

Medicine Group accumulates information and statistics relating to sports events and injury. In this context the co-ordinating podiatrist may request facilities to interview and examine competitors and for access to official

statistics and results.

FURTHER DETAILS from Mrs. H. Swindley, MChS, SRCh, 60 Briar Drive, BUCKLEY, Clwyd.

BOOK REVIEW

Title: **UNDERWATER EAR AND NOSE CARE**
Author: Noel Roydhouse, ChM(Otago), FRCS(Eng), FRACS
Publisher: N. Roydhouse, 118 Remuera Road, Auckland 5, New Zealand, 1981

One's confidence in this booklet is shaken on the title page by Reference to a Foreword which was not present in the reviewer's copy. However the important points in this booklet are clearly made and discussed. The use of case histories/ anecdotes gives a spice to the lively style, which involves provocative comment, e.g. "Collection of wax in the ear is a self-inflicted condition".

As it is privately published, it lacks, inevitably, minor editing refinements such as avoiding the need to search for Figures quoted in the text but placed in other sections by giving the page number on which it appears, or the desirability of using a well annotated line diagram beside a photograph or X-ray to make the point of the illustration clear to the non-specialist.

Despite these imperfections this is a very useful publication for all doctors involved with individuals who wish to deviate from atmospheric pressures — and a useful refresher for the others.

D. E. Mackay

JOURNAL REVIEW

Title: **JOURNAL OF SPORTS SCIENCES. Vol. 1 No. 1 1983**
Editor: Thomas Reilly
Publishers: E. & F. N. Spon, London, on behalf of the Society of Sports Sciences. 3 times a year
 Price: UK £35, overseas £45. 92 pages.

This new journal, published on behalf of the Society of Sports Sciences, a relatively recent British society founded in 1977 is produced in the UK, but obviously has the American market much in mind. There are no advertisements in this first issue, though a UK agency has been appointed for the receipt of advertisements. The journal is very well produced, set in letterpress on a good quality paper. Each of the four main articles start on new pages, there are five pages of book reviews, and thirteen pages of abstracts forming the Proceedings of the April 1983 Conference on the Endurance Athlete held in Birmingham. Five pages are devoted to details of forthcoming events.

The four main articles reflect our own difficulty in getting good quality papers from the UK. H. Hatze (Vienna) describes his computerised analysis of several sports, and what is of great interest is his account of the analysis revealing limited hip extension in a long jumper, which, when corrected increased his maximum performance from 6.96 m to 7.12 m, an improvement of some 6½ inches. Two articles are from the USA, Carl Foster of the Mount Sinai Medical Centre confirms that maximum oxygen uptake is a good indicator of future running potential, that the quality of training is more important than the quantity, and that more accurate methods of evaluating training are needed. D. Patricia Gray and Edwin Dale (Obstetrics and Gynaecology Dept., Atlanta) discuss the role of stress and hormonal factors upon the menstrual disturbances in athletes, and there is a thirty page article by Niels Secher, of the August Krogh Institute, Copenhagen, on the physiology of rowing, based upon oxygen uptake, heart rate and muscular strength. Their 106 references alone make the article of value, as most of the major articles on exercise physiology are included.

I would regard this journal as an essential inclusion in any laboratory involved in exercise physiology. It is not designed as a rival to any existing publication, its Editorial Board includes Clyde Williams, recently appointed Associate Editor to the British Journal of Sports Medicine, eight members of its Advisory Board are members of BASM, two of whom, David Brodie and Frank Sanderson, are newly appointed to our Executive Committee, so there should be helpful liaison between our publications.

H. E. Robson