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**BOOK REVIEW**

**Title:** COMMON SPORTS INJURIES IN YOUNGSTERS

**Authors:** R. B. Birrer and D. B. Brecher

**Publishers:** Medical Economic Books, New Jersey

Price £24.20 + £1.50 p & p 144 pages incl. Index Figs. and Tables ISBN 0-87489-420-4

This paperback is written by Americans for Americans and as such appears comprehensive and useful for the intended readership.

It is a difficult book for a British reviewer to assess and its general application to those concerned with sports medicine in schoolchildren in this country seems limited. The text is liberally sprinkled with eponyms. A sentence on page 66 intrigued me:— “These include the drop-arm, apprehension, Yergason, Gilchrist, Ludington, Lippman, Booth and Marvel tests”. In over 34 years of close involvement with sports injuries to the adolescent I never heard of, let alone performed, any of these tests and I feel no guilt. My mind boggled over the precise meaning of “A poorly executed crossover step while cutting can sprain the lateral ligament of the planted leg” (page 112).

I recommend this book to North American readers mainly.

*John Sparks*