

The National Sports Medicine Institute

1. BASM's contribution to its formation

Dr Peter N. Sperryn, Vice-Chairman, BASM

The Sports Council announced, in April 1990, that it had 'identified enhanced medical support services for both recreational and elite level performers and the development of specialist training opportunities for those working in the sports medicine field as a priority in its future work programmes'. Following a general meeting of interested parties that month, the Sports Council convened a National Working Party on the Future of Sports Medicine, selecting as members certain individuals, rather than formal representatives of any organizations. Members included the Chairman (Dr D.S. Tunstall Pedoe) and Vice-Chairman (Dr P.N. Sperryn) of BASM.

The Working Party's deliberations culminated in the Sports Council sponsored foundation of a National Sports Medicine Institute with a Board of Management containing nominated representatives of the Sports Council (3), including the NSMI Chairman Mr O.S. Wheatley, the British Olympic Association (3), BASM (3), some Royal Medical Colleges (3: Physicians, Surgeons and General Practice) and the Chartered Society of Physiotherapy (2).

There has been little public information available to date (spring 1992) and a press conference launching NSMI was postponed. In order to give BASM members at least some indication of events affecting them and the ideals, at least, lying behind the formation of an NSMI, we will start by publishing the working papers put forward by the BASM officers as a basis for an institute. These were preceded by detailed papers by the Chairman (regarding education and the roles of BASM, the London SMI, of which he is also Medical Director, and the Sports Council, which had funded BASM's Education Officer post) and by the Vice-Chairman on the rationale for merging BASM and the LSMI into an NSMI.

A National Sports Medicine Institute

(Discussion Paper, second draft © 1990, P.N. Sperryn)

The NSMI's agreed functions (defined by Sports Council's National Working Party) will initially be preoccupied with

- (i) Education
- (ii) Clinical services

Education

Education programmes to be further developed for:

- (i) medical audiences
- (ii) paramedical
- (iii) lay, including coaches

(the NSMI assuming responsibility with other parties)

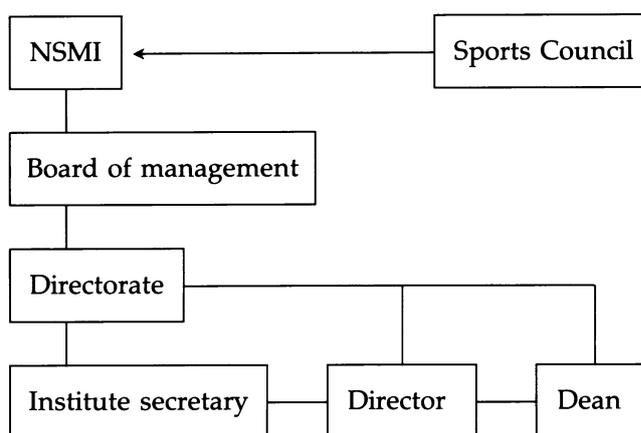
Regional services, coterminous with Sports Council regions.

Regional Tutors to be appointed (joint NSMI/BASM).

The initial priorities of an NSMI, defined by the Sports Council Development Director will be:

- (i) general SM education/awareness
- (ii) develop mass SM education
- (iii) accredit courses
- (iv) information centre
- (v) regional network

NSMI structure



NSMI possible Standing Committees

- (i) Education (chaired by the Dean)

To manage the NSMI educational programme

NSMI – BASM's contribution

(ii) Validation (or, subcommittee of Education?)

To scrutinize standards and grant appropriate status to educational programmes.

(iii) Accreditations

To manage a programme of sponsorships and accreditations in pursuit of NSMI's objectives (e.g. 'kite-marking') – effectively, to work with the PR and fundraisers to maximize the NSMI's image, presence, influence on standards (e.g. safe equipment etc.) and income.

(iv) Research

To promote appropriate research in two main areas:

- (i) to solve practical problems arising from, and in the furtherance of, NSMI's practices and policies;
- (ii) academic research in sports medicine.

