## **Bulletin of The British Association of Sport and Medicine**

### The Secretary's Column

The Executive Committee, recently reviewing yet again the Journal and its relationship to the Association's activities, felt that the Bulletin section should contain a regular communication from the Executive to the membership at large, keeping them in touch with current developments in the field. One of the problems in sports medicine, as in most other fields, is that there is a constant tendency and indeed danger for the politics and development of a subject to be rather shielded from the public gaze in executive action. While the formal annual reports of the Executive to the Association indicate behind the scenes activities, there is clearly a need for closer knowledge of the context of sports medical developments and the Executive felt that a regular Secretary's column would keep the membership more informed politically about our activities in a way which did not confuse the *politics* with the *science* of our Association. Hence it is important to differentiate between this column, in the Bulletin section, designed to record the Association's business activities from the academic editorial content of the Journal proper.

In this edition, I would like to indicate one recent problem which has concerned us, that of the academic development of "sports medicine" into a medical sub-discipline with a diploma of its own. There have been moves outside BASM to set up a formal clinical diploma in sports medicine and there are doctors who feel that it is possible for one doctor to be sufficiently competent in all the aspects of sports medicine to be so recognised. This attitude motivated several initiatives of the formerly active Institute of Sports Medicine and this has lead to higher level lobbying of the Royal Colleges whose joint examination board is responsible for the conduct of diploma examinations. Thus it came about that I was invited to a meeting of the Medical Commission on Accident Prevention specifically to discuss the implications of a sports medicine diploma. Momentum for such a diploma had been generated following the change in the old Diploma in Physical Medicine to the new one of Diploma in Medical Rehabilitation. This offers a flexible two year range of experience in the field including eight optional subjects in part II, one of which is "Medicine in Sport and Recreation". Many people feel that expansion of this option into a sports medical diploma is worth considering.

It is, of course, superficially attractive to recognise a new speciality and formalise it by a training programme and diplomatisation. However, your Executive has been firmly opposed to this approach and I was able to put our views to the Medical Commission along the following lines.

Firstly, while there are moves to keep "sports medicine", exclusively medical, our Association's attitude from its inception, has always been that sports medicine is a multi-disciplinary proposition. By multi-disciplinary, we mean all disciplines which have a relevant bearing upon the medical and scientific study of sporting endeavour. That is to say, it is not "multi-speciality" within medicine but truly a sum of many parts, inside, as well as outside, medicine. The simple answer to a sports medical diploma stage managed purely by clinicians for clinicians is the obvious counter attraction of a sports medical diploma by with and from non medically qualified sports scientists. If we look to America for a glimpse into the future, we find that half the American College — dare I say it, the more active half in publishing, is not qualified medically and claims and uses the title "sports medicine". This is a new concept in British medicine where the medical profession has always tended to claim an exclusive position over all other disciplines, rather than as one among equals: Your Executive felt that a true equality among equals was a fundamental point of importance for the future of sports medicine as we see it, and therefore opposed to any elitist suggestion of "clinicians only".

Secondly, international practice tends to influence governments as well as associations and it is true to say that there is no country in the world where sports medical consultant status is available on a par with the expertise and standing required of consultant status within our NHS.

Thirdly, within the field of sports medicine, who is to lead the field? Our members have been well and truly bored for a decade by the intricacies and manoeuvrings of the Institute of Sports Medicine, which the Association helped to found, and this association. When it comes to brass tacks, this Association is the only body which has run short and long courses in sports medicine, published a regular Journal on the subject and conformed to the International Federation's syllabus and membership requirements. The International recognition is a key factor in dealing with government departments. The Association is recognised by the Department of Health as the appropriate body in the field of sports medicine.

During the meeting of the Accident Commission, it seemed that the overwhelming concensus among the representatives of the many medical Colleges and Faculties present was that further diplomas were not really keenly sought by anyone and that sports medicine, by lacking a purely clinical definition, possibly lacked a case for clinical recognition as a speciality in any case.

