

# Move lat<sup>®</sup> Cream & Gel

MUCOPOLYSACCHARIDE POLYSULPHURIC ACID ESTER,  
ADRENOCORTICAL EXTRACT & SALICYLIC ACID

Tubes of 50g

*for immediate treatment  
and massage of soft tissue  
injuries, sprains and strains*

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Further information from:  
**LUITPOLD-WERK (MUNICH),**  
Medical & Scientific Office in U.K.,  
Hayes Gate House,  
27 Uxbridge Road,  
Hayes, Middlesex, UB4 0JD.  
Tel: 01-561 8774



Product licence held by  
Farillon Limited  
Bryant Avenue  
Romford  
Essex, RM3 0PJ

# Every sport



## Every sport is a story

**Whether it's footballer's ankle,  
tennis elbow, boxer's knuckle,  
jumper's knee, golfer's wrist,  
or simply a  
sprain  
or strain...**



there's a clear need for

**BRUFEN**

Ibuprofen B.P.

**400**

(MAXIMUM DAILY DOSAGE 2400 mg)



# BRUFEN 400

Ibuprofen B.P.

## Pain relieving power that puts people back in the game.

**Prescribing Information:** **Presentation** Brufen is available as Brufen 400, sugar-coated tablets each containing 400mg of Ibuprofen B.P. The tablets are light-magenta in colour and bear the overprint 'Brufen 400' in black. **Uses** Brufen is indicated for its analgesic and anti-inflammatory effect in the treatment of rheumatoid arthritis (including juvenile rheumatoid arthritis or Still's disease) ankylosing spondylitis, osteoarthritis and other non-rheumatoid (seronegative) arthropathies. In the treatment of non-articular rheumatic conditions, Brufen is indicated in periarthritic conditions such as frozen shoulder (capsulitis), bursitis, tendinitis, tenosynovitis and low-back pain; Brufen can also be used in soft-tissue injuries such as sprains and strains. Brufen is also indicated for its analgesic effect in the relief of mild to moderate pain such as dysmenorrhoea, dental and post-operative pain. **Dosage and Administration Adult:** The recommended dosage of Brufen is 1200mg daily in divided doses. Some patients can be maintained on 800 to 1200mg daily. In severe conditions it can be advantageous to increase the dosage to 1600mg daily in divided doses until the acute phase is brought under control. For the relief of mild to moderate pain the following dosages are recommended: Dysmenorrhoea: 1200mg per day in three divided doses. Analgesia: 1200 to 1600mg daily given in divided doses. In cases of dental or post-operative pain an initial dose of 800mg may be given. The total daily dose of Brufen should not exceed 2400mg. **Children:** The dosage of Brufen is 20mg per kg of body-weight daily except that in children weighing less than 30kg the total dose given in 24 hours should not exceed 500mg. **Contra-indications, Warnings, etc.** Brufen should not be given to patients with severe or active peptic

ulceration. Whilst no teratogenic effects have been demonstrated in animal experiments, the use of Brufen during pregnancy should, if possible, be avoided. Brufen should be prescribed with caution for those with asthma and especially for patients who have developed bronchospasm with other nonsteroidal agents. Adverse effects reported include dyspepsia, gastro-intestinal intolerance and bleeding, and skin rashes of various types. Less frequently, thrombocytopenia has occurred. Toxic amblyopia has occurred very rarely but, in those cases reported, recovery occurred on cessation of treatment.

**Treatment of Overdosage:** Gastric lavage and, if necessary, correction of blood electrolytes. There is no specific antidote to Brufen.

