


Friedewald, W. T., 1975 "Estimation of the concentration of low density lipoprotein cholesterol in plasma without the use of the preparative centrifuge". Clinical Chemistry 14: 288-296.


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**BOOK REVIEW**

**Title:**

SPORES INJURIES AND THEIR MANAGEMENT

**Author:**

A. P. Millar 1987

**Publisher:**

Williams & Wilkins

**Price:** £19.50

**Number of pages:** 110 pages

**Number of drawings:** 49 drawings

**Index:**

**Soft cover ISBN:** 0 86433 028 6

Mr. Millar has written a short book (110 pages from preface to index inclusive) that reviews those sports injuries that have been seen at the Institute of Sports Medicine, Sydney, over the last twenty years. Apart from a couple of pages on heat injury (presumably reflecting the incidence of heat collapse in Australian fun runs) the text exclusively deals with soft tissue injuries. It is concise; within each topic a summary of history, diagnostic findings and principles of therapy are contained. No references are quoted. It is written specifically for the doctor of first contact and in this respect it succeeds handsomely — it is tempting, though fallacious, to write for too many groups simultaneously (athletes, coaches, trainers, physiotherapist, and medical practitioners).

Although budding sports injury specialists will require greater in-depth knowledge on a number of topics this soft-backed book provides enough information for the non-specialist to attempt an initial assessment of the sports injured and thereby to institute an appropriate management schedule.

Michael A. Hutson