I hope that the increasing public and professional awareness of the medical aspects of sport will make a new attitude more productive in the next few years of developing our subject. I have stated clearly the advantages, not of separating "sports medicine" from everything else but of creating a climate of interest throughout our many disciplines and medical specialities in which it is a natural thought of teachers, examiners and syllabus writers to add the word "sport" to all their other interests. Thus, for instance, it is not ideal to have a sports traumatologist, a sports paediatrician or a sports physiologist as routine, though clearly there will be highly specialised leaders in each of these fields. It would however be a thoroughly good idea to look at the sporting implications of psychiatry, paediatrics, trauma, rehabilitation, training and physiology and so on. If the Association can act as the focussing point for a wide range of different interests who are actively encouraged to be different but meet at a focus, rather than trying to make everyone conform to some narrow clinical specialist pattern, then we will probably be achieving more in the long run than is fully realised, even now.

P. N. Sperryn

#### **BOOK REVIEW**

#### FIFTY YEARS AS A BOXER'S DOCTOR

By Col. J. W. GRAHAM

Published: Protel Ltd., Manchester. £1.00

Dr. J. W. Graham has written an interesting and informative book on Professional Boxing. He sketches the progress of this sport from the "bad old days" of the 1920's to the well-controlled game of today. He indicates the days when there was hardly any medical control and many boxers were exploited by their managers and promoters. He refutes the charges of the anti-boxing doctors and lay people that boxers develop "brain-damage", with scientific evidence. I agree that from the medical point of view professional boxing is well controlled today and there is a good liaison between the amateur and professional boxing doctors.

I object strongly to the front cover showing an unconscious boxer. This would convey to the average lay person that the object of boxing is to knock your opponent out. The fear of the alleged accompanying "brain damage" makes parents antagonistic to boxing at schools. I found Dr. Graham's anecdotes very interesting.

J. L. Blonstein

### BRITISH ASSOCIATION OF SPORT AND MEDICINE

President: Rt. Hon. Lord PORRITT, G.C.M.G., G.C.V.O., C.B.E., F.R.C.S.

Hon. Secretary: DR. P. N. SPERRYN, M.R.C.P. 63 Airic Avenue, New Malden, Surrey Phone: 01-949 0607 Chairman: DR. G. G. BROWNING, F.R.C.P. Western Infirmary, Glasgow

Phone: 041-339 8822

Hon. Treasurer: DR. H. EVANS ROBSON, 39 Linkfield Road, Mountsorrel, Loughborough, Leics, Phone: 053-724 3436

#### ANNUAL GENERAL MEETING

FOR YEAR ENDING DECEMBER 31, 1975

on Saturday, 15th May 1976, at 5 p.m. at Invercive House, Largs, Ayrshire

Minutes of the ANNUAL GENERAL MEETING of the

**BRITISH ASSOCIATION OF SPORT AND MEDICINE** 

held at the Royal Society of Medicine, London, at 2 p.m. 11th November 1975

The meeting started with the Vice Chairman, Dr. Basil Kiernander, in the chair and twenty eight members present. Apologies were received from Lord Porritt, Dr. G. G. Browning, Dr. S. Miles, Mr. K. S. Duncan, Miss Johan Matheson, Mr. R. W. Palmer, Lt. A. J. Fowler, Mr. B. Rees, and Drs. H. Thomason and D. S. Tunstall-Pedoe.

The meeting unanimously recorded its best wishes to the Chairman Dr. Browning, for a speedy convalescence from illness.

The Minutes of the A.G.M. for 1973, held in London on 26/11/74 were read, and approved, proposed by Dr. E. C. Mason, seconded, Dr. J. G. P. Williams.

There were no matters arising from the minutes.

There was no further Chairman's business.

The Hon Treasurer's report, as circulated, was adopted; proposed Mr. K. Slocombe, seconded, Dr. I. Sharman,

The Hon. Secretary's report, as circulated, and the Scottish Area report from Dr. Moncur, as read, were adopted; proposed Dr. J. Williams, seconded, Dr. C. Nightingale.

An open discussion followed which covered the general activities of BASM, its liaison with Physiotherapists, the Sports Council and CCPR, and BASM's future activities. It was minuted that

"the meeting wished to encourage further regional/area activities within BASM".

The meeting closed with a vote of thanks to Dr. Kiernander at 3.30 p.m.

