

CONTENTS

EDITORIAL	3
SYMPOSIUM PROCEEDINGS	
Opening address. M. BUSSON	5
Chairman's introduction. P. R. TRAVERS	6
An appreciation of the injured knee. J. P. S. ENGLAND	6
DISCUSSION: The athlete's knee and ankle.	8
Biomechanical factors in spinal injuries. J. G. P. WILLIAMS	14
The spine in sport – injuries, prevention and treatment. J. E. DAVIES	18
DISCUSSION: The spine.	21
Risk factors with acute sports injuries. S. SONNE-HOLM and C. H. SØRENSEN	22
The social cost of sports injuries. C. H. SØRENSEN and S. SONNE-HOLM	24
The effect on healing of analgesic and anti-inflammatory therapy. M. S. BOURNE	26
Treating sports injuries with a combination of ibuprofen and physiotherapy. Dragana MILIĆ and B. MILENOVIĆ	27
DISCUSSION: Sports injuries clinics.	27
Groin injuries in athletes. P. RENSTRÖM and L. PETERSON	30
Musculoskeletal complications of jogging. B. CORRIGAN	37
Tendoperiostitis in the lateral femoral condyle in long distance runners. P. H. STAFF and S. NILSSON	38
Stress fractures. S. ORAVA	40
DISCUSSION: Iliotibial band lesions and muscle injuries.	45
A study of the anti-inflammatory and analgesic action of ibuprofen in sports injuries. G. ALBIOL	45
A double-blind trial of ibuprofen and aspirin in the treatment of soft-tissue injuries sustained in professional football. D. S. MUCKLE	46
DISCUSSION: Anti-inflammatory drugs.	47
OPEN FORUM.	48
Chairman's closing address. P. R. TRAVERS	49
Alphabetical index of main speakers	50
Participants in discussions	51
Resident participants at the Exeter Symposium	51
ABSTRACTS (Contributed by R. A. Hamilton)	
Muscle fibre composition and performance capacities of women. C. J. CAMPBELL et al.	53
The application of science to sport: physiological profile of male and female athletes. J. H. WILMORE	
Natural history of anterior cruciate tears. J. A. ARNOLD et al.	
Achilles tendinopathies and paratendinopathies. G. SANTILLI	
Runners' injuries. W. B. KRISOFF and W. D. FERRIS	

REPORTS	
The third Colloquium on clinical problems related to sport. D. CREAN	54
F.I.M.S. Appeal on World Health Day dedicated to "Smoking and Health" A. DIRIX, L. PROKOP and S. E. STRAUZENBERG	56
I.O.C. Solidarity/F.I.M.S. Asian Course in Sports Medicine. J. G. P. WILLIAMS	59
Some impressions of India and the Sports Medicine Course. H. E. ROBSON	61
BOOK REVIEWS	
J. C. KENNEDY "The Injured Adolescent Knee" – J. G. P. WILLIAMS	64
W. PAISH "Diet in Sport" – I. M. SHARMAN	65
T. B. QUIGLEY (Ed.) "1979 Year Book of Sports Medicine" – J. G. R. WILLIAMS	65
BULLETIN OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE	
MEETINGS OF BASM AND OTHER ORGANISATIONS:	66
OBITUARIES – Sir Andrew Stephen (W. PURCELL)	4
Sir Ludwig Guttmann (H. E. ROBSON)	67
NEW MEMBERS	68
MEMBERSHIP APPLICATION FORM	71
NOTES FOR GUIDANCE OF CONTRIBUTORS	Inside Back Cover

British Journal of Sports Medicine
PROCEEDINGS OF THE SPORTS MEDICINE SYMPOSIUM AT EXETER UNIVERSITY – SEPTEMBER 1979

Volume 14	MARCH 1980	Number 1
EDITORIAL	CONTENTS	3
SYMPOSIUM PROCEEDINGS		
Opening address. M. BUSSON		5
Chairman's introduction. P. R. TRAVERS		6
An appreciation of the injured knee. J. P. S. ENGLAND		6
DISCUSSION: The athlete's knee and ankle.		8
Biomechanical factors in spinal injuries. J. G. P. WILLIAMS		14
The spine in sport – injuries, prevention and treatment. J. E. DAVIES		18
DISCUSSION: The spine.		21
Risk factors with acute sports injuries. S. SONNE-HOLM and C. H. SØRENSEN		22
The social cost of sports injuries. C. H. SØRENSEN and S. SONNE-HOLM		24
The effect on healing of analgesic and anti-inflammatory therapy. M. S. BOURNE		26
Treating sports injuries with a combination of ibuprofen and physiotherapy. Dragana MILIĆ and B. MILENOVIĆ		27
DISCUSSION: Sports injuries clinics.		27
Groin injuries in athletes. P. RENSTRÖM and L. PETERSON		30
Musculoskeletal complications of jogging. B. CORRIGAN		37
Tendoperiostitis in the lateral femoral condyle in long distance runners. P. H. STAFF and S. NILSSON		38
Stress fractures. S. ORAVA		40
DISCUSSION: Iliotibial band lesions and muscle injuries.		45
A study of the anti-inflammatory and analgesic action of ibuprofen in sports injuries. G. ALBIOL		45
A double-blind trial of ibuprofen and aspirin in the treatment of soft-tissue injuries sustained in professional football. D. S. MUCKLE		46
DISCUSSION: Anti-inflammatory drugs.		47
OPEN FORUM.		48
Chairman's closing address. P. R. TRAVERS		49
Alphabetical index of main speakers		50
Participants in discussions		51
Resident participants at the Exeter Symposium		51
ABSTRACTS (Contributed by R. A. Hamilton)		
Muscle fibre composition and performance capacities of women. C. J. CAMPBELL et al.		53
The application of science to sport: physiological profile of male and female athletes. J. H. WILMORE		
Natural history of anterior cruciate tears. J. A. ARNOLD et al.		
Achilles tendinopathies and paratendinopathies. G. SANTILLI		
Runners' injuries. W. B. KRISOFF and W. D. FERRIS		
REPORTS		
The third Colloquium on clinical problems related to sport. D. CREAN		54
F.I.M.S. Appeal on World Health Day dedicated to "Smoking and Health". A. DIRIX, L. PROKOP and S. E. STRAUZENBERG		56
I.O.C. Solidarity/F.I.M.S. Asian Course in Sports Medicine. J. G. P. WILLIAMS		59
Some impressions of India and the Sports Medicine Course. H. E. ROBSON		61
BOOK REVIEWS		
J. C. KENNEDY "The Injured Adolescent Knee" – J. G. P. WILLIAMS		64
W. PAISH "Diet in Sport" – I. M. SHARMAN		65
T. B. QUIGLEY (Ed.) "1979 Year Book of Sports Medicine" – J. G. R. WILLIAMS		65
BULLETIN OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE		
MEETINGS OF BASM AND OTHER ORGANISATIONS:		
OBITUARIES – Sir Andrew Stephen (W. PURCELL)		4
Sir Ludwig Guttmann (H. E. ROBSON)		67
NEW MEMBERS		
MEMBERSHIP APPLICATION FORM		
71		
NOTES FOR GUIDANCE OF CONTRIBUTORS		
Inside Back Cover		