The session now concluded is difficult to sum up, since in retrospect all that is apparent is a series of highly encouraging incidents and activities interspersed with periods of deep gloom, and no particular theme or thread can be discerned. Indeed the tapestry of the year's activities is woven of many strands, some bright and cheerful, but too many dark and depressing.

The session opened with a new Honorary Secretary. His predecessor, Dr. Dennis Cussen, handed on the baton after a tremendous first leg. It is a pleasure to record that the Association expressed its gratitude to Dr. Cussen by acclaiming his election to be a Vice-President of the Association.

After the Annual General Meeting (which was held as in the previous year at the Royal Society of Medicine) the Guest Lecture was given by Mr. Norman Capener, Chairman of the Royal Commission on Accident Prevention, and his most interesting talk has already been published in the Bulletin. It was, however, somewhat disheartening to see so much smaller an audience in the meeting than had been present the year before. In fact this was to set a pattern for the year, and I shall be making some comments on this later in my report.

1966 was of course World Cup Year and your Committee decided that although a full scale international meeting was not a viable proposition there should be regional meetings in the areas where the preliminary rounds of the Cup were being played, together with a social gathering about the time of the semi-finals. The North-East regional meeting completely fulfilled the aims of this project, as did that arranged in London which was on a somewhat more modest scale in view of the evening reception which was also being held at the Royal Society of Medicine. Papers presented at these meetings have also been published in the Bulletin.

It must be reported alas that the meeting planned for the Birmingham area was a disastrous failure, while in the Liverpool area the proposed meeting did not even reach the planning stage.

As far as the southern half of the country was concerned there then followed a long period of stagnation, although this was to some extent unavoidable since due to no fault on this Association's part the proposed
joint meeting with the Fitness and Training section of the Ergonomics Research Society was postponed. As members will know this meeting took place earlier in 1967, and it is a matter to be regretted that your Conference Secretary could not find any member prepared or able to present a paper on the most important topic of "Exercise and Obesity".

Although properly the first activity of the new session, your Secretary hopes that the symposium arranged to follow this meeting together with the number of members expected to be present will set the trend for this new year while yet rounding off the old on a high note.

Members will have noted that the by now almost annual meeting at Loughborough did not take place during the last session. This of course was due to the World Cup meetings and also to the Summer School Course organised by the Institute of Sports Medicine. Members will be glad to hear that this year there is to be another Summer School and also a B.A.S.M. meeting at Loughborough. This latter is to be held in conjunction with the annual meeting of the Society of Remedial Gymnasts and Sports Therapists. Other meetings planned include a "free for all" in the autumn at which members will be invited to present papers on any subject of their own choosing from the field of Sports Medicine. We are also investigating the possibility of a party visit to a meeting of one of the European Sports Medicine Societies.

This brings me to report on our activities internationally, and here it is a pleasure to report real progress. The Association was represented at the F.I.M.S. Congress in Hannover by a delegation of five members, and as members will already be aware the honour of staging the 1970 Congress was secured for Britain. The Association has been particularly honoured by the gracious consent of His Royal Highness the Duke of Edinburgh to be patron of the 1970 Congress.

In addition to the F.I.M.S. meeting the Association was also represented in Prague where papers were presented by two of its members, and at a meeting of the French Society of Sports Medicine in Paris.

In the matter of publications this has not been a good year. It proved impossible to continue our co-operation with the Physical Education Association in the production of a Sports Medicine issue of that Association's journal due to lack of support. As far as our own Bulletin was concerned your Editorial Secretary was blighted by the non cooperation of our old publishers, and members will have noted that recent circulars have been printed by another firm. The proceedings of the Boxing Conference are still selling slowly, and every one now sold represents a straight profit to the Association.
During the past session your Officers have from time to time received complaints from members that not enough is being done by the Association. With this the officers heartily concur, while respectfully pointing out that the Association is its members. I have already referred to the poor attendance at many meetings, the failure of two of the four proposed World Cup meetings and the lack of material presented for publication. There has in the past year been a depressing apathy about the Association which is difficult to understand. If our Scottish members can manage to hold a series of stimulating and well attended meetings why cannot we do the same south of the border? Your Officers are only too willing to promote meetings, symposia, publications and other activities but not unnaturally are anxious that their efforts will be crowned with at least a modicum of support and interest. Once again we exhort our members particularly those whose absence from and non-participation in the Association's activities have become habitual, to indicate to your officers where their own special interests lie, so that we, in turn, can arrange activities likely to be well supported.