# ANNUAL REPORT OF HONORARY SECRETARY TO ANNUAL GENERAL MEETING MAY 1976

Since my last report to the A.G.M. of November 1975, the Association has taken part in discussions with the Sports Council with a view to preventing unnecessary duplication of sports medical work and ensuring closer liaison with others interested in sports medicine in the future. B.A.S.M. was represented at a meeting of sports governing bodies covened, for unclear reasons, by the C.C.P.R. at which the majority of the doctors, being members of B.A.S.M., suggested that we should continue to play an active role in coordinating sports medical activities. However the problem remains one of recognition and finance. As the Sports Council cannot recognise financially bodies such as this Association, it is not possible for B.A.S.M., financed as it is by members' subscriptions, to expand into an adequate national reference service. This impasse, exacerbated by the failure of the Institute of Sports Medicine to fulfil its original role as a national academic centre, seems likely to remain throughout the present national financial crisis unless alternative moneys become available.

Academically, the second residential Sports Medicine course is arranged at Brunel University in June 1976, and meetings are arranged for Leeds and Largs. Financial difficulties over adequate sponsorship have made us postpone the projected residential symposium at Salford on the "Human Performance Laboratory in Sports Medicine". The Committee felt that it would be better to await the financing of a really good meeting rather than cut the quality of the event.

With Olympic preoccupation and a short 'year' because of the change of A.G.M. date to conform more nearly to our financial year, we look to the next year as one of academic consolidation, hoping to build a firm base for expansion when the present financial constraints are eased.

Finally, we welcome Mr. Basil Helal, F.R.C.S., M.Ch.Ortho., Consultant Orthopaedic Surgeon, The London Hospital, as an additional member of the Editorial Board of the British Journal of Sports Medicine.

P. N. Sperryn

5th April 1976 Hon. Secretary

## BRITISH ASSOCIATION OF SPORT AND MEDICINE HON. TREASURER'S REPORT FOR THE YEAR ENDING DECEMBER 31st. 1975

During this year, the increased rate of subscriptions forced upon us by inflation, especially of postage and printing has had some effect, and the income from subscriptions of members had increased by over a thousand pounds to £3,300, compared with the previous year. This is nearly the correct amount estimated from 750 members at average £5 each, but includes some subscription arrears carried over from 1974. The external "Library" sales of the British Journal of Sports Medicine also showed the effect of the subscription increase from £2.00, entailing losses, to £5.00, giving us a profit. £900 has been brought in by this means, double the 1974 income. Some journals, together with some BASM ties, were sold for cash during the September course held at Loughborough, and appear under "sundry income" in the detailed course and conference accounts on the last page of the statement of accounts. Income for the FIMS journal, Journal of Sports Medicine and Physical Fitness, was only £140, but attempts to recover arrears of payment are to be made during 1976, with some hope of success, but also some judicious pruning of the mailing list.

On the debit side, the largest amount is as usual the costs of printing the journal, £2,800. In the accounts, it appears less than the previous year, but the 1974 accounts included the Proceedings of the World Congress of Sports Medicine, as well as the rest of BJSM Vol. 7 and all Vol. 8. The lower subscription to FIMS was due to a short period when the pound was at a favourable exchange rate compared with the dollar, (but this lasted for only too short a time, as all know to their cost). The Treasurer's out-of-pocket postal charges have more than doubled, partly due to the new increased rate of bankers' orders that had to be sent out, but also to the general inflationary chaos we try to live in at present. "Miscellaneous expenses" includes our subscriptions to the British Sports Association for the Disabled, the C.C.P.R., and Sir Roger Bannister's Appeal — £20 in all; typing conference manuscripts, £10; secretarial help with sending out subscription reminders, and in connection with the organisation of the Loughborough course — £39.

The £89 professional charges were spent on the proper establishment of the Sir Adolphe Abrahams Memorial Trust. Auditor's fees and Bank Charges are also shown.

