

BOOK REVIEWS

MOTOR LEARNING AND HUMAN PERFORMANCE

Edited by: Robert N. Singer

Published by: The Macmillan Company, New York.

Price on application to Publishers.

Many of the pathological conditions with which the Sports Clinician has to deal are the result of overuse or of mis-applied use of the victim's own locomotor system. Inevitably therefore part of the process of rehabilitation involves some degree of re-education of motor function. This process tends to be in many respects empirical and any contribution to an understanding of the teaching and learning of motor skills is therefore to be welcomed.

This book by Robert Singer is most valuable and presents an extensive bibliography. If one has any real criticism it is perhaps that the subject matter itself does not justify so prolix an exposition, and it is a pity that so much reading is required to extract the essence of Mr. Singer's theme.

J. G. P. Williams, F.R.C.S.Ed., D.Phys.Med.

SPORT, CULTURE AND SOCIETY

Edited by:- J. W. Loy and G. S. Kenyon

Published by:- Collier-Macmillan Ltd., London

Price on application to Publishers.

While it may fairly be said that there is a need for Sports Medicine as long as sport continues to provide medical problems, the justification for the assertion that Sport Medicine should be a recognised specialty must be based on the particular role of sport in society.

This collection of articles presented by two American Editors goes a long way towards increasing our understanding of the sociological significance of sport, even if as one might expect the bias is inevitably trans-Atlantic (although there are two papers covering European sport which are most interesting).

This is definitely a book for the serious student of Sports Medicine.

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