The Association is fortunate in being served by such as Dr. Sperryn and Dr. Hamley, Mr. James and Mr. Thomason to whom your Secretary is glad to acknowledge his gratitude for all their hard work and support. And as always it is a particular duty and pleasure to express the gratitude not merely of myself but indeed of the whole Association to our peerless Treasurer Dr. Henry Robson whose legion services to the Association are impossible fully to evaluate.

Lastly, it would be impossible to conclude without some reference to the pleasure tinged with real regret that all must have felt at hearing that we are shortly to lose our Chairman. Sir Arthur Porritt was of course one of the original progenitors of the Association and I will wager that at its foundation he never dreamt of the circumstances under which he would come to yield up its chair. From its very inception Sir Arthur has lavished his interest and guidance upon this Association, and we who have been perhaps particularly concerned with its recent development have been ever aware of his firm and steadying influence. We wish God-speed to our departing Chairman realising as we do that our loss is New Zealand's gain.
The year of January 1st 1966 to December 31st 1966 has been one of financial consolidation, from the Treasurer's point of view. It is also the first year in which the increased subscription rate has made an appreciable difference to your Association's funds. Until this year, we have been incurring debts during the course of the year, then paying them off when the subscriptions come in for the next year. During 1966 we were able to collect the subscriptions first, then pay our debts as they were incurred, with money already held in the Bank. With the present national financial situation, this has been necessary, and we have not had to embarrass our Bank Manager by requesting overdrafts he is strongly discouraged from granting, or of having to make our creditors wait a long time for payment. This may not sound an exciting financial undertaking, but it has given us economic stability, which is worth a great deal.

Although the majority of members now pay their subscriptions by banker's order, we still have a great deal of difficulty in securing the subscriptions of many of our members. It is easy for a busy doctor to overlook a subscription reminder amongst the avalanche of mail he receives daily. It is difficult to keep up with the movements of young doctors and teachers, who change jobs frequently and have a habit of disappearing to the U.S.A. for months or years without warning, but our membership is still around 500, including 35 affiliated Governing Bodies or other Institutions.

A copy of the balance sheet is available. From it, our assets of £100 represent a large stock of unsold copies of "Medical Aspects of Boxing", which our auditors have revalued, recommending us to regard the stocks as virtually irrecoverable, save for this nominal value. Any further sales of the book will therefore show as a profit, if over 5/- a copy be obtained. It is disappointing to have to "write off" the Association's first venture into publishing in this fashion, but at last the financial burden of the Boxing Conference and its Proceedings is a thing of the past.

The Income and Expenditure Account shows an income from subscriptions that approaches £900, plus another £35 odd for members ordering the Journal of Sports Medicine and Physical Fitness at the privilege rate. We received a grant from the Department of Education and Science to send a delegate to the F.I.M.S. conference of £25, our only grant so far from Treasury sources.
Administrative charges and printing are the chief expenditure, but are not really high for a membership of 500. Conferences have generally been self-supporting, and even our Reception for the Medical Officers and other official guests in association with the World Cup have only cost B.A.S.M. under £10, and have brought us a great deal of goodwill, at home and abroad. The Association's money was NOT spent on entertaining the B.A.S.M. Executive Committee!

Now that we are in a safer financial position, we hope to extend the Association's activities, including its publications, and international meetings, with a sound financial backing.

