

APPENDIX A**Search terms used for literature scoping and data extracted**

Search terms	Databases searched	Included study designs	Exclusion criteria
Patella* OR Jumper* AND tendin* or tendon* Achilles* AND tendin* OR tendon* Gluteus medius OR gluteal AND tendin* OR tendon* OR trochanteric bursitis OR greater trochanteric pain syndrome Lateral elbow AND tendin* OR tendon* OR tennis elbow OR lateral epicondylitis OR lateral epicondylalgia Hamstring AND tendin* OR tendon*	Pubmed Google scholar	Human studies including randomized and non-randomised controlled trials, prospective cohort studies	Single case studies, letters to the editor Systematic and narrative reviews were used to obtain original data papers

No limitations by type of intervention