This handbook is not for those who want an introduction to osteopathy or manipulative techniques. The practitioner who already has training in manipulation will find the photographs of the methods a useful guide to have to hand.

R. Hackney MB, Dip Sports Med

Physical Education and the Study of Sport

R. J. Davies, C. R. Bull, J. V. Roscoe and D. A. Roscoe

This team of four authors has written a concise and thorough book which seeks to expose the individual’s personal development as well as physical performance in physical education, an approach useful in better understanding and justifying the importance of physical education. The overall attempt has been to produce an interesting book which gives a varied perspective of the physical experience of human movement. Taking this into account, the book is divided into three sections: ‘the performer in action’, ‘the performer as a person’ and ‘the performer in society’.

Human Physiology (2nd English edn)

R. F. Schmidt and G. Thews (Eds)

If I had to recommend a single textbook of human physiology to students of medicine, physiology or sports science, or indeed to those who teach these students, this might well be the one. It has all of the advantages of a well established, multi-author text, with few of the disadvantages. Many multi-author books suffer from the disadvantage of an uneven coverage; often the editors have failed to impose discipline on their contributors. However, the days when an individual could set himself the task of writing a textbook of physiology have surely gone. Ernest Starling, Arthur Guyton, Hugh Davson and others who achieved this in the past had the advantages of a more leisurely age, to say nothing of a relatively small body of information to deal with. Most people would agree that it is now beyond the scope of any one individual to produce a comprehensive, up-to-date coverage of the whole field of human physiology.