Finally, a word of appreciation must be given to Mr.K.Nicholls and the Staff of the Midland Bank, Loughborough, for their unfailing help in sorting out the complications of our subscriptions and international transactions, which are still complicated though only for small amounts. We are also grateful to Messrs. Herbert Godkin & Co. your Auditors, who do such a good job in protecting the interests of the members of B.A.S.M.
THE BRITISH ASSOCIATION OF SPORT AND MEDICINE

BALANCE SHEET AS AT 31ST DECEMBER 1966

CURRENT ASSETS:

| Stock of Literary Publications | 100 0 0 |
| Balance at Bank                | 139 11 6 |
| Cash in Hand                   | 23 1 6   |
|                                | 262 13 0 |

Less: CURRENT LIABILITIES:

| Sundry Creditors | 44 1 6 |
| Amount due to Treasurer | 6 8 44 8 2 |

NET ASSETS

| 218 4 10 |

REPRESENTED BY:-

Accumulated Funds:

General Fund:

| Income and Expenditure Account | 489 1 5 |
| Less: Accumulated Losses brought forward | 43 2 8 |
|                                   | 445 18 9 |

Less: Conference Fund:

| Accumulated Losses brought forward | 227 13 11 |
|                                   | 218 4 10 |

Notes: (1) The Debtors in respect of Subscription Arrears have not been included in the above Accounts because their realisable value cannot be ascertained.

(2) The activities of the Scottish Area are not reflected in the above Accounts.

(3) The Stock of unsold Literary Publications has been reduced by £226 - 19 - 0d as a provision against anticipated losses arising thereon.

AUDITORS REPORT TO THE MEMBERS OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE

We have examined the books of the British Association of Sport and Medicine, with the exception of those covering the Scottish Area, covering the transactions of the year ended 31st December 1966, and certify that the above Balance Sheet and Income Expenditure Account are in accordance therewith.

Loughborough.

HERBERT GODKIN AND COMPANY

Chartered Accountants

9th January, 1967.
THE BRITISH ASSOCIATION OF SPORT AND MEDICINE

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 1966

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Members Subscriptions</td>
<td>902 17 6</td>
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<tr>
<td>Sale of Association Bulletin to Non-Member</td>
<td>2 0 0</td>
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<tr>
<td>Grant Received: Department of Education and Science</td>
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<tr>
<td><strong>INCOME FOR THE YEAR</strong></td>
<td>929 17 6</td>
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<tr>
<td>Less: Journal of Sports Medicine</td>
<td>33 18 2</td>
</tr>
<tr>
<td>Less: Sales</td>
<td>25 5 0</td>
</tr>
<tr>
<td>Stationery, Stamps and Telephone</td>
<td>64 14 7</td>
</tr>
<tr>
<td>Subscriptions:</td>
<td></td>
</tr>
<tr>
<td>British Sports Association for the disabled</td>
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</tr>
<tr>
<td>F.I.M.S.</td>
<td>18 3 8</td>
</tr>
<tr>
<td>Grant to Conference Delegate</td>
<td>25 0 0</td>
</tr>
<tr>
<td>Hire of Rooms for Meetings</td>
<td>18 18 0</td>
</tr>
<tr>
<td>Bank Charges</td>
<td>8 17 0</td>
</tr>
<tr>
<td>Accountancy Charges</td>
<td>10 10 0</td>
</tr>
<tr>
<td>Expenses of Annual General Meeting</td>
<td>40 15 10</td>
</tr>
<tr>
<td>Less: Receipts</td>
<td>10 5 0</td>
</tr>
<tr>
<td>Expenses of World Cup Reception</td>
<td>52 19 10</td>
</tr>
<tr>
<td>Less: Receipts</td>
<td>44 10 0</td>
</tr>
<tr>
<td><strong>EXPENDITURE FOR THE YEAR</strong></td>
<td>198 17 1</td>
</tr>
<tr>
<td>Grant to Scottish Area</td>
<td>15 0 0</td>
</tr>
<tr>
<td>Provision for anticipated Losses on Literary Publications</td>
<td>226 19 0</td>
</tr>
<tr>
<td><strong>EXCESS OF INCOME OVER EXPENDITURE FOR THE YEAR</strong></td>
<td>489 1 5</td>
</tr>
</tbody>
</table>
FUTURE PROGRAMME

There will be a meeting in London on Saturday November 25th next at St. Mary's Hospital Medical School, London W.2. when the theme for the Symposium will be "Acclimatisation". The subjects for discussion will be "Heat", "Cold" and "Altitude" and the speakers invited include Surgeon Rear-Admiral Miles, Dr. Paul Massey and Dr. L.G.C. Pugh.

