

Movelat[®] Cream & Gel

MUCOPOLYSACCHARIDE POLYSULPHURIC ACID ESTER,
ADRENOCORTICAL EXTRACT & SALICYLIC ACID

Tubes of 50g

*for immediate treatment
and massage of soft tissue
injuries, sprains and strains*

Further information from:
LUITPOLD-WERK (MUNICH),
Medical & Scientific Office in U.K.,
Hayes Gate House,
27 Uxbridge Road,
Hayes, Middlesex, UB4 0JD.
Tel: 01-561 8774



Product licence held by
Farillon Limited
Bryant Avenue
Romford
Essex, RM3 0PJ

Nomeq announce CYBEX II Isokinetic Exercise Equipment



- Objective and quantified information on muscle strengths and range of movement, for all major body joints. (Ankle, knee, hip, shoulder, elbow, wrist).
- Fixed speeds of movement from isometric to walking and running speeds for specificity of speed of exercise for every major body joint.
- Variable resistance which automatically accommodates to your patients capability in pain, fatigue and during biomechanical leverage changes.
- Over 300 unbiased publications world-wide support the values of CYBEX Isokinetic equipment in human performance research, physical rehabilitation, sports medicine and training.
- Isokinetic exercise is the safest and most efficient way to work a muscle to full capacity at every point in the range of movement.

NOMEQ

For further information or a demonstration of the CYBEX II in your department please contact: The Customer Service Department, 23/24 Thornhill Drive, North Moons Moat, Redditch, Worcs. B98 9ND. Telephone: 0527 63622. Telex: 334433. Other Isokinetic equipment also available from NOMEQ:—ORTHOTRON II (Rehabilitation Unit for shoulder, ankle, knee and hip exercise). ORTHOTRON KT1/KTII (dedicated knee testing units). FITRON (exercise cycle). UBE ERGOMETER (upper body ergometer).



The Helfet Knee Brace —a lightweight but effective support for the damaged knee

The Helfet Helicoid Knee Brace is the lightweight answer to supporting the damaged or unstable knee without hindering its natural action.

It offers a unique combination of freedom of movement while preventing aggravation of the injury giving the wearer the confidence to even participate fully in competitive sport.

By incorporating a novel system of joining the thigh and calf sections of the brace, the knee is allowed the full range of flexion and extension with sufficient play to permit 15 degrees of rotation. Thus the joint can follow its normal helical pattern of movement without fighting against the brace.

The Helfet Knee Brace is suitable as a convalescence aid after ligament injury, meniscectomy and internal derangements of the knee ensuring a safe rehabilitation and a fast return to peak performance.



OEC Orthopaedic Ltd

AN OEC COMPANY

134 Brompton Road,
London SW3 1JB.
Tel: (01) 584 6416

You sweat it out. We'll put it back.



During a normal training session your body can easily lose up to 3½ (yes, 3½) pints of fluid. And a 2% bodyweight loss through sweating can reduce performance capacity by up to 20%. In addition, you lose vital minerals and seriously deplete your energy reserves.

You need Mineral Plus 6.

Mineral Plus 6 is designed to deliver essential carbohydrates which readily convert to pure energy. And more, its formula gives you key mineral salts (potassium, sodium, magnesium, phosphate and chloride) which help prevent premature fatigue and eventual cramp in even the heaviest training session.

Mineral Plus 6 has a delicious, clean citrus flavour which really quenches thirst. So in one drink you get the replacement fluid, energy and minerals your body needs to maintain full

performance in training (or competition). No other drink can do all this, Mineral Plus 6 is unique.

Mineral Plus 6 from Sportive Perform. It's your high performance fuel and it's in all good sports shops, chemists and specialist cycle shops.

Sportive Perform also produces guides to show how correct nutrition means better performance. Information that can help you win. Write to Sportive Perform, Wander Limited, Station Road, King's Langley, Herts WD4 8LJ or Tel: (09277) 67310, indicating your main sport.



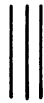
Official suppliers of Sport Nutrition to the British Olympic team.

WANDER

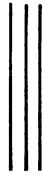
Sportive[®] PERFORM
HIGH PERFORMANCE FUEL

Barrow Reprographics

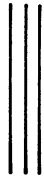
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