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**THE BRITISH ASSOCIATION OF SPORT AND MEDICINE**  
**A registered company limited by guarantee. Registration Number 1962979.**

**Sometimes two numbers may be issued in a combined publication**

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APPLICATIONS FOR MEMBERSHIP of the British Association of Sport and Medicine should be sent to the Hon. Treasurer.

## FUTURE MEETINGS OF BASM AND OTHER ORGANISATIONS

DATE	ORGANISATION	VENUE	APPLICATIONS TO:
<b>1987</b>			
2 October	One day Symposium "Nutrition in Sport", Departments of Anatomy and Physiology, Trinity College, Dublin	Trinity College, Dublin	Mr. Roddy Guiney, Secretary "Nutrition in Sport Symposium", 14 Leeson Park, Dublin 6
3 October	British Olympic Association Medical Seminar, 10.30 a.m. start. Water Sports Injuries, Resuscitation and Swimming Injuries	London Hospital, Whitechapel	British Olympic Association, 1 Wandsworth Lane, London SW18 1EH
6-10 October	20th Annual Meeting of the Canadian Association of Sport Sciences in Winter Sports	University of Calgary, Canada	Mrs. Barbara Lees, Conference Secretary, Faculty of Physical Education, The University of Calgary, Alberta, Canada T2N 14N
13-16 October	BASM Refresher Course	Lilleshall Hall National Sports Centre	Dr. Peter L. Thomas, The Health Centre, Loddon Hall Road, Twyford, Berks. RG10 9JA
15-17 October	US Olympic Committee: National Conference on Sport Psychology	Arlington, Virginia, USA	c/o Mary Margaret Newsom, USOC Department of Education Services, 1750 East Boulder Street, Colorado Springs, CO 80909-5760, USA
16-17 October	Sixth Congress of Sports Medicine of the A.Z. Sint-Jan Brugge	Brugge, Belgium	Secretariaat Sportgeneeskundige Dagen, Revalidatiecentrum, A.Z. Sing-Jan, Ruddershove 10, B-8000 Brugge
29 October- 1 November	National Scientific Conference of the Australian Sports Medicine Federation Theme: Controversial issues in Sports Medicine		A.S.M.F. (S.A. Branch Inc.) 70 South Terrace, Adelaide, South Australia 5000
29 October- 1 November	Controversial Issues in Sports Medicine	Adelaide, Australia	A.S.M.F. (S.A. Branch Inc.), 70 South Terrace, Adelaide, South Australia 5000
30-31 October	Women and Strength Sports: US Olympic Committee	Daytona Beach, Florida, USA	Mary Margaret Newsom, USOC Department of Education Services, 1750 East Boulder Street, Colorado Springs, CO 80909-5760, USA
6-8 November	2nd Annual Conference of Sports Psychologists of India. Abstracts by September	Patiala, India	Dr. D. N. Mathur, Dean of Faculty of Sports Sciences, Netaji Subhas National Institute of Sports, Patiala, India
16-19 November	Asian Conference on Sports Medicine	Calcutta, India	Dr. D. P. Tripathi, Chairman, or Dr. M. S. Gosh, Secretary Organising Committee, Railway Orthopedics Institute & Research Centre, Howrah 799909, India
21 November	British Olympic Association Medical Seminar "Weight Lifting and Power Sports"	London Hospital, Whitechapel	British Olympic Association, 1 Wandsworth Lane, London SW1 1EH
26-27 November	Sport, Leisure and Ergonomics Ergonomics Society with co-sponsorship of British Association of Sport Sciences Leisure Studies Association World Commission on Sports Biomechanics	Burton Manor College, Burton, Wirral, Cheshire	Dr. T. Reilly, Ergonomics Conference, Dept. of Sport & Recreation Studies, Liverpool Polytechnic, Byrom Street, Liverpool L3 3AF
2-5 December	1st International Congress of Sports Medicine in the South Pacific Abstracts by 15 October	Noumea, New Caledonia	"NOUMEA 87", IRMS de CHAMPAGNE ARDENNE, (Section Aube), 1 avenue des Lombards, 1000 TROYES, France
<b>1988</b>			
9-12 January	International Conference on Exercise, Fitness and Well-Being Abstracts by 31 October 1987	National Institute of Sports, Patiala, India	Dr. D. N. Mathur, Co-convenor, National Institute of Sports, Patiala, India — 147001

