

Illnesses during international athletics championships: Incidences and associations with athlete sex and discipline during 11 championships between 2009 and 2017 - Supplementary file

Daily report on illnesses

Country _____ Physician's name _____ Date of report ____/____/____

E-mail _____ Mobile _____

Please report: **All illnesses newly incurred in competition or training during the European Athletics Championships regardless of the consequences with respect to absence from competition or training.** The information provided is for medical and research purposes and will be treated confidentially.

Illness - Example:

Athlete's gender Female	Date of birth 14/07/89	Event 4x 100m relay (women)	Diagnosis Tonsillitis, cold	Mode of Onset (Sudden/Gradual) Sudden	Date of occurrence 08/08/18	
Affected system Upper respiratory tract	Code 1	Main symptom(s) Fever, pain	Code 1.2	Cause of illness Infection	Code 1.2	Estimated absence (days) 2
Athlete's gender	Date of birth	Event	Diagnosis	Mode of Onset (Sudden/Gradual)	Date of occurrence	
Affected system	Code	Main symptom(s)	Code	Cause of illness	Code	Estimated absence (days)
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Affected system	Code	Main symptom(s)	Code	Cause of illness	Code	Estimated absence (days)

No illness in any athlete of our team today

Codes and classifications for illnesses

Affected system

1 Upper respiratory tract (nose, sinuses, pharynx, larynx)	5 Uro-genital, gynecological or reproductive	9 Dermatologic/skin
2 Lower respiratory tract (trachea, bronchi, lungs)	6 Endocrine or metabolic	10 Musculo-skeletal
3 Gastro-intestinal	7 "Blood" (Hematologic or immune)	11 dental
4 Cardio-vascular	8 Neurologic, CNS	12 Ophthalmological/otological
		13 Psychiatric/Psychological
		14 Other

Main symptom(s)

1 Pain, ache or soreness	6 Irregular heartbeat, palpitation, syncope, collapse or chest pain	9 Dizziness or vertigo
2 Fever, excess sweating or chills	7 Congestion, hyper-secretion, rhinorrhoea or discharge	10 Rash, itch or eczema
3 Nausea, vomiting or diarrhoea	8 Cough, wheezing, dyspnoea or shortness of breath	11 Numbness, weakness or tingling
4 Weight loss or dehydration		12 Mood/sleep disturbance, anxious or depressed
5 Fatigue, lack of energy, lethargy or arterial hypotension		13 Other

Cause of illness/symptom(s)

Mode of onset	Causes of sudden illness	Causes of gradual onset illness
1 Sudden onset incident	1.1 Pre-existing disease (exacerbations of allergy, asthma, diabetes, degenerative, systemic inflammatory disorders, congenital, etc.)	2.1 Pre-existing disease (exacerbations of allergy, asthma, diabetes, degenerative, systemic inflammatory disorders, congenital, etc.)
2 Gradual onset incident	1.2 Infectious (viral, bacterial, fungal...)	2.2 Infectious (viral, bacterial, fungal...)
	1.3 Environmental (heat, cold, altitude...)	2.3 Environmental (heat, cold, altitude...)
	1.4 Nutritional, endocrine or metabolic disturbance	2.4 Nutritional, endocrine or metabolic disturbance
	1.5 Drug related or toxic reaction	2.5 Drug related or toxic reaction
	1.6 Exercise related (dehydration, exhaustion...)	2.6 Exercise related (dehydration, exhaustion...)
	1.7 Psychiatric	2.7 Psychiatric
	1.8 Other/idiopathic	2.8 Other/idiopathic