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COMMENTARY

This paper provides relevant data on furthering our understanding of cardiovascular dynamics during exercise, which may well impact on sporting performance and have clinical significance.

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Professor Mark Batt, BSc MB BChir MRCGP DM FFSEM FACS, is a consultant in sport and exercise medicine at The Centre for Sports Medicine, University Hospitals NHS Trust, Nottingham. He has a busy NHS practice and is physician for The English Institute of Sport.

He graduated from Cambridge University Medical School in 1984 and trained in family medicine. He obtained a diploma in sports medicine from the University of London in 1991 and completed a fellowship in sports medicine at the University of California, Davis (UCD) in 1993. The next two years were spent as a faculty member in Family Medicine at UCD and as a team physician at the University of California, Berkeley.

Since 1995, he has been in Nottingham as a consultant/senior lecturer in sport and exercise medicine at the Queens Medical Centre: appointed special professor in 2004. He is currently clinical director for trauma and orthopaedics. He acts as clinical advisor for the Nottingham MSc/diploma courses in sports medicine. He serves or served as a consultant for The England and Wales Cricket Board, The Rugby Football League, British Gymnastics, The English Institute of Sport and The Wimbledon Tennis Championships. He is vice-chairman of the Faculty of Sport and Exercise Medicine and chaired the work-group that produced the case for sport and exercise medicine as a specialty of medicine. He is chairman of the newly created Specialist Advisory Committee in Sport and Exercise Medicine.

His research interests include: overuse injuries, particularly groin, low back, lower leg pain (shin splints and stress fractures); tendon disease; and exercise in the workplace.

He is married with two children. He enjoys a variety of sports, outdoor pursuits and gardening, none of which he does tremendously well!



Figure 1 Mark Batt.

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