



Design: Vicky Earle.

Journal of the British Association of Sport and Exercise Medicine

Editor

Karim Khan (Canada)

Editorial Office

BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK

T: +44 (0)20 7383 6622

F: +44 (0)20 7383 6787/6668

E: bjsm@bmj.com

Twitter: @BJSM_BMJ

Guidelines for Authors and Reviewers

Full instructions are available online at <http://bjsm.bmj.com/site/about/guidelines.xhtml>. Articles must be submitted electronically <http://mc.manuscriptcentral.com/bjasm>.

Authors retain copyright but are required to grant BJSM an exclusive licence to publish <http://group.bmj.com/products/journals/instructions-for-authors/licence-forms>

ISSN: 0306-3674 (print)

ISSN: 1473-0480 (online)

Impact factor: 5.025

Disclaimer: BJSM is published by BMJ Publishing Group Ltd (a wholly owned subsidiary of the British Medical Association) and the British Association of Sport and Exercise Medicine. The owners grant editorial freedom to the Editor of BJSM. BJSM follows guidelines on editorial independence produced by the World Association of Medical Editors and the code on good publication practice of the Committee on Publication Ethics.

BJSM is intended for medical professionals and is provided without warranty, express or implied. Statements in the journal are the responsibility of their authors and advertisers and not authors' institutions, the BMJ Publishing Group, the British Association of Sport and Exercise Medicine or the BMA unless otherwise specified or determined by law. Acceptance of advertising does not imply endorsement.

To the fullest extent permitted by law, the BMJ Publishing Group shall not be liable for any loss, injury or damage resulting from the use of Heart or any information in it whether based on contract, tort, or otherwise. Readers are advised to verify any information they choose to rely on.

To the fullest extent permitted by law, the BMJ Publishing Group Ltd shall not be liable for any loss, injury or damage resulting from the use of BJSM or any information in it whether based on contract, tort or otherwise. Readers are advised to verify any information they choose to rely on.

Copyright: © 2016 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise without prior permission

BJSM is published by BMJ Publishing Group Ltd, typeset by Nova Techset Private Limited, Bengaluru & Chennai, India and printed in the UK on acid-free paper.

British Journal of Sports Medicine (ISSN: 0306-3674) is published monthly by BMJ Publishing Group and is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431 POSTMASTER: send address changes to British Journal of Sports Medicine, Air Business Ltd, c/o Worldnet Shipping Inc., 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Editorials

505 The old knee in the young athlete: knowns and unknowns in the return to play conversation
C L Ardern, K M Khan

506 It is time for consensus on return to play after injury: five key questions
C L Ardern, M Bizzini, R Bahr

509 Twenty year follow-up of ACL reconstruction (AJSM)—the evidence of experience
B McCormack, M R Hutchinson

510 Can I tell you something? I'm doping...
H P Dijkstra, N van Dyk, Y O Schumacher

511 The management of symptomatic femoroacetabular impingement: what is the rationale for non-surgical treatment?
N C Casartelli, N A Maffiuletti, M Bizzini, B T Kelly, F D Naal, M Leunig

Reviews

513 Running retraining to treat lower limb injuries: a mixed-methods study of current evidence synthesised with expert opinion
C J Barton, D R Bonanno, J Carr, B S Neal, P Malliaras, A Franklyn-Miller, H B Menz

527 How reliable are Functional Movement Screening scores? A systematic review of rater reliability
R W Moran, A G Schneiders, K M Major, S J Sullivan

537 Psychosocial factors associated with outcomes of sports injury rehabilitation in competitive athletes: a mixed studies systematic review
D Forsdyke, A Smith, M Jones, A Gledhill

545 Clinician-friendly physical performance tests in athletes part 3: a systematic review of measurement properties and correlations to injury for tests in the upper extremity
D T Tarara, L K Fogaca, J B Taylor, E J Hegedus

Original articles

552 Effects of evidence-based prevention training on neuromuscular and biomechanical risk factors for ACL injury in adolescent female athletes: a randomised controlled trial
M K Zebis, L L Andersen, M Brandt, G Myklebust, J Bencke, H B Lauridsen, T Bandholm, K Thorborg, P Hölmich, P Aagaard

558 No economic benefit of early knee reconstruction over optional delayed reconstruction for ACL tears: registry enriched randomised controlled trial data
A A Kiadaliri, M Englund, L S Lohmander, K S Carlsson, R B Frobell

Republished editorial from The BMJ

564 The evidence base for orthopaedics and sports medicine: scandalously poor in parts
L S Lohmander, E M Roos

Correction

565 Correction

PostScript

566 Letter



Subscription information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2016

Print £765; US\$1492; €1033

Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at <http://group.bmj.com/subscribe/?bjsm>

Personal rates 2016

Print (includes online access at no additional cost)
£267; US\$521; €361

Online only £158; US\$309; €214

ISSN 0306-3674 (print); 1473-0480 (online)

Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe/?bjsm> (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or visit www.bmj.com/subscriptions/vatandpaymentinfo.dtl



EDITOR'S CHOICE



OPEN ACCESS

This article has been chosen by the Editor to be of special interest or importance and is freely available online.

This article has been made freely available online under the BMJ Journals Open Access scheme. See <http://bjsm.bmj.com/site/about/guidelines.xhtml#open>



Member since 2008

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org.uk



When you have finished with this please recycle it