This meeting is scheduled to start at 10.00 a.m. and applications to attend and requests for lunch should be addressed to the Conference Secretary without delay at the address below:-

Dr. Peter Sperryn,
Redhill General Hospital,
Redhill, Surrey.
Tel: Redhill 5030.

Closing date for application for lunch will be 23rd November.

PROGRAMME

Date: Saturday, 25th November.

Place: Wright-Fleming Institute Lecture Theatre,
St. Mary's Hospital Medical School, London, W.2.

Subject: Acclimatisation and Athletic Performance.

Speakers: 10.30 a.m. Surgeon Rear Admiral Stanley Miles, R.N.
"Adaptation of Man to Hot Climates".

11.30 a.m. Dr. P.M.O. Massey.
"Cold Adaptation".

2 p.m. Dr. L.G.C. Pugh
"Adaptation of Athletes to Altitude".

Coffee will be available in the Medical School restaurant from 10 a.m. and similarly lunch on the usual cafeteria basis. We would be grateful if anybody wanting lunch would let Dr. Sperryn know 48 hours beforehand.

The Spring Meeting in London is now in the active planning stage and it is hoped that the subject will be "Problems of Travel". Among topics to be discussed will be "Time change", "Travel fatigue", "Dietary change" and "Hygiene". Members who would be interested in presenting material or who would like to suggest speakers are asked to notify the Conference Secretary as soon as possible.
Due to lack of support the "Free for all" meeting proposed for the autumn has been cancelled. The Committee would like to express its regrets to the two members who showed interest in the proposal.

With some trepidation we put forward the proposal to arrange a joint meeting with the Dutch Society of Sports Medicine. It is suggested that a weekend in Amsterdam in the spring when the bulb fields are at their best would be attractive for members and their families and would allow one day for the meeting and one for sight-seeing together with opportunities for appropriate social activity. The inclusive cost will be about £15 and involves air travel with probable collection in our own 'plane from two "pick up points" in this country. Before making definite arrangements and reserving the aircraft etc. we must have sufficient advance bookings. Those interested are therefore requested to notify the Honorary Secretary as soon as possible and at any rate not later than December 15th indicating number of places required and dates in April in order of preference. If there is sufficient interest a definite programme will then be prepared and first option will be given to original applicants. Any places subsequently available will be offered to the members at large on a "first come, first served" basis. At this time definite bookings will then be required which will involve a deposit of £3 per person.

Will all who are interested therefore please write as soon as possible to:-

Dr. John Williams,
Farnham Park Rehabilitation Centre,
Farnham Royal, SLOUGH,
Bucks.
Tel: Farnham Common 2271.

Suggestions as to topics for discussion with the Dutch, places to visit etc. etc. will be gratefully received.
ANNUAL GENERAL MEETING

Members are reminded that the three-yearly election of Officers and Committee takes place at the next Annual General Meeting.

According to the Constitution of the Association the present Committee resigns en bloc, and only the Honorary Officers are eligible for re-election in their present capacities.

The elected members of the Committee are not eligible for re-election but may be co-opted at its discretion by the new Committee.

The co-opted members of the present Committee are eligible for election but may not be co-opted by the new Committee.

The appointed members are eligible for re-appointment by their respective organisations at the invitation of the new Committee. The new Committee will have the option to appoint special Officers, e.g. Conference, Membership and Editorial Secretaries who may or may not be full members of the Executive Committee (i.e. Elected, Appointed or Co-opted members). If they are not full members they attend the meetings of the Executive Committee to speak to matters in their own jurisdiction but do not have a vote.

