EXETER UNIVERSITY – SPORTS MEDICINE sympOsiUM
CHAIRMAN'S OPENING REMARKS

P. R. TRAVERS, DPhysMed

It is perhaps not inappropriate that this Symposium should be held at St. Luke’s Hall in the University of Exeter because fourteen years ago St. Luke’s College as it then was started an optional course in Sports medicine for their third year physical education students, and was one of the first Colleges in this country to do so. Since then it has been much concerned with all aspects of Sports medicine both on the purely medical side, and on the research side.

AN APPRECIATION OF THE INJURED KNEE

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In 1866 Palmar and Stevens wrote a bawdy play named ‘The Crock’. This was read by both the establishment and members of its audiences. The authors defended their promotion in the Press with the comment that “legs are stable articles and will remain so as long as the world shall last”.

This truisim is relevant to sport and sporting injuries, with increasing leisure time being accompanied by increasing sport participation. Within the existing games organisation there are more competitions being initiated, for instance the introduction of the John Player Cup in rugby, the League Cup in association, the Rank Xerox Trophy in hockey and the Prudential Cup in cricket.

This paper is concerned with soccer and rugby injuries and will concentrate on three important conditions in injury of the knee.