11-15 April	Ergonomics Society Annual Conference	University of Manchester Institute of Science and Technology	Dr. E. Megaw, Department of Engineering Production, University of Birmingham, Birmingham B15 2TT
29 May-3 June	International Conference on Exercise, Fitness and Health, Fitness Canada	Toronto, Canada	The International Conference on Exercise, Fitness and Health, c/o Ontario Fitness Office, 1220 Sheppard Avenue East, Toronto, Ontario, Canada M2K 2X1
1-5 August	International Ergonomics Association 10th Congress	Sydney, Australia	Secretariat IEA88, PO Box 380, Spit Junction, New South Wales, Australia 2088
22-23 September	The Biomechanics and Orthotic Management of the Foot — 2 Abstracts of papers by April 1988	University of Newcastle-upon-Tyne	Dr. D. J. Pratt, Orthotics and Disability Research Centre, Derbyshire Royal Infirmary, London Road, Derby DE1 2QY
<b>1990</b>			
27-31 May	FIMS 24th World Congress on Sports Medicine	Amsterdam, The Netherlands	Not known

### BOOK REVIEW

**Title:** ELECTRICAL STIMULATION & NEUROMUSCULAR DISORDERS  
**Editor:** W. A. Nix and G. Vrbova  
**Publishers:** Springer-Verlag, Berlin, Heidelberg, New York, Toronto 1986  
 Price: DM98      Hard cover      147 pages      56 figures      9 Tables      ISBN 3 540 16700 5

This beautifully produced book has a mere 147 pages including the index and boasts 56 figures and 9 tables. The editors, Nix and Vrbova, are eminent in the field of neuromuscular plasticity and have gathered a formidable list of contributors whose offerings serve to set out the scientific basis for the use of different forms of electrical stimulation in neuromuscular diseases. The book is divided into three parts:

- Part I — The effects of nerves on muscle
- Part II — Repair processes in the peripheral nervous system
- Part III — Muscle plasticity in disease

The first part will serve as a refresher for the physiology concerning the diversity of motor units and the influence of innervation on muscle properties. The second part deals with the role of chronic electrical stimulation in determining the contractile properties of muscles and pointing out beneficial effects, e.g. increased capillarisation, protein synthesis and the maintenance of various functional and phenotype-specific functions, without glossing over some of the difficulties in the use of chronic electrical stimulation as a therapeutic tool. The third part concerns the effects of stimulation on disease and will be familiar to those physiotherapists who know of other work in this field, e.g. Diane Farragher and Geoffrey Kidd at Liverpool concerning facial palsy.

I found it a very stimulating book which filled gaps in my knowledge by explaining simply some complex findings. The book has satisfied the authors' aim of showing that "bringing people together from different disciplines in science and medicine can initiate valuable discussion." Physiotherapists should be particularly pleased as there is a basis being provided for the treatments that they are giving. It is necessary now for them to be among the designers of new experiments for the development of better therapeutic techniques. A must for the Library but might be too pricey for individuals.

**J. A. Fowler**

### ITEMS OF INTEREST TO MEMBERS OF BASM

A note from the Secretary, David Chapman.

At the first AGM of the new incorporated Association, Mr. Basil Helal was returned unopposed as President and Dr. Dan Tunstall Pedoe was elected chairman for a further year. Dr. Peter Sperryn was elected as Vice-Chairman and Dr. Henry Robson and Mr. David Chapman were re-elected Treasurer and Secretary respectively.

Readers will be pleased to hear of the award of an OBE to Dr. Vernon Edwards, former doctor to the England World Cup Football squad and a member of BASM since 1979. Dr. Edwards retired two months ago but remains medical officer to Watford Football Club.