A detailed breakdown of the two main meetings and the FIMS course in Sports Medicine held at Loughborough are shown on the last page of this Statement of Accounts, but the surplus on the course of nearly £1,500, and £350 on the symposium on Anabolic Steroids in Sport more than make up for the £32 deficit incurred by the Annual General Meeting combined with a symposium on Physiotheraphy in Sport. Altogether the income exceeded expenditure by nearly three thousand pounds, enabling further printing costs to be met immediately after the end of the financial year, and £1,700 to be put into deposit. This gives us a reserve for possible losses on future courses and conferences (though we hope not to incur any), and to be able to ensure that BASM is represented when essential at international meetings.

In the Balance Sheet, "Stock in hand" comprises a small surplus of journals, and further supplies of BASM ties, purchased during the year for £146, but not shown on the Income & Expenditure account as well. "Debtors" is an estimate made of unpaid and underpaid membership subscriptions (including those from the Scottish Area, of which we receive 75%, and were actually paid just after the end of 1975), and money owing for the Journal of Sports Medicine and Physical Fitness, and library subscriptions for the British Journal of Sports Medicine. Liabilities comprise more postage connected with the Journal, collection of subscriptions, and administration of the Sports Medicine Course. A stationery bill for £22 had been incurred at the end of the year, but was not paid until the next financial year had started.

We are indebted to two firms for generous grants to help with specific scientific meetings. Ciba — Geigy Ltd. gave us £500 towards the running and subsequent publication of proceedings of the symposium on Anabolic Steroids in Sport, and Seton Products Ltd. £125 towards the guest speakers' expenses at the Physiotherapy symposium held in conjunction with the A.G.M.

In summary, it has not been too bad a year financially. We started with an overdraft of £400, and finished with a credit balance of £120 in the No. 1 account — subscriptions, journals etc. We made a considerable profit on the Sports Medicine Course, having based our budget on a "shoe-string organisation" if we got 20 applicants, a proper course with external lecturers dealing with their special fields if we got 30, but with the 75 that actually attended, there was a most useful surplus. Although the course is to be repeated in 1976, there is no guarantee that as many people will attend, or that as much money will be left over. The 1975 course was self-supporting; no donations or grants were received by us, though some of those attending were supported by their own governments, or hospital boards. United Kingdom general practioners were able to claim the course as postgraduate training under Section 63 of the National Health Service regulations.

Although the situation during this year is better than in most years, we are still operating on a very narrow financial margin, which would largely be relieved by the cooperation of members in paying subscriptions promptly, in ensuring that banker's orders are up to date, and in notifying changes of address, which will not only bring in more money, but enable the officers of the association to devote more time to constructive advancement of sports medicine rather than to the tedious work of debt collecting and trying to trace errant and peripatetic members all round the U.K. or often round the world. I am thankful we have not yet colonised the Moon!

#### BRITISH ASSOCIATION OF SPORT AND MEDICINE

#### INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 1975

|  | Note       | 1975   | 1974   |
|--|------------|--|--|
| Members Subscriptions Donations  |            | 3,321<br>6                                     | 2,175<br>18                                  |
| Sale of British Journal of Sport<br>and Medicine<br>Sale of Sports Medicine and Physical   |            | 897  | 484  |
| Fitness Journal Profit on Sale of Ties   |            | 142<br>-                                       | 155<br>10                                    |
| Advertising Space<br>Bank Interest   |            | 30<br>3  | 30<br>40                                     |
| deduct a Cook of Bublishing Association  |            | 4,399  | 2,912  |
| deduct: Cost of Publishing Association Journals (1974 includes £2,800 from the proceedings of the World Congress) Subscriptions F.I.M.S. Stationery and Postage Bank Charges Auditors Remuneration Miscellaneous Expenses Travelling Expenses Professional Charges | 2          | ,812<br>85<br>141<br>10<br>10<br>94<br>-<br>89 | 5,128<br>90<br>63<br>5<br>15<br>23<br>4<br>- |
| add : Surplus on Joint B.A.S.M./ F.I.M.S. Course Surplus on B.A.S.M. Anabolic Steroids Symposium   | 1 1<br>2 _ | 1,158<br>,467<br>353<br>1,820<br>2,978         | (2,413)<br>-<br>-<br>-<br>(2,416)            |
| deduct : Deficit on Symposium on<br>Physiotherapy in Sports<br>Medicine and Annual General<br>Meeting  | 3          | 32   | Surplus 115                                  |
| Surplus for the year   |            | £ 2,946  | Deficit £ 2,301                              |