The present Executive Committee is as follows:–

President: Sir Adolphe Abrahams *
Chairman: vacant
Vice President: Dr. D.J.Cussen *
Honorary Treasurer: Dr. H. Evans Robson *
Honorary Secretary: Dr. John Williams *
Elected Members: Dr. J. L. Blonstein
Mr. Roy D. James.
Surgeon Rear-Admiral Miles *
Dr. Raymond Owen
Co-opted members: Dr. Peter Sperryn
Mr. Harry Thomason
vacancy
vacancy
Appointed Members: Mr. K. S. Duncan (British Olympic Association)
Mr. Peter Sebastian (Physical Education Assn.)
vacancy
vacancy
In addition the Executive Committee includes Area Representatives, Dr. Browning (Scotland) Dr. Travers (S.W.) and Dr. Keating (N.E.).

Those members marked* are eligible for re-election - Admiral Miles was coopted to fill a vacancy among the elected members, and is therefore eligible for re-election in his own right.

Members are asked during the following months to forward nominations for the election for Honorary Officers and Elected Members to the Honorary Secretary. Such nominations must include the names of proposer and seconder and written permission from the candidate for his name to go forward.

According to custom the Committee will also make certain nominations where such nominations have already been made by individual members, the members concerned will be regarded as joint proposers and the Committee will act as seconder.

Where only one nomination is received for a vacancy no election will take place.

Nominations will close on 15th FEBRUARY 1968 to allow the ballot papers to be prepared and circulated before the start of the statutory period of notice of the A.G.M. The A.G.M. itself will take place in the latter part of March or early April 1968.

The Honorary Secretary will also be pleased to receive any offers from members willing to be considered for the positions of "Special Officers" in the event of there being any changes in the present appointments.
OTHER MEETINGS

From time to time the Honorary Secretary receives information about meetings both in this country and abroad which might be of interest to members. If any member is interested in any particular field and would care to notify the Hon. Sec. of his interest details of meetings in that field will be forwarded as and when they come to hand.

Negotiations have been started with the Sections of Orthopaedics and of Physical Medicine of the Royal Society of Medicine on the subject of possible joint meetings. The Hon. Sec. would be pleased to receive suggestions of other organisations which might welcome joint meetings.

F.I.M.S. 1970

Members will be delighted to hear that His Royal Highness the Prince Philip, Duke of Edinburgh has graciously consented to bestow his Patronage upon the 1970 World Congress of Sports Medicine which the Association is organising in Oxford.

We publish below a circular from F.I.M.S. which we feel should be brought to the attention of members. The Honorary Treasurer handles subscriptions to this Journal. The special privilege rate for B.A.S.M. members is £1.15. 0. a year at present, that is for 1967, but devaluation of the pound will raise this to £2. 2. 0. that is, 5 U.S.A. dollars, from January 1st, 1968.
Re: Journal of Sports Medicine.

The Journal of Sports Medicine, the official organ of the International Federation of Sports Medicine, was founded with the aim of facilitating cultural and research exchanges on the subject of Sports Medicine between the National Associations who are members of the F.I.M.S.

The publication of original articles in the Journal makes known the results of research and clinical experiments even in countries very distant from each other, as the periodical is diffused in as many as forty countries. It has however been noted that investigators in many member countries of the F.I.M.S. have to date not contributed to that sphere of internationality which undoubtedly is the journal's feature. This is no doubt due to the fact that there are national periodicals in many countries, which receive the greater part of the material produced in the respective countries, a material about which our Journal can only publish information in the editor's column. This should however not exclude the possibility that papers of some importance, the knowledge of which would no doubt be of great interest to colleagues from other countries, might be sent for publication to the official Journal of F.I.M.S.

We place great trust in the initiative of the National Associations of Sports Medicine to support this invitation, which will certainly be advantageous for the diffusion of the idea of sports medicine all over the world.

The Editors of the "Journal" are at the disposal of fellows of F.I.M.S. for every aid and explanation to authors who might wish to publish papers.

Yours sincerely,

Prof. Giuseppe La Cava
General Secretary of F.I.M.S.

Sécrétariat Général:
Roma - Via Flaminia Nuova 270.