

<b>Appendix Table 6. Levels of evidence of included trials</b>			
<b>Author, Year, Country</b>	<b>Level of evidence reported in the original publication</b>	<b>Level of evidence according to OCEBM 2009*</b>	<b>Level of evidence according to OCEBM 2011 revision**</b>
Kirkley, A. (I) 1999 (4), (II) 2005 (15), Canada	(I) NR (II) 2	1	2
Wintzell, G. (I) 1999 (7), (II) 1999 (16), Sweden	(I) NR (II) NR	1	2
Jakobsen, B. 2007 (3), Denmark	1	1	2
Robinson, CM. 2008 (6), UK (Scotland)	1	1	2
Itoi, E. 2007 (43), Japan	2	2	2
Finestone, A. 2009 (41), Israel	NR	1	2
Liavaag, S. 2011 (44), Norway	1	1	2
Heidari, K. 2014 (42), Iran	1	1	2
Whelan, D. 2014 (45), Canada	1	1	2
Itoi, E. 2013 (53), Japan	2	1	2
Sperber, A. 2001 (46), Sweden	NR	1	2
Fabbriciani, C. 2004 (2), Italy	1	1	2
Netto, NA. 2012 (5), Brazil	2	1	2
Mohtadi, N. 2014 (47), Canada	1	1	2
Warme, WJ. 1999 (50), USA	NR	1	2
Tan, C. 2006 (49), UK	1	1	2
Milano, G. 2010 (48), Italy	NR	1	2
Castagna, A. 2009 (51), Italy	NR	1	2
(I) Magnusson, L. 2006 (55), Sweden (II) Elmlund, A. 2009 (56), Sweden	(I) 1 (II) 1	1	2
Monteiro, GC. 2008 (57), Brazil	2	1	2
Kim, S-H. 2003 (58), Korea	NR	1	2
Salomonsson, B. 2009 (52), Sweden	NR	1	2
<b>Abbreviations</b>			
<b>NR - Not reported</b>			
*Oxford Centre of Evidence-Based Medicine (OCEBM) Levels of Evidence Working Group. The Oxford levels of evidence 2009. <a href="https://www.cebm.net/2009/06/oxford-centre-evidence-based-medicine-levels-evidence-march-2009/">https://www.cebm.net/2009/06/oxford-centre-evidence-based-medicine-levels-evidence-march-2009/</a>			
**Oxford Centre of Evidence-Based Medicine (OCEBM) 2011 update: Jeremy Howick, Iain Chalmers, Paul Glasziou, Trish Greenhalgh, Carl Heneghan, Alessandro Liberati, Ivan Moschetti, Bob Phillips, and Hazel Thornton. "The 2011 Oxford CEBM Evidence Levels of Evidence(Introductory Document)". Oxford Centre for Evidence-Based Medicine. <a href="https://www.cebm.net/index.aspx?o=5653">https://www.cebm.net/index.aspx?o=5653</a>			