



Design: Wicky Earle.

Journal of the British Association of Sport and Exercise Medicine

Editor-in-Chief
Karim Khan (Canada)

Editors
Babette Pluim (Netherlands)
Kay Crossley (Australia)
Emmanuel Stamatakis (Australia)

Editorial Office
BMJ Publishing Group Ltd
BMA House
Tavistock Square
London WC1H 9JR, UK
E: bjsm@bmj.com
Twitter: @BJSM_BMJ

Guidelines for Authors and Reviewers
Full instructions are available online at <http://bjsm.bmj.com/pages/authors/>.
Articles must be submitted electronically <http://bjsm.bmj.com/pages/authors/>.
Authors retain copyright but are required to grant *BJSM* an exclusive licence to publish (<http://authors.bmj.com/submitting-your-paper/copyright-and-authors-rights/>).

ISSN: 0306-3674 (print)
ISSN: 1473-0480 (online)

Impact factor: 11.645

Disclaimer: The Editor of *British Journal of Sports Medicine* has been granted editorial freedom and *British Journal of Sports Medicine* is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. *British Journal of Sports Medicine* is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by *British Journal of Sports Medicine* does not imply endorsement. Neither BASEM nor BMJ Publishing Group Limited shall have any liability for any loss, injury or damage howsoever arising from *British Journal of Sports Medicine* (except for liability which cannot be legally excluded).

Copyright: © 2020 BMJ Publishing Group Ltd and British Association of Sport and Exercise Medicine. All rights reserved; no part of this publication may be reproduced in any form without permission.

BJSM is published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Ltd, Chennai, India and printed in the UK on acid-free paper.

British Journal of Sports Medicine (ISSN: 0306-3674) is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431. POSTMASTER: send address changes to *British Journal of Sports Medicine*, Air Business Ltd, c/o WN Shipping USA, 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

Editorials

367 #Time2Act: Harassment and abuse in elite youth sport culture
M Mountjoy

369 #REDS (Relative Energy Deficiency in Sport): time for a revolution in sports culture and systems to improve athlete health and performance

K E Ackerman, T Stellingwerff, K J Elliott-Sale, A Baltzell, M Cain, K Goucher, L Fleshman, M L Mountjoy

370 Sports concussions: can head impact sensors help biomedical engineers to design better headgear?

L Wu

Consensus statement

372 International Olympic Committee consensus statement: methods for recording and reporting of epidemiological data on injury and illness in sport 2020 (including STROBE Extension for Sport Injury and Illness Surveillance (STROBE-SIIS))

R Bahr, B Clarsen, W Derman, J Dvorak, C A Emery, C F Finch, M Häggglund, A Junge, S Kemp, K M Khan, S W Marshall, W Meeuwisse, M Mountjoy, J W Orchard, B Pluim, K L Quarrie, B Reider, M Schweltnus, T Soligard, K A Stokes, T Timpka, E Verhagen, A Bindra, R Budgett, L Engebretsen, U Erdener, K Chamari

Subscription information
British Journal of Sports Medicine is published monthly; subscribers receive all supplements
Institutional rates 2020
Print £933
Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at <http://journals.bmj.com/content/subscribers?bjsm>
Personal rates 2020
Print (includes online access at no additional cost) £327
Online only £194
ISSN 0306-3674 (print); 1473-0480 (online)
Personal print or online only and institutional print subscriptions may be purchased online at <http://group.bmj.com/subscribe?bjsm> (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT; for details, call us or <http://journals.bmj.com/content/subscribers?bjsm>

390
EDITOR'S CHOICE

Improved reporting of overuse injuries and health problems in sport: an update of the Oslo Sport Trauma Research Center questionnaires
B Clarsen, R Bahr, G Myklebust, S H Andersson, S I Docking, M Drew, C F Finch, L V Fortington, J Harøy, K M Khan, B Moreau, I S Moore, M Møller, D Nabhan, R O Nielsen, K Pasanen, M Schweltnus, T Soligard, E Verhagen

397
EDITOR'S CHOICE

Sport Medicine Diagnostic Coding System (SMDCS) and the Orchard Sports Injury and Illness Classification System (OSIICS): revised 2020 consensus versions
J W Orchard, W Meeuwisse, W Derman, M Häggglund, T Soligard, M Schweltnus, R Bahr

Original research

402 Glucocorticoid prescribing habits of sports medicine physicians working in high-performance sport: a 30-nation survey
D Hughes, N Vlahovich, M Welvaert, N Tee, P Harcourt, S White, A Verrec, K Fitch, G Waddington

408
OPEN ACCESS

Does soccer headgear reduce the incidence of sport-related concussion? A cluster, randomised controlled trial of adolescent athletes
T McGuine, E Post, A Y Pfaller, S Hetzel, A Schwarz, M A Brooks, S A Kliethermes

414
EDITOR'S CHOICE

Does disallowing body checking in non-elite 13- to 14-year-old ice hockey leagues reduce rates of injury and concussion? A cohort study in two Canadian provinces
C Emery, L Palacios-Derflinger, A M Black, P Eliason, M Krolkowski, N Spencer, S Kozak, K J Schneider, S Babul, M Mrazik, C M Lebrun, C Goulet, A Macpherson, B E Hage

MORE CONTENTS ►

EDITOR'S CHOICE

This article has been chosen by the Editor to be of special interest or importance and is freely available online.

OPEN ACCESS

This article has been made freely available online under the BMJ Journals open access scheme. See <http://bjsm.bmj.com/site/about/guidelines.xhtml#open>

COPE
Member since 2008

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org.uk



MCQS

The online version of this article contains multiple choice questions hosted on BMJ Learning.

Br J Sports Med: first published as on 1 April 2020. Downloaded from <http://bjsm.bmj.com/> on September 14, 2024 by guest. Protected by copyright.

- 421** Time before return to play for the most common injuries in professional football: a 16-year follow-up of the UEFA Elite Club Injury Study
J Ekstrand, W Krutsch, A Spreco, W van Zoest, C Roberts, T Meyer, H Bengtsson



- 427** Few training sessions between return to play and first match appearance are associated with an increased propensity for injury: a prospective cohort study of male professional football players during 16 consecutive seasons
H Bengtsson, J Ekstrand, M Waldén, M Hägglund