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**BOOK REVIEWS**

“Women and Sport” and “The Female Athlete” are two books in a series on Medicine and Sport which are edited by E. Jokl and M. Hebbelinck, the two books consist of a series of selected papers from the International Congress of Women in Sport which was held in Rome in July 1980.

**Title:** WOMEN AND SPORT: An historical, biological, physiological and sportsmedical approach

**Editors:** J. Borms, M. Hebbelinck and A. Venerando, 1981

**Publisher:** Karger, Basel.

**Price:** $74.25

232 pages, 56 figures, hard cover

“Women and Sport” consists of the historical aspects of the involvement of women in sport in various countries, it also contains a section on the physiology and biochemistry of exercise in women, there are only five papers associated with sports medicine problems in women.

**Title:** THE FEMALE ATHLETE: A socio-psychological and kinanthropometric approach

**Editors:** J. Borms, M. Hebbelinck and A. Venerando, 1981

**Publisher:** Karger, Basel.

**Price:** $74.25

218 pages, 44 figures, hard cover

“The Female Athlete” consists of a series of papers associated with the sociological aspects of women in sport and sports psychology. The last section is a series of papers on body composition and somatotypes of various women athletes.

These books contain useful information for anyone who is involved in training or looking after women athletes.

Moira O’Brien