

Every sport



**Whether it's footballer's ankle,
tennis elbow, boxer's knuckle,
jumper's knee, golfer's wrist,
or simply a
sprain
or strain...**



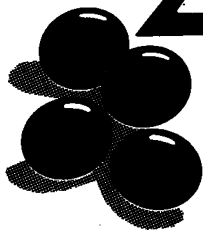
there's a clear need for

BRUFEN

Ibuprofen B.P.

400

(MAXIMUM DAILY DOSAGE 2400 mg)



BRUFEN 400

Ibuprofen B.P.

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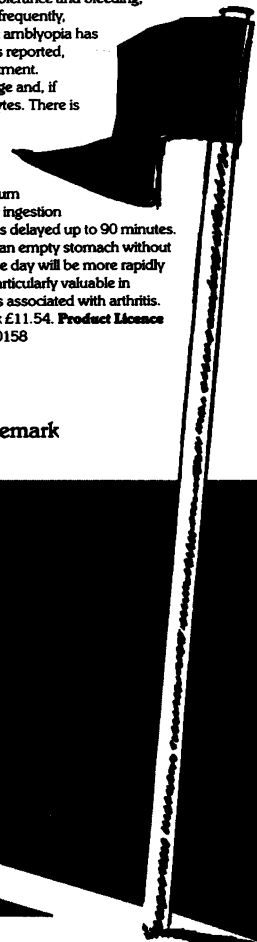
Prescribing Information: Presentation Brufen is available as Brufen 400, sugar-coated tablets each containing 400mg of Ibuprofen B.P. The tablets are light-magenta in colour and bear the overprint 'Brufen 400' in black. **Uses** Brufen is indicated for its analgesic and anti-inflammatory effect in the treatment of rheumatoid arthritis (including juvenile rheumatoid arthritis or Still's disease) ankylosing spondylitis, osteoarthritis and other non-rheumatoid (seronegative) arthropathies. In the treatment of non-articular rheumatic conditions, Brufen is indicated in periarticular conditions such as frozen shoulder (capsulitis), bursitis, tendinitis, tenosynovitis and low-back pain; Brufen can also be used in soft-tissue injuries such as sprains and strains. Brufen is also indicated for its analgesic effect in the relief of mild to moderate pain such as dysmenorrhoea, dental and post-operative pain. **Dosage and Administration Adult:** The recommended dosage of Brufen is 1200mg daily in divided doses. Some patients can be maintained on 800 to 1200mg daily. In severe conditions it can be advantageous to increase the dosage to 1600mg daily in divided doses until the acute phase is brought under control. For the relief of mild to moderate pain the following dosages are recommended: Dysmenorrhoea: 1200mg per day in three divided doses. Analgesia: 1200 to 1600mg daily given in divided doses. In cases of dental or post-operative pain an initial dose of 800mg may be given. The total daily dose of Brufen should not exceed 2400mg. **Children:** The dosage of Brufen is 20mg per kg of body-weight daily except that in children weighing less than 30kg the total dose given in 24 hours should not exceed 500mg. **Contra-indications, Warnings, etc.** Brufen should not be given to patients with severe or active peptic

ulceration. Whilst no teratogenic effects have been demonstrated in animal experiments, the use of Brufen during pregnancy should, if possible, be avoided. Brufen should be prescribed with caution for those with asthma and especially for patients who have developed bronchospasm with other nonsteroidal agents. Adverse effects reported include dyspepsia, gastro-intestinal intolerance and bleeding, and skin rashes of various types. Less frequently, thrombocytopenia has occurred. Toxic amblyopia has occurred very rarely but, in those cases reported, recovery occurred on cessation of treatment. **Treatment of Overdosage:** Gastric lavage and, if necessary, correction of blood electrolytes. There is no specific antidote to Brufen. **Legal Category POM. Package Quantities** Brufen 400 (400mg tablets): Tin of 100, tin of 250. **Further Information** Taken on an empty stomach, peak serum levels of Brufen occur 45 minutes after ingestion whereas, taken after a meal, the peak is delayed up to 90 minutes. Since most people can take Brufen on an empty stomach without gastric discomfort, the initial dose of the day will be more rapidly effective if taken before food. This is particularly valuable in providing relief of the morning stiffness associated with arthritis. **Basic NHS Price** Brufen 400: 250 Pack £11.54. **Product Licence Number** Brufen 400 Tablets: PL0014/0158

Further information is available on request

 The Boots Company Ltd, Nottingham

Brufen is a registered trademark



B. A. S. M.

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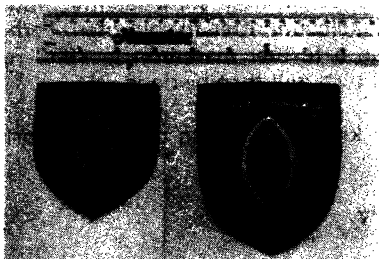
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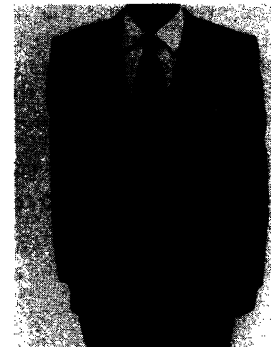
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