











4. Studies utilising imaging as part of the experimental design should provide details on blinding of any raters to participants clinical status during assessment and analysis

Agree

Unsure

Disagree

5. Interventional studies utilising imaging as part of the experimental design should provide details on dissemination of imaging findings to participants.

Agree

Unsure

Disagree

If you believe imaging should be reported, what data would you like to see included?

- Minimum reporting standards for what is abnormal or not in terms of tendon pathology (hypoechoic area greater than x, thickness greater than y, echo types >z)

#### **Tendon specific functional loading tests**

People with tendinopathy often report impairments or inability to engage in functional activities. Tendon functional loading tests with or without pain provocation aim to assess tendon function, to provide normative values for various groups of subjects, to predict performance in relevant functional movement tasks, or to evaluate the success of training and rehabilitation procedures. To date there is little description on what these tests are, the validity and sensitivity of the tests, who performed the tests or results of these tendon specific functional loading tests. The following statements aim to establish your level of agreement around the use of tendon specific functional loading tests in tendon research.

1. Tendon functional loading tests should be performed as part of the inclusion criteria for selection of cases in tendinopathy studies.

Agree

Unsure

Disagree

2. Pain provocation response should be reported for all the included cases when performing tendon functional loading tests.

Agree

Unsure

Disagree

3. Pain provocation response should be reported for all the included controls when performing tendon functional loading tests.

Agree

Unsure

Disagree

Follow up questions – We would be interested in the pain provocation tests you use and report in selection

Achilles Mid Insertion	
Patellar tendon	
Hamstring	
Gluteal	
Elbow	
Shoulder	
Adductor	
Other eg tibialis anterior etc	

