

# Learning from cricket other great clinical stories

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Australian cricket has a long and glorious history in the sport, but on-field success is currently at an all-time low. Despite that current embarrassment, this *BJSM* member society, Sports Doctors Australia (SDrA), highlights four cricket papers. Injury surveillance is so important that on-field failure is overlooked for the greater good of clinical education!

If you are working with any team where injury surveillance may be useful, please read Dr John Orchard's editorial which details three key elements to take into account of injury surveillance *see page 605*. Also in this issue, former England cricket physiotherapist, Dr Craig Ranson, shares the first multicountry injury data from the ICC Cricket World Cup in 2011 *see page 637*. This paper gives a great review of the injury rate at elite-level cricket. The paper by Prof David Mann discusses the risk of eye injury to wicketkeepers *see page 607*. This thought-provoking article beckons the use of preventative eye wear. In a similar vein, Dr Craig Ranson uses video analysis to highlight that helmets do not prevent all head injuries *see page 644*; can changes in helmet design further reduce the risk of face and head injury? These last two articles illustrate injury surveillance moving logically into preventative change.

Many papers in this issue of *BJSM* add to our understanding and evidence base

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for clinical skills development. It is also of great importance to improve our understanding of the effects of exercise on the not-so-athletic people. It is with this aim that Kristian Thorborg shares the evolving knowledge base in hip and groin injury management *see page 602*. Sonia Branci, also from the Copenhagen group, reviews the radiological findings in athletic pubic symphysis and adductor-related groin pain *see page 611*. Alas, the subject of groin pain in athletes highlights an area where clinical expertise is recognised, but the evidence base seems small. The last in the 'clinical skills' part of this edition is a well-written and helpful article by Dr Angela Fearon *see page 649*. This article concerning the clinical evaluation of lateral hip pain is a great little 'pearl' for the primary care sports doctor. The systematic review by Amy D Sman, on the diagnostic accuracy of clinical tests for assessing ankle syndesmotom injury *see page 620*, confirms the clinically difficult nature of assessing this injury.

I chose two further articles for their relevance to the primary care sports doctor. The first, by Ruben Barakat *see page 630*, adds significant support for the concept that regular exercise during pregnancy improves a range of metrics surrounding gestational diabetes. The second article, by Christopher Fowell *see page 654*, is a very welcome case series that can be used to help guide return to sport after facial fractures.

## SPORTS DOCTORS AUSTRALIA

Sports Doctors Australia (<http://www.sportsdoctorsaustralia.com.au>) is an

association made up of Australian medical practitioners who have an interest in sports medicine. Our members are not specialists; we are composed of many and varied medical practitioners including general practitioners, surgeons and anyone else who wishes to join. Our aim is to promote a collegiate involvement, education and support to doctors who may be involved in sporting team care, as well as those who may work in general practice for the rest of the week, through to full-time sports doctors. To this end, we promote sports medicine that is practical and of relevance to the primary care sports doctor. We are a craft group within Sports Medicine Australia and have a great deal of involvement in the promotion of sports medicine in primary care through the National Faculty of Specific Interest through the Royal Australian College of General Practice. We are very proud to be a *BJSM* member society through our membership of Australia's peak sports medicine body—Sports Medicine Australia.

## JOIN US IN PHUKET!

Sports Doctors Australia actively promotes and is a key partner in the Asics Australian Conference of Science and Medicine in Sport, a world class multidisciplinary sports medicine and science conference. After the wonderful 'BeActive2012' in Sydney last year, we reconvene in the October of this year in the exotic beach location of Phuket. The programme is already full of highlights. Please see the Sports Medicine Australia website for details (<http://www.sma.org.au>).

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