(v) Financial

Given the Sports Council's target of early financial independence for the NSMI:

- (i) fund raising and PR; and
- (ii) formation of a trading company (as SC itself, NCF)

Aims of the NSMI – first year

Education

Basic courses (BASM): to increase throughput from 100+ to 200 places in 1 year.

Advanced Modules (BASM & LSMD): to increase throughput from 15+ to 100 places in 3 years.

Examinations: to encourage increase in Diplomates from 10+ to at least 250 annually in 3 years.

Paramedical courses: to promote the development of training capacity for the professions supplementary to medicine.

Lay education: to promote, with others, lay programmes in sports medicine.

Registers: to continue the present *BASM/BJSM Annual Clinic Register* and to develop grading systems of denotation; thence:

- (i) to develop a Register of Certified SM Diplomates and accredited practitioners in Sports Medicine;
- (ii) to assist governing bodies of sport in selection and training of attached practitioners to clubs and teams;
- (iii) to encourage selective discrimination, in public funding, in favour of certified practitioners.

Clinical services

1. To work with Sports Council, NHS agencies and others to promote development of Sports Medi-

cine Clinics; initial target, one major centre in each Region within 3 years;

2. to improve standards of practice in clinics;
3. to develop medical audit of sports medicine;
4. to promote appropriate research in two main areas:
 - (i) to solve practical problems arising from, and in the furtherance of, NSMI's practices and policies;
 - (ii) academic research in sports medicine.

Financial

(as above)

Job descriptions of NSMI medical officers

(Working Paper, PNS: 1.91i)

The Working Party has agreed the principle of appointing two part-time Medical Directors initially, to co-direct the NSMI under the Board of Management; with a supporting full-time Administrator for office management and accountancy functions.

The two Medical Directors will undertake the following functions outlined in the Working Party's various papers and discussions. They are appointed by, and answerable to, the Board of Management of the National Sports Medicine Institute.

Terms of service and remuneration will correspond to public service levels (not less than equivalent to NHS Consultant scales). Service Contracts should take note of medical career structure and movements: i.e. a minimum 5-year term of appointment.

Medical Director (Academic)

1. to Chair the Education Committee;
2. to be responsible for all Educational Services;
3. to represent the NSMI to the academic medical community;
4. to organize courses:
 - (i) basic
 - (ii) advanced
 - (iii) in-house programme at NSMI
 - (iv) other, with regions etc.

The Academic M.D. (subject to agreement between BASM and the Sports Council) will work with the assistance of, and direct, the person currently employed as Education Officer of BASM (whose post is to be reviewed at NSMI's foundation).

As co-director of the NSMI; to deputize for and share with the Medical Director (Clinical Services) such duties as are agreed

Medical Director (Clinical Services)

1. to promote the development of Sports Medicine and the NSMI at all levels, to the medical professions, sports governing bodies, the public (sports participants);
2. to promote, with appropriate professional help, Sports Medicine and the NSMI to the media;

- including responsibility for 'spokesman' function on professional matters;
3. to maintain close links between the NSMI and appropriate bodies, including:
 - (i) Sports Council and Governing Bodies of sport,
 - (ii) BASM, and its regional branches,
 - (iii) BOA, ACPSM, NCF, Medical Schools,
 - (iv) the Medical Profession and Universities in respect of promotion and arrangement of Sports Medical services,
 - (v) others as appropriate.
 4. to promote with appropriate professional help, Fund Raising;
 5. To promote and participate in the formation of such parallel trading or other companies as agreed by the Board of Management;
 6. To maintain, separately or jointly with others (e.g. BASM/BJSM), an active NSMI publication programme, e.g.:
 - (i) promotional literature,
 - (ii) educational literature, including audiovisual material,
 - (iii) position stands and information,
 - (iv) registers and listings of services.
 7. To maintain, separately and jointly, overseas sports medicine activities and contacts.
 8. Administrative duties, including, e.g.: servicing Standing Committees;
 9. General management functions as agreed;
 10. As co-director of the NSMI, to deputize for and share with the Medical Director (Clinical Services) such duties as are agreed.

News

Chair of Sports Science

We are delighted to announce the appointment, from September 1992, of Dr Craig Sharp to the Chair of Sports Science at the University of Limerick, Eire.