#### BALANCE SHEET AS AT 31 DECEMBER 1975

|  | 1975           | <u>1974</u> |
|--|----------------|-------------|
| ASSETS EMPLOYED :                                    |                |             |
| Current Assets:                                      |                |             |
| Stock on Hand  | 273            | 163         |
| Debtors  | 954            | 500         |
| Balance at Bankers:                                  |                |             |
| No. 1 Current Account                                | 121            |             |
| No. 2 Current Account                                | 1,764          | 19          |
| Deposit Account                                      | 48             | 45          |
| Adolphe Abrahams Memorial Fund<br>Balance at Bankers | 70             | 65          |
| parance at pankers                                   | 70             | 00          |
|  | 3,230          | 792         |
|  | <del></del>    | 732         |
| Current Liabilities:                                 |                |             |
| Creditors  | 22             | 39          |
| Amount due to Treasurer<br>Balance due to Bankers    | 40             | 17          |
| balance due to bankers                               | _              | 519         |
|  | 62             | 575         |
|  |                | 373         |
| Net Current Assets                                   | 3,168          | 217         |
|  | <del></del>    | -           |
|  | £ 2 160        | £ 217       |
|  | £ 3,168        | 1 217       |
|  | tentro ten     |             |
| FINANCED BY:   |                |             |
| Accumulated Fund :                                   |                |             |
| Balance as at 31 December 1974                       | 152            |             |
| add : Surplus for the year                           | 2,946          |             |
| •  | 3,098          | 152         |
| Adolphe Abrahams Memorial Fund:                      | 3,070          | 102         |
| Balance as at 31 December 1974                       | 65             |             |
| add : Interest Received                              | 5              |             |
|  | <del></del> 70 | 65          |
|  |                | 65          |
|  | £ 3,168        | £ 217       |
|  | -,             |             |

#### DR. H.E. ROBSON - HONORARY TREASURER

#### REPORT OF THE AUDITORS TO THE MEMBERS

We have examined the books of account of the British Association of Sport and Medicine, with the exception of those covering the Scottish Area, and we certify that the annexed Balance Sheet, Income and Expenditure Account and Notes are in accordance therewith.

 ${\tt Loughborough}$ 

23 March 1976

ARMITAGE & NORTON

Chartered Accountants

| 1. | Income and Expenditure Account for the         |             |            |             |
|----|--|-------------|------------|-------------|
|    | Joint B.A.S.M./F.I.M.S. Course (September 197  | <u>5)</u>   |            |             |
|    | Fees Received Sundry Income                    |             |            | 3,776<br>59 |
|    | buildly income                                 |             |            |             |
|    |  |             |            | 3,835       |
|    | deduct : Accommodation Expenses                |             | 1,780      |             |
|    | Lecturers Fees and Expenses                    |             | 220        |             |
|    | Visiting Lecturers Fees                        |             | 287        |             |
|    | Technicians Fees                               |             | 10         |             |
|    | Photographic Expenses                          |             | 30         |             |
|    | Miscellaneous Expenses                         |             | 41         |             |
|    |  |             |            | 2,368       |
|    | · · · · · · · · · · · · · · · · · · ·          |             |            | 1 //2       |
|    | Surplus transferred to Income and Expenditur   | e Account   | £          | 1,467       |
|    |  |             |            |             |
| 2. | Income and Expenditure Account for the Symposi | 11M         |            |             |
| ۷. | on Anabolic Steroids in Sport (February 1975)  |             |            |             |
|    |  | •           |            | 202         |
|    | Fees Received                                  |             |            | 282<br>500  |
|    | Contribution from C.I.B.A Geigy Limited        |             |            | 300         |
|    |  |             |            | 782         |
|    | deduct : Accommodation Expenses                |             | 250        | , 02        |
|    | Speakers Expenses                              |             | 164        |             |
|    | Printing Expenses                              |             | 3          |             |
|    | Miscellaneous Expenses                         |             | 12         |             |
|    |  |             | -          | 429         |
|    |  |             |            |             |
|    | Surplus transferred to Income and Expenditur   | e Account   | £          | 353         |
|    | outplob transcribe to anome and appearance     |             |            |             |
|    |  |             |            |             |
| 3. | Income and Expenditure Account for the 'Sympos | ium on      |            |             |
| ٦. | Physiotherapy in Sports Medicine' and the Ann  |             |            |             |
|    | General Meeting for 1974                       |             |            |             |
|    |  | 1075        |            | 1071        |
|    |  | <u>1975</u> |            | 1974        |
|    | Donation: Seton Products Limited (1974:        |             |            |             |
|    | Abbott Pharmaceutical Limited for the          |             |            |             |
|    | Symposium on Training at Altitude)             | 125         |            | <i>503</i>  |
|    | deduct : Room Hire, Refreshments and           |             | 100        |             |
|    | Projectionists Expenses                        | 87<br>70    | 106<br>282 |             |
|    | Symposium Speakers Expenses                    | 70          | 202        |             |
|    |  | 157         |            | 388         |
|    |  |             |            |             |
|    | Deficit transferred to Income and              |             | G 7        | -0 115      |
|    | Expenditure Account                            | £ 32        | Surplu     | 8£ 115      |
|    |  |             |            |             |

