

The Objects of the British Association of Sports and Medicine.

The objects for which the British Association of Sport and Medicine is established are:-

1. To promote the scientific approach to the investigation of medical aspects of sport.
2. To issue and sell publications, promote conferences and courses of study, and keep abreast of developments in medical aspects of sport, both clinical and scientific, and take part in discussions on such subjects.
3. To promote visits by the members to countries overseas and by the peoples of foreign countries to the United Kingdom for the purpose of the scientific study of the medical aspects of sport of the communities concerned and the methods of practice thereof.
4. To form, establish and control branches and offices of the Association in any part of the world.
5. To adopt such means of making known the Association and its objects as may seem expedient and in particular by advertising in the press, by circulars, by publication of books and periodicals, and by granting prizes, rewards and donations.
6. To purchase or otherwise acquire any buildings, and other real of personal property of any kind necessary or convenient for any of the purposes of the Association, and to alter and maintain buildings or other works necessary or convenient for the Association.
7. To undertake and execute any trust which may lawfully be undertaken by the Association, and to take any gifts of real or personal property, whether subject to any special trust or not, for any one of the or more of the objects of the Association.
8. To amalgamate, affiliate or cooperate with or subscribe to any other school, association, society or body, whether incorporate or unincorporated, in any part of the world, whose objects are or include objects similar to the objects of the Association, provided such association or body is not carrying on or proposing to carry on such work or objects for purposes of financial gain.
9. To borrow or raise money and to issue debentures or other securities for the purposes of the Association on such terms as may be thought fit. To take such steps as may from time to time be deemed expedient for the purpose of procuring contributions to the funds of the Association in the shape of donations, annual subscriptions or otherwise.
10. To establish and support or aid in the establishment and support of any charitable associations or institutions not formed for the benefit of members of the Association and to subscribe or guarantee money for charitable purposes in any way connected with the purposes of the Association or calculated to further its objects.
11. To give reasonable remuneration to any person or company for services rendered or to be rendered to the Association or in or about the formation of promotion of the Association or the conduct of its business.

12. To invest the moneys of the Association not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject nevertheless to such conditions (if any) and such consents (if any) as may for the time being be imposed or required by law, and to do all such things as are necessary to the attainment of the above objects or any of them.

These objects were drawn up for the Executive Committee to form the basis of a Memorandum of Association if the B.A.S.M. decided to apply for incorporation as a Limited Liability Company, under the Companies Act 1948.

THE BRITISH ASSOCIATION OF SPORT AND MEDICINE

The Association was founded in 1953 when a group of doctors, mostly the Medical Officers of the Governing Bodies of Sport, met at the Westminster Hospital in London at the instigation of Sir Adolphe Abrahams and Sir Arthur Porritt. In the early stages meetings were held in various London hospitals, and some special committees were set up on an ad hoc basis to give guidance on specific matters relating to medical and physiological aspects of sport. By 1961 there was a membership of around a hundred, nearly all doctors, but a few national coaches and physiologists brought in as Associated Members in an advisory capacity. By this time it was realised that Sports Medicine, like many other branches of Medicine, was becoming an interdisciplinary subject, so full membership was opened to physiologists, physiotherapists, physical educationists and other pure and applied scientists whose interests or work overlapped into our fields of study. Membership rose more rapidly to three hundred, the medical membership alone has doubled, in two years, and the present membership is now over five hundred, over 50% being doctors. In addition some fifty governing bodies of sports, physical education colleges and university departments or other organisations are Affiliated members, and 60 students of those professions acceptable for membership are in our scheme of Student Membership. Area Committees were set up to care for the needs of members living remote from London and the Scottish Area has almost complete autonomy in its management and to a large extent in finances.

Relationships with F.I.M.S.

In 1953 The B.A.S.M. was elected to the International Federation of Sports Medicine as an Associate Member, and to full membership in 1961. Our representatives have attended most of the F.I.M.S. meetings and our present Hon. Secretary, Dr. J.G.P. Williams, is a member of the F.I.M.S. Executive Committee, often deputising for the Secretary. B.A.S.M. is the organising body for these 1970 World Congress in Sports Medicine, and for the business meetings of F.I.M.S. held as part of this Congress. Prior to the Tokyo Olympic Games in 1964, members of B.A.S.M. participated in that interesting international research project, the Olympic Medical Archives scheme, and were responsible for printing, circulating and helping to organise the Olympic Medical Archives for the 1968 Mexico Olympics.

