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PERCEIVED BEHAVIOURAL DETERMINANTS OF PARTICIPATION IN LEISURE ACTIVITIES OF JUNIOR AND SENIOR CIVIL SERVANTS OF SOKOTO STATE

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The success of any recreation programme organised either by private sector or by public sector depends largely on the acceptability, and affordability of the participants. It is therefore necessary to determine the needs and interest of the target population. This study was conducted to find out the reasons for participation in leisure activities with regards to values and ideas, which vary from person to person from community to community and from culture to culture. The purpose of this study was therefore, to investigate the behavioural determinants of participation in leisure activities of junior and senior civil servants of Sokoto State. The behavioural determinant of participation included reasons for participation, obstacles for participation, attitude towards participation, subjective norms for participation, perceived behavioural control for participation, role identification for participation, socialisation for participation, creative and artistic activities for participation, intellectual activities for participation and sports activities for participation. To achieve the purpose of this study a self-developed and standardised questionnaire was administered on 400 junior and senior civil servants of Sokoto State selected by using simple convenient sampling technique. The results of this study showed significant differences between junior and senior civil servants in their obstacles for participation, norms for participation and creative and artistic activities for participation.