

Supplementary Table 5. Overview of studies reporting on the distribution of injuries by body region.

Study	N	Head / Neck (%)	Trunk / Abdomen (%)	Upper limb (%)	Lower limb (%)	Unknown (%) ^a
McLatchie, 1976 [20]	80	41.3	31.3	18.8	8.8	-
Stricevic et al, 1983 [22]	83	57.8	9.6	12.1	19.3	1.2
Dah et al, 1989 [28]	33	33.3	6.1	30.3	24.2	6.1
Hillman et al, 1993 [29]	90	59.0	15.0	8.0	18.0	-
Tuominen, 1995 [30]	125	96.8	0.0	0.8	2.4	-
Esenkaya, 1997 [7]	610	82.1	3.4	4.1	9.7	0.7
Critchley et al, 1999 [31]	160	56.9	5.6	14.4	23.1	-
Arriaza et al, 2005 [33]	891	88.1	1.6	3.1	7.2	-
Macan et al, 2006 [34]	462	61.3	12.3	5.4	21.0	-
Halabachi et al, 2007 [35]	186	55.4	10.3	12.9	21.5	-
Aono et al, 2010 [8]	199	67.8	8.0	5.0	9.5	9.5
Minami, 2010 [9]	633	42.7	9.2	21.3	26.1	0.8
Rahimi et al, 2012 [37]	75 ^b	49.3	9.3	16.0	25.3	-
Pieter, 2010 [38]	108	50.0	21.3	11.1	10.2	7.4
Boostani et al, 2012 [40]	112	79.5	8.9	7.1	4.5	-
Boostani et al, 2012 [41]	178	57.9	28.6	10.1	3.4	-
Arriaza et al, 2016 [42]	61	70.5	8.2	0.0	21.3	-
Čierna et al, 2017 [43]	171	57.0	22.0	9.0	12.0	-
Čierna et al, 2018 [44]	257	70.4	10.1	8.2	11.3	-

^a Studies with more than 15% unknown body region were omitted from this table

^b Includes n=2 kata-related injuries that could not be disaggregated from kumite-related injuries