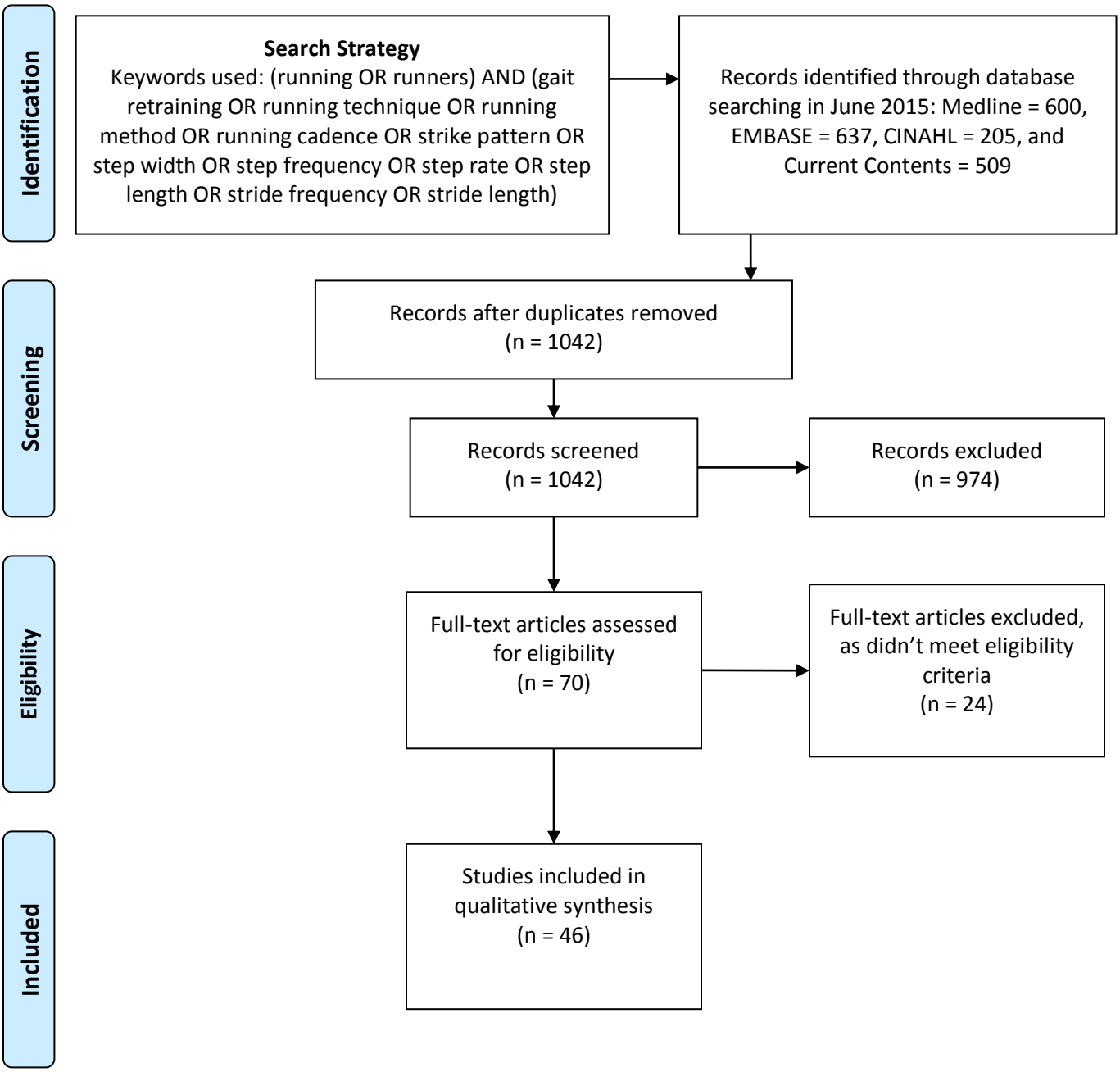
Identification
Search Strategy
Keywords used: (running OR runners) AND (gait retraining OR running technique OR running method OR running cadence OR strike pattern OR step width OR step frequency OR step rate OR step length OR stride frequency OR stride length)
Records identified through database searching in June 2015: Medline = 600, EMBASE = 637, CINAHL = 205, and Current Contents = 509
Screening
Records after duplicates removed (n = 1042)
Records screened (n = 1042)
Records excluded (n = 974)
Eligibility
Full-text articles assessed for eligibility (n = 70)
Full-text articles excluded, as didn't meet eligibility criteria (n = 24)
Included
Studies included in qualitative synthesis (n = 46)