

CONTENTS

EDITORIAL		98
ORIGINAL ARTICLES		
Acute sports injuries requiring hospital care	J. SANDELIN	99
An holistic approach to recovery from an overuse injury in a game player	M. A. NIMMO, D. McLEAN, N. MUTRIE and S. McKENZIE	103
Mechanisms of injury — a pictorial record	J. A. FAIRCLOUGH, R. EVANS and G. A. FARQUHAR	107
The influence of caffeine ingestion on incremental treadmill running	L. McNAUGHTON	109
Smoking habits in professional football	D. R. HUTCHINSON, N. J. MOUNTAIN and G. R. McLATCHIE	113
Stress inoculation training to control anxiety in sport: two case studies in squash	R. MACE and D. CARROLL	115
Spinal loading during circuit weight-training and running	P. LEATT, T. REILLY and J. G. D. TROUP	119
Injuries in orienteering	F. LINDE	125
Do wet suits affect swimming speed?	L. PARSONS and S. J. DAY	129
Velocity characteristics of an hydraulic weight training system	J. BURNIE and D. A. BRODIE	132
Caffeine ingestion and isokinetic strength	V. BOND, K. GRESHAM, J. McRAE and R. J. TEARNEY	135
Stress inoculation training: a case study in gymnastics	R. MACE, C. EASTMAN and D. CARROLL	139
BOOK REVIEWS		
R. C. Schneider, J. C. Kennedy and M. L. Plant "Sports injuries, mechanisms, prevention and treatment"	M. J. ALLEN	124
A. Jacobson and P. W. Caufield "Introduction to radiographic cephalometry"	T. G. LEGGATT	124
R. J. Shephard "Fitness and Health in Industry"	R. McL. ARCHIBALD	114
J. R. W. Ross and K. Marks "Bailliére's anatomy illustrated"	A. YOUNG	127
A. Benyon and K. Macey "How to run a marathon"	H. E. ROBSON	137
N. G. Kirby and S. J. Mather "Bailliére's handbook of first aid"	H. E. ROBSON	131
R. A. Day "How to write and publish a scientific paper"	C. WILLIAMS	141
R. Artal and R. A. Wiswel "Exercise in pregnancy"	J. A. JORDAN	108
L. Loellgen and H. Mellerowicz (Eds.) "Progress in ergometry, quality control and test criteria"	A. E. HARDMAN	137
P. F. Vinger and E. F. Hoerner "Sports injuries, the unthwarted epidemic"	J. C. LOWRY	138
S. Oh "Prevention of head injuries in skiing"	P. A. P. MACKENZIE	98
D. D. Arnheim "Modern principles of athletic training"	H. K. A. LAKOMY	138
J. M. Booher and G. A. Thibodeau "athletic Injury Assessment"	P. N. SPERRY	117
V. Wright (Ed.) "Measurement of Joint Movement in clinics in Rheumatic Diseases Series, Vol 8, No 3"	P. N. SPERRY	147
BULLETIN OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE		
Hon. Secretary's Report		143
Hon. Treasurer's Report		144
Items of Interest		98
Future Meetings of BASM and Other Organisations		146
Newly-Elected Members		147
Letter to the Editor <i>Collapse during basketball "Marathon"</i>		
N. Rafter and A. Rumley		148

CONTENTS

EDITORIAL

98

ORIGINAL ARTICLES

- Acute sports injuries requiring hospital care J. SANDELIN 99
- An holistic approach to recovery from an overuse injury in a game player M. A. NIMMO, D. McLEAN, N. MUTRIE and S. McKENZIE 103
- Mechanisms of injury — a pictorial record J. A. FAIRCLOUGH, R. EVANS and G. A. FARQUHAR 107
- The influence of caffeine ingestion on incremental treadmill running L. McNAUGHTON 109
- Smoking habits in professional football D. R. HUTCHINSON, N. J. MOUNTAIN and G. R. McLATCHIE 113
- Stress inoculation training to control anxiety in sport: two case studies in squash R. MACE and D. CARROLL 115
- Spinal loading during circuit weight-training and running P. LEATT, T. REILLY and J. G. D. TROUP 119
- Injuries in orienteering F. LINDE 125
- Do wet suits affect swimming speed? L. PARSONS and S. J. DAY 129
- Velocity characteristics of an hydraulic weight training system J. BURNIE and D. A. BRODIE 132
- Caffeine ingestion and isokinetic strength V. BOND, K. GRESHAM, J. McRAE and R. J. TEARNEY 135
- Stress inoculation training: a case study in gymnastics R. MACE, C. EASTMAN and D. CARROLL 139

BOOK REVIEWS

- R. C. Schneider, J. C. Kennedy and M. L. Plant "Sports injuries, mechanisms, prevention and treatment" M. J. ALLEN 124
- A. Jacobson and P. W. Caufield "Introduction to radiographic cephalometry" T. G. LEGGATT 124
- R. J. Shephard "Fitness and Health in Industry" R. McL. ARCHIBALD 114
- J. R. W. Ross and K. Marks "Bailliére's anatomy illustrated" A. YOUNG 127
- A. Benyon and K. Macey "How to run a marathon" H. E. ROBSON 137
- N. G. Kirby and S. J. Mather "Bailliére's handbook of first aid" H. E. ROBSON 131
- R. A. Day "How to write and publish a scientific paper" C. WILLIAMS 141
- R. Artal and R. A. Wiswel "Exercise in pregnancy" J. A. JORDAN 108
- L. Loellgen and H. Mellerowicz (Eds.) "Progress in ergometry, quality control and test criteria" A. E. HARDMAN 137
- P. F. Vinger and E. F. Hoerner "Sports injuries, the unthwarted epidemic" J. C. LOWRY 138
- S. Oh "Prevention of head injuries in skiing" P. A. P. MACKENZIE 98
- D. D. Arnheim "Modern principles of athletic training" H. K. A. LAKOMY 138
- J. M. Booher and G. A. Thibodeau "athletic Injury Assessment" P. N. SPERRY 117
- V. Wright (Ed.) "Measurement of Joint Movement in clinics in Rheumatic Diseases Series, Vol 8, No 3" P. N. SPERRY 147

BULLETIN OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE

- Hon. Secretary's Report 143
- Hon. Treasurer's Report 144
- Items of Interest 98
- Future Meetings of BASM and Other Organisations 146
- Newly-Elected Members 147
- Letter to the Editor *Collapse during basketball "Marathon"* N. Rafter and A. Rumley 148