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BOOK REVIEW

Doreen A. CAMILLERI, MCSP

The Physiotherapy Clinic – Tagliaferro Centre, High Street, Sliema, Malta

CINQUANTA ANNI DI ATTIVITA

The Federazione Medica Sportiva Italiana (FMSI) is this year celebrating its 50th Anniversary.

The Federation has published a book, "Fifty Years of Activities" to mark the occasion. The Book, compiled by the Secretary of the Federation, Doctor Franco Barbieri, gives an extensive view of the performance of the FMSI since its foundation in 1929.

Chapters covering the historical evaluation, preventive care in sport, social and education aspects of Sport, Parliamentary Legislation and general activities are amply supplied with charts, tables and photographs to illustrate the wide range of activities.

In association with the Comitato Olimpico Nazionale Italiano (CONI) the FMSI has set up various centres, clinics and laboratories throughout Italy.

The role of the Sports Doctor is now changing to a more positive role in prevention of injury and is no longer restricted to treatment of injuries. To facilitate this, the FMSI has succeeded in securing legislative measures empowering it to conduct medical checks on athletes, and is at present pressing for further legislation in order to conduct spot-checks whilst athletes are in training.

The FMSI organises and conducts seminars and congresses for trainers, coaches, physiotherapists and masseurs in order to ascertain a high level of training of these personnel who have direct contact with the athlete. Checks are also made on middle age non-competitive sportsmen in order to control and prevent accidents prevalent in that age group.

The FMSI also plays an important role in controlling the drug-taking abuses found in sport where in top class sport any means are resorted to in order to achieve victory.

Doreen Camilleri