**Legal Category POM. Package Quantities**

Brufen 400 (400mg tablets): Tin of 100, tin of 250. **Further Information**

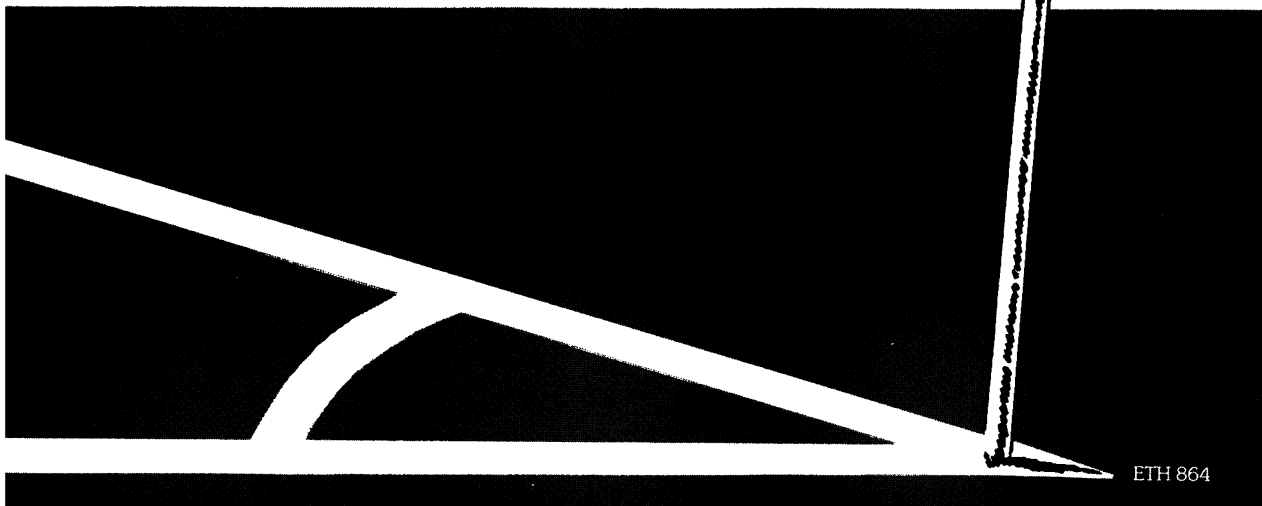
Taken on an empty stomach, peak serum levels of Brufen occur 45 minutes after ingestion whereas, taken after a meal, the peak is delayed up to 90 minutes. Since most people can take Brufen on an empty stomach without gastric discomfort, the initial dose of the day will be more rapidly effective if taken before food. This is particularly valuable in providing relief of the morning stiffness associated with arthritis.

**Basic NHS Price** Brufen 400: 250 Pack £11.54. **Product Licence Number** Brufen 400 Tablets: PL0014/0158

Further information is available on request

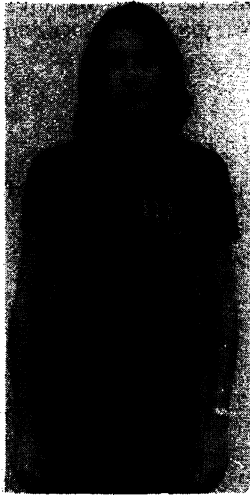
 The Boots Company Ltd, Nottingham

Brufen is a registered trademark



# B. A. S. M.

## TIES ○ BADGES ○ SPORTS SHIRTS

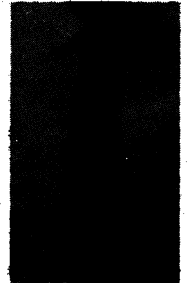
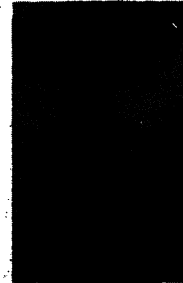


### TEE SHIRTS

SMALL (i.e. child)  
MEDIUM (small woman)  
LARGE  
EXTRA LARGE

£4 + 50p p.&p.

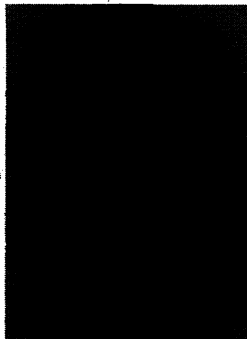
NAVY BLUE BACKGROUND ON ALL DESIGNS



### TIES

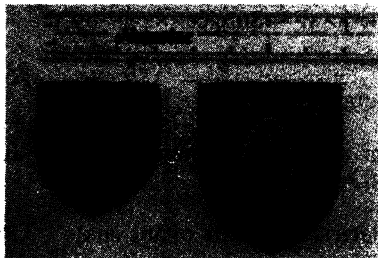
4" WIDTH  
MULTI-MOTIF  
SINGLE MOTIF

£3 + 50p p.&p.

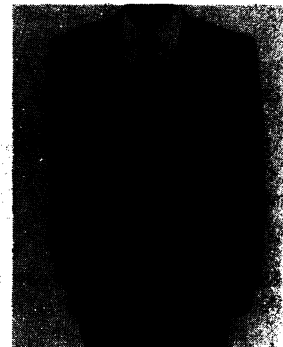


SIZES AS FOR TEE SHIRTS  
WITHOUT HOOD – AS ILLUSTRATED  
£7.50 + £1 p.&p.

WITH HOOD.  
£8.50 + £1 p.&p.



BLAZER BADGES  
WIRE EMBROIDERED  
LARGE 4" HIGH  
AS ILLUSTRATED  
SMALL 3" HIGH  
£4 + 20p p.&p.



*Ties and Badges from Dr. H. E. Robson, 39 Linkfield Road, Mountsorrel, Loughborough, Leicestershire.*

*Shirts from Mr. D. A. Chapman, MCSP, White Oaks Clinic, Heathfield, E. Sussex.*

**Cheque with order preferred made out to B.A.S.M.**

# Blood Lactate? a result in 15 seconds!

## **Analox LM2 Lactate Analyser**

- Only 5 or 10  $\mu$ l Blood Sample required
- Accurate quantitative measurement of Lactate
- Easily made fully portable for immediate trackside results
- Economical cost per test
- **simply pipette and read**



For a demonstration in your laboratory contact:

**ALPHA  
LABORATORIES**

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