#### ANNUAL SCOTTISH REPORT

#### May 1976

During the year our attempts to rationalise our accounts have met with some success due to the indefatigueable efforts of Mrs Snodgrass to whom I am most grateful. Many arrears of subscriptions were gathered in and enrolments continue at a steady pace.

We were unfortunately short on day meetings this year. The one which had been arranged had to be cancelled since it clashed with a meeting of the BSAD who by chance were holding a meeting with the same theme i.e. Riding for the Disabled.

Thanks are due to Dr.McGregor who convened the Inverciyde meeting this year whose proceedings of one symposium are being published in this number of the Journal.

Increasingly are we being asked to cover meetings particularly by the Karate Union and the Scottish Amateur Gymnastic Association. These bodies have contributed to the Area funds which has allowed us to offer expenses and a modest fee to those members who gave of their time for such work. In several cases expenses were refused and we are grateful to those members who see fit to subsidise the Area indirectly in this way. Drs. Young and Weston are to be thanked for their administrative efforts in arranging duties with members.

Our major activity has been to meet representatives of various sporting bodies and with the Scottish Sports Council with regard to their medical requirements. Two meetings have been held and we now have sufficient information to produce a working document which we hope will lead ultimately to a guide to medical requirements for various sports, this being produced in close consultation with the governing bodies concerned.

We have been invited to explore the possibility of mounting the next FIMS course in Scotland and we shall undertake this with enthusiasm. We can I am sure count on the support of Scottish members to assist with this.

A Meeting on Sports Medicine was held in Dundee during the year. Although we played no part in the actual organisation we were able to supply on request a team of speakers. We look forward to increased recruitment from Tayside.

J. A. Moncur Hon. Scottish Secretary

## BRITISH ASSOCIATION OF SPORT AND MEDICINE — SCOTTISH AREA INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 1975

| 6.1.75               | Current Account Donations & Attendance Fees Stirling University Conference Fees Inverclyde Firbush Point Members Subscriptions (including arrear                                 | rs)  | 80.54<br>165.00<br>19.00<br>660.00<br>225.00<br>605.23<br>1754.77 |
|----------------------|--|--|---|
| Deduct               | Conference Fees & Speakers Office work & postage Underpayment on Firbush 1974 Central Film Library Refunds on Subscriptions Firbush Point Accommodation Inverclyde Accommodation | 147.20<br>46.48<br>18.00<br>1.50<br>6.00<br>360.00<br>588.61 | 1167.79   |
| Surplus for the year |  |  | _586.98   |

#### **CLINICAL PROBLEMS PECULIAR TO SPORT**

There will be a colloquium on CLINICAL PROBLEMS PECULIAR TO SPORT at the Postgraduate Medical Centre, King Edward VII Hospital, Windsor on 25th and 26th November, 1976. This Colloquium is jointly sponsored by the British Association of Sport and Medicine and the British Association for Rheumatology and Rehabilitation.