Physiotherapists may wish to look out for the recently-published "Massage for Therapists" by Margaret Hollis (Blackwell Scientific). Teachers and others interested in curriculum change should look out for number 31 of Exeter University's Perspectives series, entitled "Health and Fitness in the Curriculum". This is a collection of short papers by lecturers, teachers and clinicians. Details of courses and seminars in prosthetics and orthotics in 1987-88 may be obtained from the National Centre for Training and Education in Prosthetics and Orthotics, University of Strathclyde, Curran Building, 131 St. James' Road, Glasgow G4 0LS.

Please note that the Conference "Science in Winter Sports" due to be held this Autumn at the University of Calgary, Canada has been cancelled.

### REPORT FROM BASM SOUTH WEST

The first AGM, on 21st June, was combined with a comprehensive lecture programme held at the Post-Graduate Medical Centre in Plymouth. The day began with coffee and registration and was supported by 20 people, the majority physiotherapists. One member had flown from Jersey especially for the study day.

The first lecture was given by Mr. C. Hutton, Senior Rheumatologist in Bristol and Bath, who talked about "Effects of Exercise upon Cartilage". He spoke in some depth about the destruction of cartilage by exercise and also about how exercise can help regenerate damaged cartilage. "Women and Exercise" was the subject of the next speaker, Mr. K. Greene, Copnsultant Obstetrician and Gynaecologist from Plymouth. He gave a most interesting lecture on the hormonal changes brought about in women athletes and about amenorrhoea and its relation to osteoporosis.

After a cold buffet lunch, followed by fresh strawberries and cream, a short AGM was held. Dr. Malcolm Bottomley was re-elected as Chairperson for the coming year. The AGM was followed by another local speaker, Mr. L. Russell, Principal of the School of Chiropody in Plymouth, who talked about "Feet and Exercise". With the improved training and excellent facilities available to study and analyse foot biomechanics, it appears that physiotherapists, doctors and sports scientists should work more closely with chiropodists in the prevention and management of sports injuries related to gait. The last lecture was given by Mr. N. Armstrong, sports scientist at the University of Exeter. He gave a very detailed lecture about exercise tolerance levels in children and described fitness programmes for different types of exercise.

The meeting, which was sponsored by Thomas Morsan and Syntex, proved to be most interesting and informative and was enjoyed by everyone present.

Vicky Llewellyn

### VERY IMPORTANT NOTICE TO ALL MEMBERS PAYING THEIR SUBSCRIPTIONS BY BANKERS ORDER

New bankers order forms have been sent to all members in the UK but we understand that some people, instead of using the new forms, have merely instructed their own banks to increase payment on their old bankers order to the new rate of £35 (£20 for Students and Retired Members). With the winding up of the old Association the old bank accounts will be closed. Any direct payments destined for the account number 60183652 would therefore be returned to the members bank without credit to us thereby rendering the subscription unpaid.

IT WOULD THEREFORE BE APPRECIATED IF YOU WOULD ENSURE THAT YOUR BANK HAS BEEN INSTRUCTED TO PAY YOUR SUBSCRIPTION TO OUR NEW ACCOUNT NUMBER 31413600. Bankers orders are prepared well in advance of January 1st so immediate action would be advisable.

H. E. Robson  
Hon. Treasurer

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### STUDENT MEMBERSHIP

Miss Iona A. Smeaton, BSc, PGDipDiet, 38a Oakmead Road, Balham, LONDON SW12 9SL  
 (PhD Student, Guys Hospital)

I. Macdonald

## OBITUARY

### Surgeon Rear Admiral Stanley Miles, CB, MD, MSc, ChB, DTM&H, FRCP, FRCS, RN (Ret'd)

It is with great regret that I learned of the death of Stanley Miles in hospital after a long illness on July 9th. He qualified at the University of Sheffield in 1936, having obtained his MSc two years previously. Soon after qualifying he joined the Royal Navy, specialising in anaesthetics, but soon turned his interest in respiratory physiology towards underwater medicine. He also interested himself in environmental medicine in all its aspects and in occupational medicine, thence sports medicine. He became a member of the Royal College of Physicians in 1970 and a Fellow in 1971, at the same time being awarded Fellowship of the Royal College of Surgeons.

