

PART 3: PROTECTION OF ATHLETE HEALTH & SAFETY

INTRODUCTION

This survey is a follow-up on a recent publication on IF health promotion (2013 Mountjoy + Junge; BJSM). The purpose of this survey is to identify your areas of priority and concern for athlete health and safety. The results of your responses will serve to direct and frame the activities of the ASOIF Medical Science Consultative Group (AMSCG).

Please note that all responses will be kept confidentially however individual responses will be shared with ASOIF for the purpose of the analysis. ASOIF will not share or publish any individual results into its analysis and report

We would be grateful if you would take the time to complete the survey, in consultation with your team, so that the response provided reflects the experience of your International Federation (IF) as a whole.

The deadline for submitting this questionnaire is March 31st 2016.

Thank you very much for participating in the survey.

COMPLETING THE SURVEY

The 'Back' and 'Next' buttons at the bottom of each screen allow you to navigate through the survey. Please note that using the web browser 'back' button will take you out of the survey without saving your answers.

Some screens may require you to use the scroll bar at the right-hand side of the screen in order to move down the page and answer the rest of the question. The navigation buttons will be located at the end of each set of questions.

It is best to complete the survey at one time. To restart the survey please click on the link included in your invitation e-mail and the survey will open at the last question completed.

If there are multiple persons filling in this survey, only one person should access the system at any one time using the link provided.

Definitions/explanations of abbreviations and technical words in the survey are available to view in the glossary located in the online survey.

ASK ALL

Q1 How important are the following topics for your federation?
(Please tick the appropriate box.)

	Not important at all	Low importance	Neither nor	Important	Very important
Your sport is perceived to be a safe sport					
Your sport is perceived to be an enjoyable physical activity					
Performance of elite athletes in your sport					
Health of your elite athletes					
Health of recreational athletes in your sport					
Health of the general population					
Increasing the number of elite athletes					
Increasing the number of recreational athletes					
Increasing the number of spectators					
Fighting against doping					
Protecting athletes against harassment and abuse					
Other (please specify)					
Other (please specify)					
Other (please specify)					

ASK ALL

Q1.1 Please rank the following in order of importance to your federation.
(Please rank top 3 most important)

		Rank
Your sport is perceived to be a safe sport		
Your sport is perceived to be an enjoyable physical activity		
Performance of elite athletes in your sport		
Health of your elite athletes		
Health of recreational athletes in your sport		
Health of the general population		
Increasing the number of elite athletes		
Increasing the number of recreational athletes		
Increasing the number of spectators		
Fighting against doping		
Protecting athletes against harassment and abuse		
Others, please specify		
Others, please specify		
Others, please specify		

ASK ALL

Q2 Does your federation have any programme(s) or guideline(s) or research activities on the following topics?
(Please complete all that apply)

	No	Yes	If Yes, please provide details
Team physician certification			
Medical licensing at IF championships/events			
Drug importation at IF championships/events			
Injury surveillance during IF championships/events			
Injury prevention by exercise-based programmes			
Injury prevention by Fair Play campaigns or similar			
Injury prevention by regulation for equipment / venues			
Implementation of the Olympic Movement Medical Code			
Pre-participation medical examination (periodic health evaluation)			
Athlete ineligibility + Return-to-play after injury			
First aid/minimum safety standards at events (e.g. on pitch physician, AED)			
Nutrition / hydration			
Nutritional supplementation use			
Eating disorders/ disordered eating			

Rest days between competitions			
Mental health of your athletes			
Training/competing during pregnancy			
Disorders of sexual development (hyperandrogenism)			
Sport specific concussion management			
Environmental conditions (e.g. temperature, altitude)			
Post elite career management			
Prevention of chronic diseases in the general population			
Protection of the athlete from harassment + abuse			
Age determination			
Relative Energy Deficiency in sport (RED-S)			
Technology –based health risks			
Rule changes based on sport-specific science (please state the actual rule and scientific documentation)			
Others (please specify)			

Please provide a person of contact from your IF in the sport medicine department whom we can contact for future verification if required:

NAME: _____

ROLE/TITLE: _____

EMAIL: _____

PHONE CONTACT: _____

When this section of the questionnaire has been completed, please confirm the completion of the questionnaire by clicking the submit button.