



Design: Vicky Earle.

Journal of the British Association of Sport and Exercise Medicine

Editor-in-Chief

Karim Khan (Canada)

Editors

Babette Pluim (Netherlands)

Kay Crossley (Australia)

Editorial Office

BMJ Publishing Group Ltd

BMA House

Tavistock Square

London WC1H 9JR, UK

T: +44 (0)20 7383 6622

F: +44 (0)20 7383 6787/6668

E: bjsm@bmj.com

Twitter: @BJSM_BMJ

Guidelines for Authors and Reviewers

Full instructions are available online at

<http://bjsm.bmj.com/site/about/guidelines.xhtml>. Articles must

be submitted electronically <http://mc.manuscriptcentral.com/bjsm>.

Authors retain copyright but are required to grant BJSM an exclusive licence to publish <http://group.bmj.com/products/journals/instructions-for-authors/licence-forms>

licences-forms

ISSN: 0306-3674 (print)

ISSN: 1473-0480 (online)

Impact factor: 6.724

Disclaimer: BJSM is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the British Association of Sport and Exercise Medicine. The owners grant editorial freedom to the Editor of BJSM. BJSM follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

BJSM is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, the British Association of Sport and Exercise Medicine or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury or damage resulting from the use of Heart or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of BJSM or any information in it whether based on contract, tort or otherwise. Readers are advised to verify any information they choose to rely on.

Copyright: © 2016 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission

BJSM is published by BMJ Publishing Group Ltd, typeset by Nova Techset Private Limited, Bengaluru & Chennai, India and printed in the UK on acid-free paper.

British Journal of Sports Medicine (ISSN: 0306-3674) is published monthly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to British Journal of Sports Medicine, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Warm up

1227 'Keeping you active'—the Australasian College of Sport and Exercise Physicians
H Osborne

Editorials

1228 Australasian College of Sport and Exercise Physicians
A Castricum, M Jamieson, H Osborne, P Blackman

1229 Change to Australasian College of Sport and Exercise Physicians—position statement: the place of mesenchymal stem/stromal cell therapies in sport and exercise medicine
H Osborne, A Castricum

1230 Critique of 'The physical activity myth' paper: discussion of flawed logic and inappropriate use of evidence
P Kelly, G Baker, C McAdam, K Milton, J Richards, C Foster, M Murphy, N Mutrie

1231 High-intensity interval training: key data needed to bridge the gap from laboratory to public health policy
S R Gray, C Ferguson, K Birch, L J Forrest, J M R Gill

1232 Challenges of in-competition cardiac screening: lessons from the 12th FINA World Swimming Championships (25 m) Swimmer's Heart project
H P Dijkstra, M Mountjoy, C Adamuz, A Pelliccia

1234 Sports medicine in Singapore: integrating into public hospitals and secondary care
D Sirisena, S Lim, K C Teh

1235 Physical activity guidelines for weight loss: global and national perspectives
L Mabire

Consensus statement

1237 Australasian College of Sports Physicians—position statement: the place of mesenchymal stem/stromal cell therapies in sport and exercise medicine
H Osborne, L Anderson, P Burt, M Young, D Gerrard

1245 International consensus statement on injury surveillance in cricket: a 2016 update
J W Orchard, C Ranson, B Olivier, M Dhillon, J Gray, B Langley, A Mansingh, I S Moore, I Murphy, J Patricios, T Akwar, C J Clark, B Harrop, H I Khan, A Kountouris, M Macphail, S Mount, A Mupotaringa, D Newman, K O'Reilly, N Peirce, S Saleem, D Shackel, R Stretch, C F Finch

Reviews

1252 Dose–response association of screen time-based sedentary behaviour in children and adolescents and depression: a meta-analysis of observational studies
M Liu, L Wu, S Yao

1259 Critical components of neuromuscular training to reduce ACL injury risk in female athletes: meta-regression analysis
D Sugimoto, G D Myer, K D Barber Foss, M J Pepin, L J Micheli, T E Hewett

1267 Glucocorticoids at the Olympic Games: state-of-the-art review
K Fitch

MORE CONTENTS ►



This article has been chosen by the Editor to be of special interest or importance and is freely available online.



This article has been made freely available online under the BMJ Journals Open Access scheme. See <http://bjsm.bmj.com/site/about/guidelines.xhtml#open>



This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org.uk



Original articles

- 1268** Effectiveness of footwear and foot orthoses for calcaneal apophysitis: a 12-month factorial randomised trial
A M James, C M Williams, T P Haines

- 1276** Analysis of head impact exposure and brain microstructure response in a season-long application of a jugular vein compression collar: a prospective, neuroimaging investigation in American football
G D Myer, W Yuan, K D Barber Foss, S Thomas, D Smith, J Leach, A W Kiefer, C Dicesare, J Adams, P J Gubanich, K Kitchen, D K Schneider, D Braswell, D Krueger, M Altaye



OPEN ACCESS

Republished editorial from *The BMJ*

- 1286** Managing back pain and osteoarthritis without paracetamol
C Mallen, E Hay

PostScript

- 1288** Letter

Subscription Information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2016**Print**

£765; US\$1492; €1033

Online

Site licences are priced on FTE basis and allow access by the whole institution. Details available online at <http://group.bmj.com/subscribe/?bjsm>

Personal rates 2016**Print** (includes online access at no additional cost)

£267; US\$521; €361

Online only

£158; US\$309; €214

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe/?bjsm> (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or visit www.bmj.com/subscriptions/vatandpaymentinfo.dtl