Six topics are to be discussed as follows. Each topic will be introduced by the moderator for the session in a brief review exposition. Participants in the Colloquium will then have the opportunity to make individual presentations of their own material and express their own views in short, illustrated papers. Thereafter each subject will be open to discussion from all present.

It will be much appreciated if participants intending to present material in one or more of the sections for discussion would notify the organisers as soon as possible so that they can be included in the formal programme.

The Colloquium is intended for Consultants or Senior Registrars and for other doctors with previous experience in Sports Medicine. Numbers of participants will be restricted.

Full details of the proposed Colloquium can be obtained from Dr. John Williams or Dr. Peter Sperrryn at Farnham Park Rehabilitation Centre, Farnham Royal, Slough, Berks. SL2 3LR.

Fee of £20.00 will include cost of meals during the Colloquium and there will be a dinner on the evening of the 25th November. Accommodation is usually readily available at this time of year in one of the hotels in Windsor or nearby. A list of hotels is available from the organisers.

#### **PROGRAMME**

#### 1. CARDIAC DISTRESS IN SPORT

Moderators: Dr. Dan Tunstall Pedoe, St. Bartholomew's Hospital Dr. Harry Thomason, University of Salford

#### 2. THE SPORTING LUNG

Moderator: Dr. Archie Young, University College Hospital, London

#### 3. MANAGEMENT OF TENDON PAIN

Moderator: Dr. John Williams, Farnham Park Rehabilitation Centre

#### 4. THE DIFFICULT KNEE

Moderator: Mr. Basil Helal, The London Hospital

#### 5. SPORTS TRAINING AND MUSCLE INJURY

Moderator: Dr. Peter Sperryn, Hillingdon Hospital

#### 6. SURGICAL BACK IN SPORT

Moderator: Mr. John Buck, The Brook Hospital

# **Call for Subscriptions 1976**

Members and other subscribers are reminded that all subscriptions were due on JANUARY 1st, 1976, at the subscription rates specified below. It will be noted that members who have retired from employment and therefore are no longer eligible for Income Tax relief, will be able from now to remain members at a reduced subscription, but are requested to declare their eligibility to the Treasurer.

|                                | From Jan. 1st<br>1975 | Previous Rate<br>1971-74 |
|--------------------------------|-----------------------|--------------------------|
| Ordinary members               | £5.00                 | £3.00                    |
| Joint members (husband & wife) | £6.00                 | £4.00                    |
| Student members                | £2.00                 | £1.00                    |
| Affiliated organisations       | £8.00                 | £5.00                    |
| Retired members                | £3.00                 |                          |
| Brit. J. Sp. Med. "Library"    | U.K. £5.00            | £2.00                    |
| subscription                   | Overseas \$15.00 U.S. |                          |

New Bankers Orders have been issued.

#### J. S.M. & P. F. (The journal of the F.I.M.S.)

Members can obtain the international "Journal of Sports Medicine and Physical Fitness" at half price, that is: £3.10, payable to the Hon. Treasurer, BASM, due January 1st.

#### **NOTE ADDED IN PROOF**

We have just been informed by letter received on June 1st, that the price of this journal has increased enormously, to \$12.50 a year. This rate will certainly apply to 1977 onwards. Negotiations are in progress.

#### **BASM TIES**

BASM Ties are available from the Hon. Secretary and Hon. Treasurer at £2.00 each. Cheques made out to BASM should be sent with the order.

#### **NEW MEMBERS**

The following were elected by the Executive Committee on April 24th, 1975, but as no "Bulletin" section of the Journal was published in Vol. 9, No. 2, the special number on Anabolic Steroids, their names have not so far been published.

#### **ORDINARY MEMBERS**

| Mr. M. R. Armstrong, B.Ed., 2 Red Lion Close, Maghull, LIVERPOOL                        | P. Chuter   |
|---|-------------|
| Mrs. Janet Chapman, B.Sc., 16 Blackbrook Road, SHEFFIELD, S10 4LP                       | H. Thomason |
| Dr. D. Dwyer, 3 St. Lawrence Road, PLYMOUTH, Devon                                      | J. Williams |
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