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## MEETINGS OF OTHER ORGANISATIONS

### FIRST INTERNATIONAL COURSE ON PHYSIOLOGICAL CHEMISTRY OF EXERCISE AND TRAINING October 1st—4th, 1979

This course, under the aegis of UNESCO Research Group on Biochemistry of Exercise, will be held in FIUGGI TERME, Italy, from October 1st – 4th, 1979. Topics include:

**Muscular contraction**  
**Regulation of Metabolism**  
**Biological fuel utilisation**  
**Electrolytes & Hormone regulation**  
**Ultrastructure of muscle**  
**Exercise in extreme environments**  
**Anaerobic glycolysis**

The official language will be English. The fee is \$200 U.S., and includes full board and lodging from September 30th, bus transport from Rome, 40 miles away, and social events. English/Italian simultaneous translation is foreseen.

PRELIMINARY APPLICATIONS should be made by February 28th, 1979, to the Congress Secretariat: Ente Fiuggi S.p.A., Via Pinciana 25, 00198 ROMA, Italy.

A very limited number of application forms are available from BASM Treasurer, Dr. H. E. Robson, 39 Linkfield Road, Mountsorrel, LOUGHBOROUGH, Leicestershire.

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## NOTICE

### MEETING OF OTHER ORGANISATIONS – A.C.P.S.M. July 6th–8th, 1979

The sixth Annual Residential Congress of the Association of Chartered Physiotherapists in Sports Medicine will take place in the University Hall, Cardiff from Friday, 6th to Sunday, 8th July, 1979. Following lunch at 12.30 hrs. the first symposium commences at 14.00 and includes papers on facial injuries in Rugby Football (R. Hopkins, B.D.S., M.R.C.S.) physiology of fitness (J. A. Fowler, M.C.S.P.) and applied kinesiology (B. M. Butler). A film on the 1978 Commonwealth Games will be shown at 20.30. On Saturday, 09.20 – Carbon filament replacement surgery (D. H. Jenkins, F.R.C.S.), interferential therapy (B. Savage, M.C.S.P.), functional aspects of throwing events (R. A. C. Davies, F.R.C.S.), therapeutic ultrasound (G. White, M.C.S.P.), and in the afternoon, 14.00, flexibility of the foot (S. Bracey, M.Ch.S.) strapping techniques (A. Bonelle, M.C.S.P.) and manual techniques in injury prevention and treatment (K. Slocombe, M.C.S.P.). The annual dinner (black ties) concludes the day's activities. On Sunday 09.00, doping in sport (provisional – speaker to be announced), impact therapy (J. B. Tracey, M.B., B.Ch.). The Annual General Meeting for members of A.C.P.S.M. ends the programme at 11.45 but lunch is available for those who give notice.

The fee for the complete conference including full board and residence is £32.50, with reduced rates for part-time attendance, for students and for non-residents. Enquiries and applications for places should be sent as soon as possible to:—

Mr. J. R. Cross, M.C.S.P.,  
8 Trinfield Avenue,  
EXMOUTH,  
Devon EX8 3JU.  
Tel. Exmouth (03952) 75592 or 78406.

For members of A.C.P.S.M., application forms will be sent out in the next issue of Physiotherapy on Sport.

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## MEETINGS OF OTHER ORGANISATIONS

### SPORTS INJURIES

#### One Day Instructional Course

The Institute of Accident Surgery are holding a one day instructional course on sports injuries at the University of Birmingham on

**FRIDAY, 21st SEPTEMBER, 1979**

The course is aimed at a level of registrars in surgery and medicine but should be of value to physiotherapists and remedial gymnasts with an interest in the subject. A series of lectures and demonstrations will be followed by the course dinner (included in the course fee).

*Speakers include:*

*Dr. I. D. Adams, MD, Mr. J. Buck, FRCS, Mr. J. Kenwright, FRCS, and Mr. N. Tubbs, FRCS*

Course Fee £20

*Applications and enquiries should be addressed to:*

**Mrs. D. Steele, Conference Organiser,  
86 Black Haynes Road,  
Birmingham B29 4QN  
Tel: 021 475 6299**

**Closing date of acceptance to dinner: Saturday, 1st September, 1979**

# Bulletin of The British Association of Sport and Medicine

## HONORARY SECRETARY'S COLUMN

MAY 16th, 1979

The current A.G.M. will see the final stage in the expansion of the Executive Committee to fifteen members, as authorised by the 1977 A.G.M. Already the enlarged Committee has given rise to livelier debates about B.A.S.M.'s functions and future. As a result of this the Executive have commissioned a small Subcommittee to draw up with professional legal help a totally new Constitution for submission to the membership, if necessary at an Extraordinary meeting before the triennial elections due at the 1980 A.G.M.

We intend to reconstitute B.A.S.M. as a limited liability company with charitable status, subject to the necessary legal approvals and, of course, the over-riding approval of the membership.

