

MEDICINE & SCIENCE IN SPORTS & EXERCISE



Official Journal of the
American College of Sports Medicine
Editor: **Peter B. Brown, PhD,**
Texas College of Osteopathic Medicine

With this leading multidisciplinary journal, readers get a vital exchange of information from basic and applied science, medicine, education, and allied health fields. In its original research articles *Medicine & Science in Sports & Exercise* reports on new educational developments as well as sound physical fitness practices and the treatment of sports injuries.

The journal helps readers enhance their basic understanding about the role of physical activity in human health and function.

Facts and Features:

- ✓ Original peer-reviewed articles
- ✓ Relevant discussions following each article to provide an understanding of how a particular study contributes to other research topics
- ✓ Advances in methodology
- ✓ Viewpoints of leading scientists and physicians

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CURRENT TRENDS IN SPORTS MEDICINE

INCLUDING MEDICAL EXHIBITION
PGEA APPROVED 6 HOURS

GP Forum presents
Current Trends in Sports Medicine
Wednesday 6 March 1996

Institute of Education, University of LONDON

Programme Organiser: Rose Macdonald, Director, Sports Injury Centre, Crystal Palace National Sports Centre

Chairman: Dr Malcolm Reid, Medical Officer to Commonwealth & Olympic Games, Ex-Olympic Athlete, Examiner for Diploma in Sports Medicine

- 9.00am **Introduction:** Rose Macdonald, BA MCSP MCPA SRP
- 9.15am **"Marathon Medicine"** Dr Dan Tunstall Pedoe, Consultant Cardiologist, St Bartholomews Hospital, London Medical Director of the London Marathon
- 10.15am **"The Risk of Over-Use Injuries in Elite Young Players/Competitors"** Mr Alan Hodson, Head of Education for the Football Association, Lilleshall National Sports Centre
- 11.15am Coffee/Exhibition
- 12.00 noon **"Sports Nutrition"** Karen Reid, Sports Dietician ("To maximise performance and minimise harm"), Advisor to BOA, Tutor BDA & SNF
- 1.00pm Lunch/Exhibition
- 2.20pm **"Dopes in Sport (An Update of Global Drug Testing)"** Dr Michael Turner, Chief Medical Advisor to LTA, Jockey Club & British Ski Federation. Former Director of Medical Services BOA
- 3.20pm **"Risks and Benefits of Injections in Athletes"** Dr David Perry, MB FRCP, Consultant Rheumatologist Royal London Hospital, Crystal Palace National Sports Centre
- 4.20pm Tea/Exhibition
- 4.50pm **"Assessment of the Elite Athlete"** Professor Bruce Davies, Glamorgan University, Director, BOMC
- 5.50pm Close
- Registration Fee £45.00**

GP Forum

ABC OF SPORTS MEDICINE

Edited by G McLatchie, M Harries,
J King and C Williams



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Topics Covered include: physiotherapy for sports injuries; drug misuses; sport for people with a disability; infections; the acutely injured joint; osteoporosis and exercise

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INDICATIONS

- Osgood-Schlatter (Adolescent Knee)
- Chondromalacia of the patella
- Patella Tendinitis (Jumper's Knee)
- Patella-femoral pain syndrome

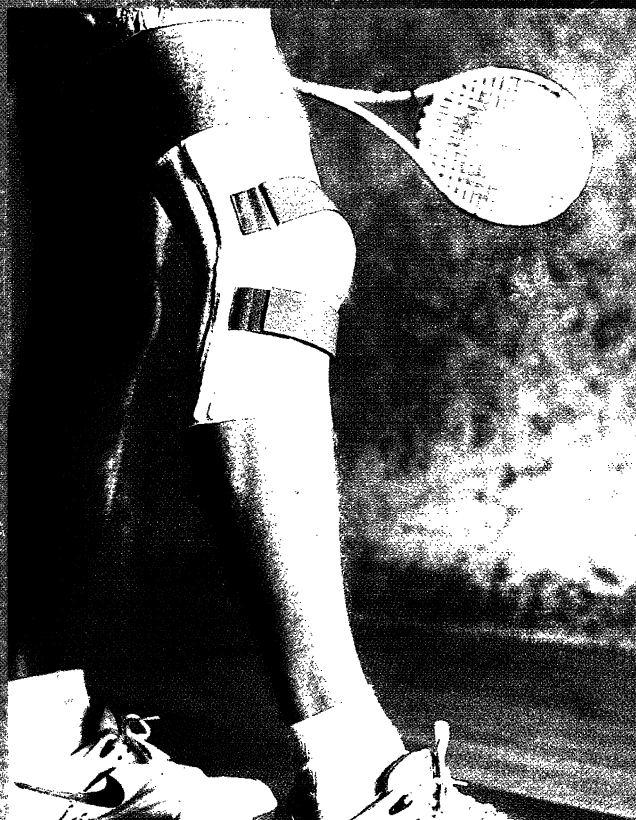
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INDICATIONS

- Patellofemoral pain syndrome
- Patella Tendinitis (Jumper's Knee)
- Patella-femoral pain syndrome
- Symptomatic arthralgia
- Arthralgia associated with trauma
- Arthralgia associated with overuse
- Arthralgia associated with degenerative changes
- Arthralgia associated with inflammatory changes
- Arthralgia associated with systemic disease
- Arthralgia associated with local disease
- Arthralgia associated with unknown cause



medi UK Ltd.

Fields Yard, Plough Lane
Hereford HR4 0EL
Phone: (01432) 351682
Fax: (01432) 342383

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, 95448 Bayreuth, Germany.