For many years Captain Miles as he then was, developed his work in underwater medicine at the Institute of Naval Medicine near Portsmouth. Upon promotion to Surgeon Rear Admiral he was posted to Plymouth in charge of the Royal Naval Hospital and Medical School. On retirement from the Navy he went to Manchester University as Dean of Post-Graduate Medical Studies and subsequently to Aberdeen to advise upon underwater medicine in connection with the oil industry in the North Sea. In 1979 he moved to Wiltshire where he continued his medical interests by acting as a locum in general practice before final retirement to the Bournemouth area, much deserved after a distinguished career ashore and afloat before, during and after the Second World War.

Stanley Miles joined the BASM in 1965 and during the 1970s served on the Executive Committee. He was elected to Vice-Presidency and in May this year to be an Honorary Life Member. He did valuable work for the Association by serving on the Editorial Board of which he later became Chairman giving the final refereeing to all the papers we published for many years. His wide experience of clinical medicine and physiology combined with meticulous attention to style and the accuracy of statistics enabled a marked improvement in the presentation of articles. I learnt a great deal from him and will miss a mentor of long standing.

Dr. Miles produced the standard work on underwater medicine in 1961. A second edition with Surgeon Captain D. E. Mackay was published in 1976. He edited the 1970 edition of Baillière's Handbook of First Aid, was for a time Editor of the Journal of Naval Medicine and he wrote many articles in other journals including the British Journal of Sports Medicine.

I last saw Stanley after the BASM Congress '86 in Southampton, calling on my way home. Although a very sick man, he was keenly interested in what had happened at the Congress and in the plans for the Association's future. His kindness, his experience and his sound commonsense will leave a gap in our Association. We extend our warmest sympathy to his widow, Mary, and to his family.

Henry E. Robson

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Journal of Sports Medicine and Physical Fitness (BASM members only) can be obtained for but British Journal of Sports Medicine is included in membership	£30 extra (subject to amendment when rates fixed by Italian publishers)
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*H. Evans Robson*

## BRITISH JOURNAL OF SPORTS MEDICINE

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1. ORIGINAL ARTICLES, reporting research, experimental work, innovations in therapeutic procedures, etc.
2. REVIEW ARTICLES on special topics which should include an adequate, but not exhaustive, bibliography.
3. ABSTRACTS of verbal communications given at scientific meetings.
4. ANNOTATIONS, case reports, preliminary reports of research, and of pilot studies, usually not exceeding 400 words.
5. CORRESPONDENCE, — 'letters to the Editor'.
6. CONFERENCE REPORTS from Area organisations of B.A.S.M., or of other meetings with direct relevance to the work and interests of B.A.S.M. members.
7. NOTICES of forthcoming events relevant to Sports Medicine.
8. OBITUARY NOTICES concerning B.A.S.M. members and others distinguished in Sports Medicine.

#### SUBMISSION OF MANUSCRIPTS

These should be sent to the Joint Editor, Dr. A. E. HARDMAN, Department of Physical Education and Sports Science, University of Technology, LOUGHBOROUGH, Leics. LE11 3TU.

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The title of the paper should be typed in capitals, with the name and principal qualifications of the author(s), e.g. "FRCS", "DipPE, PhD", "MSc(Psych)", "MB, BS, PhD" or "MCSP", then the appointment held, the department and the institution in which the work was carried out. If the author has moved since the work was performed, his present address should be added as a footnote.

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AN ABSTRACT not exceeding 150 words should follow the heading of a long paper. This should include the chief points made in the paper, and the main conclusions drawn or suggested. On the advice of the Editorial Board, a communication may be published in abstract only. Following the Abstract, some three to six KEY WORDS should be inserted to assist with indexing.

**NOMENCLATURE.** Drugs should be specified by their official name, followed by the trade name and manufacturer's name in brackets if well known and widely prescribed under its trade name. Doses should be in metric measurements. S.I. units should be used, except for measurements of blood pressure, which should be in mm. Hg. Conversions from one system of measurements to another should be rounded off, and unnecessary demical places should be avoided.

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