



Pain Update: From Wrist to Brain

Guest editor:
Dr Eleanor Tillart (BASEM)

Design: Vicky Earle

Journal of the British Association of Sport and Exercise Medicine

Editor
Karim Khan (Canada/Qatar)

Editorial Office
BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK

T: +44 (0)20 7383 6622
F: +44 (0)20 7383 6787/6668
E: bjsm@bmj.com

Guidelines for Authors and Reviewers

Full instructions are available online at <http://bjsm.bmj.com/site/about/guidelines.xhtml>. Articles must be submitted electronically <http://mc.manuscriptcentral.com/bjsm>. Authors retain copyright but are required to grant BJSM an exclusive licence to publish <http://group.bmj.com/products/journals/instructions-for-authors/licence-forms>

ISSN: 0306-3674 (print)
ISSN: 1473-0480 (online)

Impact factor: 3.668

Disclaimer: BJSM is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the British Association of Sport and Exercise Medicine. The owners grant editorial freedom to the Editor of BJSM. BJSM follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

BJSM is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, the British Association of Sport and Exercise Medicine or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury or damage resulting from the use of Heart or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of BJSM or any information in it whether based on contract, tort or otherwise. Readers are advised to verify any information they choose to rely on.

Copyright: © 2013 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission

BJSM is published by BMJ Publishing Group Ltd, typeset by Techset, and printed in the UK on acid-free paper.

British Journal of Sports Medicine (ISSN: 0306-3674) is published monthly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to *British Journal of Sports Medicine*, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Warm up

1059 BASEM revisited: getting to grips with the future
E J Tillett

Editorials

1060 Early sport specialisation, does it lead to long-term problems?
A M Mostafavifar, T M Best, G D Myer

1061 Ulnar-sided wrist pain is not the only cause of TFCC injury: a clinical perspective on other diagnoses in the sport setting
J Read

Consensus statement

1063 How to treat Guyon's canal syndrome? Results from the European HANDGUIDE study: a multidisciplinary treatment guideline
P Hoogvliet, J H Coert, J Fridén, B M A Huisstede, the European HANDGUIDE group

Original articles

1071 When can a professional athlete return to play following scapholunate ligament delayed reconstruction?
A Williams, C Y Ng, M J Hayton

1075 The prevalence, variety and impact of wrist problems in elite professional golfers on the European Tour
R Hawkes, P O'Connor, D Campbell

1080 Thoracic outlet syndromes in sport: a practical review in the face of limited evidence —unusual pain presentation in an athlete
H Twaij, A Rolls, M Simisi, R Weiler

1085 Acupuncture applied as a sensory discrimination training tool decreases movement-related pain in patients with chronic low back pain more than acupuncture alone: a randomised cross-over experiment
B M Wand, S Abbaszadeh, A J Smith, M J Catley, G L Moseley

1090 Realising the potential for an Olympic legacy: teaching medical students about sport and exercise medicine and exercise prescribing
P R Jones, J H M Brooks, A Wylie

Subscription information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2014

Print
£680; US\$1254; €918

Online
Site licences are priced on FTE basis and allow access by the whole institution. Details available online at <http://group.bmj.com/subscribe/?bjsm> or contact the Subscription Manager in the UK

Personal rates 2014

Print (includes online access at no additional cost)
£237; US\$463; €320

Online only
£140; US\$273; €189

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe/?bjsm> (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or visit www.bmj.com/subscriptions/vatandpaymentinfo.dtl

MORE CONTENTS ►



This article has been chosen by the Editor to be of special interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals Open Access scheme. See <http://bjsm.bmj.com/site/about/guidelines.xhtml#open>



These papers may be seen as "non-conformist" and challenging for classic peer review; for further information see <http://bjsm.bmj.com/cgi/content/full/42/2/79>



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics
www.publicationethics.org.uk



Br J Sports Med: first published as on 1 November 2013. Downloaded from <http://bjsm.bmj.com/> on October 13, 2019 by guest. Protected by copyright.

Reviews

- 1095** Why does my shoulder hurt? A review of the neuroanatomical and biochemical basis of shoulder pain

B J F Dean, S E Gwilym, A J Carr

- 1105** Sports-related extensor carpi ulnaris pathology: a review of functional anatomy, sports injury and management

D Campbell, R Campbell, P O'Connor, R Hawkes

- 1112** Does effectiveness of exercise therapy and mobilisation techniques offer guidance for the treatment of lateral and medial epicondylitis? A systematic review

P Hoogvliet, M S Randsdorp, R Dingemans, B W Koes, B M A Huisstede

- 1120** A systematic review of the psychological factors associated with returning to sport following injury

C L Ardern, N F Taylor, J A Feller, K E Webster

I-Test

- 1079** Shouldering the burden: a case of pain in the middle-aged female athlete

K Darras, G Andrews, B B Forster

Exercise medicine highlights from the BMJ

- 1127** Republished research: Non-steroidal anti-inflammatory drugs (NSAIDs)

R O Day, G G Graham

PEDro systematic review update

- 1128** Kinesio taping for sports injuries

S J Kamper, N Henschke

Occasional piece

- 1130** Getting Scotland on the move? Reflections on a 5-year review of Scotland's national physical activity strategy

E Halliday, N Mutrie, F Bull

Abstracts

- 1133** BASEM Congress 2012: prize winning abstracts

Electronic pages

- e4** ISSSMC 2013 Conference Abstracts

Receive regular table of contents by email.
Register using this QR code.

