

**Embase.com (Embase incl. Medline):**

('plantar fasciitis'/de OR 'heel spur'/de OR (('foot disease'/de OR 'heel'/de OR 'foot sole'/de) AND 'fasciitis'/de) OR (((Plantar\* OR foot OR feet) NEAR/3 fasci\*) OR ((calcane\* OR heel\*) NEAR/3 spur\*) OR ((Plantar\* OR heel\*) NEAR/3 pain\*)):ab,ti) AND ('foot orthosis'/de OR 'inshoe orthosis'/de OR 'orthotics'/de OR 'orthosis'/de OR 'brace'/de OR (((foot OR inshoe OR shoe OR device\*) NEAR/3 ortho\*) OR orthotic\* OR orthos\* OR ((foot OR arch\*) NEAR/3 support\*) OR (heel NEXT/1 cup\*) OR brace\* OR insole\* OR inlay\* OR (shoe NEXT/1 insert\*)):ab,ti)

**Medline Epub (Ovid):**

("Fasciitis, Plantar"/ OR "Heel Spur"/ OR (("Foot Diseases"/ OR "Heel"/) AND "Fasciitis"/) OR (((Plantar\* OR foot OR feet) ADJ3 fasci\*) OR ((calcane\* OR heel\*) ADJ3 spur\*) OR ((Plantar\* OR heel\*) ADJ3 pain\*)).ab,ti.) AND (exp "Orthotic Devices"/ OR (((foot OR inshoe OR shoe OR device\*) ADJ3 ortho\*) OR orthotic\* OR orthos\* OR ((foot OR arch\*) ADJ3 support\*) OR (heel ADJ cup\*) OR brace\* OR insole\* OR inlay\* OR (shoe ADJ insert\*)).ab,ti.)

**Cochrane Central (trials):**

((((Plantar\* OR foot OR feet) NEAR/3 fasci\*) OR ((calcane\* OR heel\*) NEAR/3 spur\*) OR ((Plantar\* OR heel\*) NEAR/3 pain\*)):ab,ti) AND (((foot OR inshoe OR shoe OR device\*) NEAR/3 ortho\*) OR orthotic\* OR orthos\* OR ((foot OR arch\*) NEAR/3 support\*) OR (heel NEXT/1 cup\*) OR brace\* OR insole\* OR inlay\* OR (shoe NEXT/1 insert\*)):ab,ti)

**Cinahl (EBSCO):**

(MH "Plantar Fasciitis"+ OR MH "Heel Spur"+ OR ((MH "Foot Diseases"+ OR MH "Heel"+) AND MH "Fasciitis"+) OR (((Plantar\* OR foot OR feet) N2 fasci\*) OR ((calcane\* OR heel\*) N2 spur\*) OR ((Plantar\* OR heel\*) N2 pain\*))) AND (MH "Orthoses"+ OR (((foot OR inshoe OR shoe OR device\*) N2 ortho\*) OR orthotic\* OR orthos\* OR ((foot OR arch\*) N2 support\*) OR (heel W cup\*) OR brace\* OR insole\* OR inlay\* OR (shoe W insert\*)))

**Web of Science:**

TS=(((Plantar\* OR foot OR feet) NEAR/2 fasci\*) OR ((calcane\* OR heel\*) NEAR/2 spur\*) OR ((Plantar\* OR heel\*) NEAR/2 pain\*)) AND (((foot OR inshoe OR shoe OR device\*) NEAR/2 ortho\*) OR orthotic\* OR orthos\* OR ((foot OR arch\*) NEAR/2 support\*) OR (heel NEAR cup\*) OR brace\* OR insole\* OR inlay\* OR (shoe NEAR insert\*)))

**Google Scholar:**

"Plantar|foot|heel fasciitis|fasciopathy|pain"|"heel spur"  
orthotics|orthosis|orthoses|inshoe|brace|insoles|inlay|"shoe insert"