

ITEMS OF INTEREST

The Medical Information Service of the British Library compiles a database which provides inexpensive Current Awareness Topics Searches (CATS) in Alternative Medicine and Physiotherapy and Occupational Therapy. A fourth CATS is now available on Sports Medicine. The originators would welcome comments on the content and presentation of this document. Please contact David Roberts of the Medical Information Service at the British Library, Document Supply Centre, Boston Spa, Wetherby, West Yorks. LS23 7BQ. The second National Fitness Trade Show 'Bodytalk 87' is to be held at the National Exhibition Centre in Birmingham on 14-15 May, 1987. Further information can be obtained from the organiser, Paul Brandon, of Health and Technical Exhibitions Ltd., Paxton Business Centre, Portland Road, Hove BN 5SG. The French Society of Sports Medicine recently announced publication of their official journal "Science and Sports". Articles are in French, with an abstract in English. Details are available from the publisher, Elsevier, 91 rue de Rennes, 75006 Paris. The National Coaching Foundation have released two new videos,

intended for coaches and trainers at all levels of sport. These are entitled "The coach in action" and "Energy food for sport" and cost £15 and £25, respectively from the Foundation at 4 College Close, Beckett Park, Leeds LS6 3QH.

23rd WORLD CONGRESS, BRISBANE

20-28 September, 1986

There were some 874 participants at the Congress. The main programme, the theme of which was "Sport and Health for All" had up to five concurrent presentations, interspersed with plenary sessions. The supporting conferences, "Sports Coaching and the Promotion of Health", "Health and Fitness in the Community" and "Care of the Athlete: the Sports Trainer" were held before and after the main Congress, at the University of Queensland. Papers presented by Mr. John King, Mr. David Muckle and Dr. Peter Sperryn were all well received. The Secretary has a copy of Abstracts which have been published in book form.

David P. Chapman

BOOK REVIEW

Title: ORTHOPAEDIC AND SPORTS PHYSICAL THERAPY
Editors: James A. Gould III, MSPT and George J. Davies, Med PT, ATC
Publisher: Blackwell, Oxford. 1985
Price: £43.00 705 pages. Illustrated ISBN 0-801625130

This is the second in a series of three well presented books and deals with orthopaedic and sports injuries. The book is divided into five parts. The first part, The Musculoskeletal system, is further subdivided into three chapters;

- a) Mechanical properties of bone
- b) Afferent neuobiology of the joint
- c) Basic biomechanics in sports and orthopaedic therapy

These subsections deal with the subject matter in clear but fairly comprehensive detail.

Part 2, also subdivided into separate chapters, deals with Trauma. It covers the inflammatory response, fracture stabilisation and soft tissue injuries. It provides some useful time scales for those not involved in regular sports injury treatment.

Examination, rehabilitation and prevention are dealt with in Part 3. This section includes a brief overview of the therapists' skills and includes a section on the use of electro-therapy. Part 4, Regional Considerations specifically deals with each joint in turn and it is this section that will serve as a reference for those wishing to explore the 'examination of an athlete'.

The final section, titled Sports Physical Therapy, is subdivided into two sections, the first covers preseason evaluation and the second discusses the adolescent athlete. This is a short but nevertheless important final chapter summarising the problems unique to the immature body and includes several short case studies.

There are clear diagrams and photographs to supplement the text and some interesting assessment formats. Each section of the book has its own reference page at the end of the chapter which is easy to use. The book does not attempt to give ordered treatment regimes.

I feel that those therapists dealing with injured sportsmen and their rehabilitation on a regular basis will find this book interesting but lacking in depth due to the broad spectrum of topics covered. Those who require a comprehensive introduction into the field will find it most useful.

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