Being affiliated to F.I.M.S. any of our members can obtain the quarterly Journal of Sports Medicine and Physical Fitness at half price: £2. 2. 0. through the Treasurer of B.A.S.M.

British Journal of Sports Medicine.

As a vehicle of communication between the Executive Committee and members, as well as an outlet for the publication of Proceedings of Scientific Meetings, the Bulletin of the B.A.S.M. was started in 1965. By the Spring of 1969, with a policy of accepting only original articles, the Bulletin was incorporated into a new journal, the British Journal of Sports Medicine, although the volume members established for the Bulletin were continued, the first issue of the Journal was therefore Vol. 1. no. 1. and publication is four times a year. Within the past year we are pleased to see that many library subscriptions for the Journal have been received, included those in Australia, New Zealand and the U.S.A.

Future activities of B.A.S.M.

In order to extend the scope of the B.A.S.M. several small working groups have been formed, each with a convenor who is a member of the Executive Committee, and each with a special responsibility, for example, for the promotion of education in sports medicine: the primary and definitive treatment of sports injuries; the causes of sudden death in sport: methods of fitness assessment: B. A.S.M. publications.

Some of the Post-Graduate Medical Centres have begun to include sports medicine in the syllabus for refresher courses for general practitioners and other doctors.

Guidance to governing bodies of sport has been given on many occasions, and it is usually possible to answer queries adequately even though there is no formally organised advisory service yet. The Executive Committee encourages members to submit ideas for meetings, and other activities, all for which are given careful consideration, and implemented where possible. Members are also encouraged to offer verbal communications to be presented at meetings, and to submit original articles, case reports, book reviews, reports on meetings of other bodies relevant to our interests, for publication in the British Journal of Sports Medicine.

Diary Service.

The B.A.S.M. recently initiated a Diary Service to help the organisers and members of all bodies interested in Sports Medicine in its widest sense. Each month a cumulative list of future events is circulated to some fifteen organisations, with the intention of all the participants informed of the dates and places of meetings and other events. We also depend on some feedback of information about future events organised by other bodies to give the fullest publicity for these events to our members and other participants in the scheme.

THE OFFICERS OF THE BRITISH ASSOCIATION OF SPORT AND MEDICINE.

PRESIDENT. 1953 Sir Adolphe Abrahams (Died in office)
1967 Sir Arthur Porritt.

VICE PRESIDENT. 1967 Dr. D.J. Cussen.

CHAIRMAN. 1953 Sir Arthur Porritt.
1967 Dr. G.G.Browning.

HON. SECRETARY/TREASURER 1953 Dr. W.S. Tegner.
1955 Dr. D.J. Cussen.

HON.TREASURER. 1962. Dr. H.E.Robson, 8 Outwoods Road, Loughborough, Leics.
& EDITOR. Brit. J. Sports Med.

HON. SECRETARY. 1962 Dr. D.J. Cussen.
1965 Dr. J.G.P.Williams, Farnham Park Rehabilitation Centre,
Farnham Royal, Slough, Bucks.

HON.CONFERENCE SECRETARY. Dr. P.N.Sperry, 63 Alric Avenue,
New Malden, Surrey.

AREA ORGANISATIONS.

SCOTLAND. Sec. Dr. J. Moncur, S.S.P.E. Jordanhill College, Glasgow W.3.
Treasurer. Miss Johan Matheson, 10 Fulwood Avenue, Glasgow W.3.

NORTH EAST ENGLAND. Dr. M.J.Keating, Highman, Park Avenue, Hartlepool,
Co. Durham.

NORTH WEST ENGLAND. Mr. D. Masterson, Physical Education Unit,
The University, Salford 5, Lancs.

SOUTH WEST ENGLAND. Dr. P.L. Travers, St. Luke's College, Exeter, Devon.

CONVENORS OF WORKING GROUPS.

EDUCATION. Dr. G.G.Browning, Physical Medicine Dept. Western Infirmary,
Glasgow.

SUDDEN DEATH IN SPORT. Dr. H.C. Burry, Physical Medicine Dept.
Guy's Hospital, London.

TREATMENT OF SPORTS INJURIES. Mr. J. Buck, F.R.C.S.
22 Hill Crescent, Bexley, Kent.

MEASUREMENT OF FITNESS. Dr. P.L. Travers, St. Luke's College, Exeter, Devon.

B.A.S.M. PUBLICATIONS. Dr. H.E.Robson, 8 Outwoods Road, Loughborough, Leics.