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BOOK REVIEW

Title: "GIVE US THE CHANCE". SPORT AND PHYSICAL RECREATION WITH MENTALLY HANDICAPPED PEOPLE
Editor: Kay Latto, DipPE, MCSP
Publisher: The Disabled Living Foundation, 346 Kensington High Street, London W14 8NS. Tel. 01-602-2491, 1981
 Price: £9.50 (incl. P. & P.)

The Disabled Living Foundation over the years has published excellent books containing clear instructions and practical help for those concerned with assisting the handicapped. This publication is superb.

Following two chapters of general advice on the problem written by a consultant psychiatrist, and by a clinical psychologist, the book then deals with teaching points, choice of activity, facilities for games and sport. Following these chapters, the reader is treated to sessions dealing with the development of skill, team involvement, control of movement, agility and perception. The material is very well illustrated by line drawings which tell the story by themselves.

In the 178 pages, the whole range of useful activities is considered and the book concludes with appendices from which additional specialised information might be obtained.

This is a book that should be in the possession of all who deal with the handicapped. It will be found equally useful by the physiotherapist, the physical educationist, and the doctor. The whole tone of the book is a happy, constructive optimism.

Noel Bleasdale