of the University of Stellenbosch for their esteemed co-operation. They also wish to express thanks to Miss R. van Wyk from the Institute of Biostatistics, M.R.C. for helping with the analysis and also Mmes. B. de Wet and M. Geyer for their excellent secretarial support.

References

BOOK REVIEW

Title: SPORT AND MEDICINE
Editors: J. MacGregor and J. A. Moncur
Price £25.00 hardback 298 pages ISBN 0-419-13950-8

This book is one of a series of collected papers presented at the 8th Commonwealth and International Conference on Sport, Physical Education, Dance, Recreation and Health held in Glasgow from July 18th-23rd, 1986, just before the Commonwealth Games. The organisers, editors and publishers are to be congratulated for the speed in which these proceedings were produced. There are seven sections in this book; environmental considerations, sports medicine in general, the veteran athlete, doping, the marathon, therapy and injury prevention. Most of the papers are from the UK, a large number from Scotland, but several are from the USA and others from New Zealand, Rome, Egypt, Sweden and the Irish Republic. The marathon section deals largely with experiences in various Glasgow marathons and useful information is given. Although many of the authors are well known to readers of this journal, there are many new ones and their contributions are most welcome.

The contents page, index, preface and introduction are set in type; all the individual papers have been reproduced from the authors’ original typescript and some are easier to read than others. This book is a valuable contribution to sports medicine, including research that is still in progress. It is good value for the library.

H. E. Robson