

Egyptian children. Furthermore, schistosomiasis is still a serious problem among Egyptians (Lehman et al, 1973). The extent of the interaction of this parasitic infection and the nutritional status of these growing children is undocumented.

Perhaps the lower fitness scores for the girls above the age of 12 in this study may be attributed to the custom in many Islamic societies of withdrawing young women into domestic surroundings and away from vigorous participation in sports activities.

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BOOK REVIEW

Title: AN INTRODUCTION TO MECHANICS OF HUMAN MOVEMENT
Author: J. Watkins
Publisher: MTP Press, Lancaster, 1983
Price: £9.95 146 pages

This is a neat little book of some 146 pages almost equally divided, following a three page introduction, into two sections dealing with linear and angular motion respectively. The Index is tiny, i.e. only about five or six entries per alphabetical step, and the only Appendix is not very informative. The illustrations are black and white line diagrams. The general lay-out has much in common with any elementary text in physics, as a glance at the list of contents will confirm, but this should not be allowed to deter the reader for a range of applications to sporting activity illustrating the principles presented. The style throughout is efficient and readable, the material presented is progressive and simple, and the pace of development slow enough to encourage the less numerate to persevere and achieve useful insights into the mechanical principles covered. First year physical education students without a strong science background will appreciate its publication.

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