

BJSM is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Ltd, Chennai, India and printed in the UK on acid-free paper.

British Journal of Sports Medicine, ISSN 0306-3674 (USPS 3957) is published bimonthly by BMJ Publishing Group Ltd, BMA House, Tavistock Square, WC1H 9JR London. Airfreight and mailing in the USA by agent named World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Periodicals postage paid at Brooklyn, NY 11256. US Postmaster: Send address changes to *British Journal of Sports Medicine*, World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Subscription records are maintained at BMA House, Tavistock Square, WC1H 9JR London. Air Business Ltd is acting as our mailing agent.

Contents

Volume 58 Issue 6 | **BJSM** March 2024

Warm up

- 291** The global arena of sports medicine!
U Bakare, A B Mosler

Editorials

- 293** Paving the way for greater open science in sports and exercise medicine: navigating the barriers to adopting open and accessible data practices
G S Bullock, P Ward, S Kluzek, T Hughes, E Shanley, A J H Arundale, C Ranson, S Nimphius, R D Riley, G S Collins, F M Impellizzeri

- 295** Anterior T-wave inversion in black athletes: an African perspective
T F Ilodibia, N Riding

- 297** Women, concussion and disputing an old myth: the game of football is not 'unsuitable for females'
K Peek, K Fraser, G M H Yearwood, M J McKay

Consensus statement

- 299** Clinical and exercise professional opinion of return-to-running readiness after childbirth: an international Delphi study and consensus statement
S M Christopher, G Donnelly, E Brockwell, K Bo, M H Davenport, M De Vivo, S Dufour, L Forner, H Mills, I S Moore, A Olson, R E Deering

Subscription information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2024

Print £1201

Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at <http://journals.bmj.com/content/subscribers?bjsm>

Personal rates 2024

Print (includes online access at no additional cost) £404

Online only £231

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe?bjsm> (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or <http://journals.bmj.com/content/subscribers?bjsm>

Original research

- 313** Association of accelerometer-measured physical activity and its change with progression to chronic kidney disease in adults with type 2 diabetes and overweight/obesity
M Liu, Y Zhang, Y Zhang, P He, C Zhou, Z Ye, S Yang, X Gan, F F Hou, X Qin
- 320** Year-round injury and illness surveillance in UK summer paralympic sport athletes: 2016–2019
M Brownlow, M Wooten, S McCaig, A Taylor, N Webborn, P Bennett, J Wass, D Ibrahim, C Ranson
- 328** Exploring the association between cognitive activity and symptom resolution following concussion in adolescents aged 11–17 years
J Yang, E Alshaikh, N Asa, O VonDeylen, N Desai, H G Taylor, T Pommering, J P MacDonald, D M Cohen, K O Yeates, ReAct Clinical Study Group

Review

- 334** Walking speed and the risk of type 2 diabetes: a systematic review and meta-analysis
A Jayedi, M-S Zargar, A Emadi, D Aune

Images in sports medicine

- 343** Images in sports medicine: bone stress injury
Y Tsukahara, B B Forster, B E Plotkin, S Torii

PhD Academy Award

- 345** Holistic approach to testing ball kicking mechanics and outcome metrics in soccer: methodological aspects, observation and intervention (PhD Academy Award)
L H Palucci Vieira

Service spotlights

- 348** Ensuring football for all: a strategy for increasing inclusivity at The Football Association
R Weiler, O H Ahmed
- 351** Remembering Steven N Blair for making physical activity count every step of the way
B D Boudreaux, A B Kennedy, R R Pate



This article has been chosen by the Editor to be of special interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals open access scheme. See <http://bjsm.bmj.com/site/about/guidelines.xhtml#open>



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org



The online version of this article contains multiple choice questions hosted on BMJ Learning.