REFERENCES


BOOK REVIEW

Title: THE ROLE OF EXERCISE IN INTERNAL MEDICINE
Authors: D. Brunner and E. Jokl. 1977. Vol. 10 of "Medicine and Sport"
Publisher: S. Karger, Basel. ISBN 3-8055-2362-9
181 pages including Index. 71 figs. 31 tables.

This book, like that edited by Edmund Burke, PhD, and reviewed also in this number, is multi-author, with again 24 contributors sometimes working in teams to produce 13 original papers. Whereas Burke collected papers from American and Canadian sports scientists and two doctors, Brunner and Jokl sought contributions largely from American, Israeli and European physicians of high repute, to produce excellent reviews of exercise in a variety of general medical conditions. Obviously much of the book is devoted to exercise and the circulation, but endocrine disorders including diabetes, infectious diseases and metabolic bone disease are also included.

As one would expect from a Karger publication, the production of the book is excellent; clear figures, standardised references, a rather scanty index, good binding, and the article reference given clearly at the head of each article.

These two books have provided me with fascinating holiday reading while watching the Mediterranean breakers lashing the Tunisian coast, and I have learnt a great deal from both of them.

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