This is a major step in B.A.S.M.'s development. It defines both what we have become and, just as important, what we are not. By opting for the legal status as a professional body with educational aims we should strengthen our present teaching and publishing functions. Should B.A.S.M. wish to trade in services in future it would be possible to consider setting up suitable structures for that purpose. At present, it is plainly absurd that we should be paying substantial corporation tax on the proceeds of activities eligible for educational charity status and we clearly need urgent changes in this count.

During the next year we dearly need to reconsider our management structure. Apart from impending changes in our Senior Offices, we should consider separate Offices for educational and promotional functions as well as for student liaison and the Journal. The work-load in the Offices is too great for efficiency, yet it is increasingly unlikely that these posts could be filled in their present state by competent Officers. The attitude which has made even the medical profession reluctant to work overtime, or for nothing, has permeated to many professional societies such as ours. In any case a club of 400 can (just) be managed with amateurism and good will; a professional organisation of 1200 cannot.

Members will become aware of the recent adoption by the Sports Council of the cause of Sports Medicine. In Eastern Europe, state policy has always dictated sporting excellence and hence the supporting structures necessary to achieve this political goal. In Western Europe there has been an increasing centralised involvement in sport and Sports Medicine. Recently the American College of Sports Medicine lobbied successfully a U.S. Senate Bill which set up an Office of Health Information, Health Promotion and Physical Fitness and Sports Medicine within the Department of Health, Education and Welfare. An initial budget of 6.5m dollars has been allocated.

This leaves Britain as one of the few remaining Western nations with a positive discrimination against "Sports Medicine". Astonishing as it may seem, our Department of Health has positively refused to recognise and assist this cause, arguing as much on the grounds of poverty and priority.

At present "Sports Medicine" happens because a few individuals on the one hand make arrangements for themselves, and a few on the other hand have personal or research interests in the field. "Sport" seems willing to demand but reluctant to pay for its medicine and science, while the C.C.P.R. has no resources and can only reflect the attitude of its own component Governing Bodies — most of whom have been signally inefficient at looking after the medical and scientific needs of their members. The medical establishment remains indifferent at best and antagonistic at most to "Sports Medicine", a label seen by many as a new source of funds for epidemiological studies related to health generally rather than sports fitness specifically.

We therefore welcome particularly the Sports Council's initiative in grasping the nettle of Sports Medicine. Let us hope that this is the first step in emulating the French, where the Sports Minister, incidentally recently upgraded to full Cabinet rank, has become the "Godfather" by simply commissioning for himself the service he thinks sport needs. "We haven't any money" — but don't tell me that B.A.S.M. is incapable of focussing the sort of lobby which has recently succeeded as brilliantly in America!

P. N. Sperryn

**NEW MEMBERS**

*The following were elected by the Executive Committee on*

**ORDINARY MEMBERSHIP**

Miss J. K. Ashby, MCSP, 71 Lower Fairmead Road, YEOVIL, Somerset	C. S. Croton
Dr. D. K. Bennett, Black River, ST. ELIZABETH, Jamaica	H. Robson
Dr. A. R. Boissevain, Tripler A. M. C., HAWAII, 96859, U.S.A.	H. Robson
Dr. S. Calvert, 14 Denewell Avenue, Low Fell, GATESHEAD, Tyne & Wear	H. Robson
Mr. J. Challis, FRCS, 11 Kenwood, 74 Wellington Road, Bush Hill Park, ENFIELD, Middx.	H. Robson
Mr. K. Donnelly, MCSP, P.B. 153, 5401 STORD, Norway	H. Robson
Dr. A. T. Fadlu-Deen, 12D Beach Road, LUMLEY, P.O. Box 666, Freetown, Sierra Leone	H. Robson
Mr. S. Fletcher, MChS, "The Cairn", Palace Road, BUXTON, Derbyshire	S. Bracey
Dr. J. Da Fonseca Esteves, Lote 119 – 10 ES9, Portela Sacavem, LISBOA, Portugal	H. Robson
Mrs. F. M. Forrester, MCSP, Dpt. 10, Hall Boulevard, Aylesham, KINGSTON 8, Jamaica, W.I.	H. Robson
Mr. G. Forster, DLC, 458 Lanark Road, EDINBURGH, Scotland	J. Moncur
Dr. W. A. Foster, 177 Orange Street, KINGSTON, Jamaica, W.I.	H. Robson
Dr. T. C. Franklin, Station House, Braithwaite, KESWICK, Cumbria	H. Robson
Dr. R. M. Fumich, Apt C-3, Stratton Apts, Stratton Rd., Williamstown, MASS 01267, U.S.A.	H. Robson
Mr. J. Golding, FRCS, Dept. of Orthopaedics, University Hospital of the West Indies, Mona, KINGSTON, Jamaica	H. Robson
Dr. F. M. Gomes De Miranda, Av. Bissaya Barreto 34-3-E, 3,000 COIMBRA, Portugal	H. Robson
Dr. S. C. Guha, St. Luke's Hospital, BRADFORD	H. Robson
Mrs. Joan Gurney, BA, Guildhall Orchard, Great Bromley, COLCHESTER, Essex	H. Robson
Dr. R. E. Hamill, 18 Hilder Gardens, FARNBOROUGH, Hants. GU14 7BQ	H. Robson
Dr. G. J. Hayes, MD, Sunrise Products Corp'n, 1206 A West Hillsdale Blvd., SAN MATEO, California 94403, U.S.A.	H. Robson
Dr. W. T. Henry, "School House", Parkend, LYDNEY, Glos.	H. Robson
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Dr. W. B. Howe, MD, 7493, 750th Avenue, West, OAK HARBOUR, Washington 98277, U.S.A.	H. Robson
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Dr. N. B. Ikoku, MRCPATH, Pingle House, High Street, NORMANTON, West Yorkshire, WF6 1NW	H. Robson
Dr. R. Maia E. Silva, Ormuz, 13, INFESTA, Portugal	H. Robson
Dr. G. W. McCrea, 31 Earlswood Road, BELFAST 4, Northern Ireland	H. Robson
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Dr. W. J. Murfin, "Morawelon", TYWYN, Gwynedd, LL36 9HH	H. Robson
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Dr. L. Sash, St. Charles Hospital, LONDON, W10	J. G. P. Williams
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**STUDENT MEMBERSHIP**

Miss C. B. Beck, 689 Great Western Road, Hillhead, GLASGOW	J. Moncur
Mr. I. Corry, Fraser House, Pollock Halls, 18 Holyrood Park Road, EDINBURGH (Med)	H. Robson
Mr. R. C. Cotterell, 72 Onehouse Road, STOWMARKET, Suffolk	S. B. Wright
Mr. M. R. Shorten, Dept. of P.E. and Sports Science, Loughborough University, LOUGHBOROUGH, Leics.	H. Robson
Mr. S. A. Wootton, 31A Griffin Close, Shepshed, LOUGHBOROUGH, Leics.	H. Robson

**AFFILIATED ORGANISATIONS**

West London Institute of Higher Education, Borough Rd., Isleworth, Middx. New representative: Mr. M. Emery, BSc	J. Kane
Scottish Netball Association Representative: Miss A. B. Stoddart, 927 Atkenhead Road, GLASGOW G44 4QE	E. Snodgrass
Amateur Boxing Association, 70 Brompton Rd., LONDON, S.W.3 New representative: Dr. R. Axon, 19 Creffield Rd., COLCHESTER, Essex	
Scottish Karate Board of Control, 16 Royal Crescent, GLASGOW New representative: Mr. D. Bryceland	I. G. Russell
Dartford College, Thames Polytechnic, Oakfield Rd., DARTFORD, Kent New representative: Miss S. E. F. Johnson	Dartford College

# BRITISH JOURNAL OF SPORTS MEDICINE

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Several types of communications will be considered for publication by the Editorial Board.

1. ORIGINAL ARTICLES, reporting research, experimental work, innovations in therapeutic procedures, etc.
2. REVIEW ARTICLES on special topics, which should include an adequate but not necessarily an exhaustive bibliography.
3. ABSTRACTS of verbal communications given at scientific meetings. These may be published as 'Proceedings' of meetings, and sometimes the author might be invited to submit a fuller edited text of his talk, together with illustrations.
4. ANNOTATIONS, case reports, preliminary reports of research, and of pilot studies, usually not exceeding 400 words.
5. CORRESPONDENCE, — 'letters to the Editor'.
6. CONFERENCE REPORTS from Area organisations of B.A.S.M., or of other meetings with direct relevance to the work and interests of B.A.S.M. members.
7. NOTICES of forthcoming events relevant to Sports Medicine.
8. OBITUARY NOTICES concerning B.A.S.M. members and others distinguished in Sports Medicine.

### SUBMISSION OF MANUSCRIPTS

These should be sent to the Editor, Dr. H. E. ROBSON, 39 Linkfield Road, Mountsorrel, Nr. LOUGHBOROUGH, Leics. LE12 7DJ Tel. 0533-303436 (surgery) or 0533-303971 (home)

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**NOMENCLATURE.** Drugs should be specified by their official name, followed by the trade name and manufacturer's name in brackets if well known and widely prescribed under its trade name. Doses should be in metric measurements. S.I. units should be used, except for measurements of blood pressure, which should be in mm. Hg. Conversions from one system of measurements to another should be rounded off, and in all tables unnecessary decimal places should be avoided, as they are usually due to the mechanics of the computer, and not to accurate scientific measurement.

REFERENCES mentioned in the text should give the name of the author, or first two authors followed by et al for multi-author papers, with the date of publication in brackets, e.g. "Wright, Clarke et al (1976)". In the reference section, the authors' names should be arranged in alphabetical order, followed by year of publication, title of paper, journal, volume number double underlined, and first and last pages, e.g. "WRIGHT, G., CLARKE, J., NINIMAA, V. & SHEPHARD, R. J. 1976 'Some reactions to a dry-land training programme for dinghy sailors' Brit.Journ.Sports Med. 10: 4-10". For text-book references, the author, editor, year, title of chapter, title of book, edition number, publisher, and city of publication should be given. Our retention of the "Harvard System" of references is our only major deviation from the recommendations of the Montreal Agreement.

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*These notes were revised in April 1979 for Volume 13.*