

**Supplement 1** – Example of search strategy for Pubmed database.

<i>Search</i>	<i>Search term(s)</i>	<i>Results</i>
#1	arch <b>physiotherapy</b> [tiab]	17 015
#2	arch <b>“physical therapy”</b> [tiab]	18 284
#3	Search <b>kinesiotherapy</b> [tiab]	164
#4	Search <b>rehabilitation</b> [tiab]	146 678
#5	Search <b>rehabilitation</b> [subheading]	186 541
#6	Search <b>treatment</b> [tiab]	3 861 653
#7	Search <b>intervention</b> [tiab]	514 133
#8	Search <b>exercise</b> [tiab]	237 219
#9	Search <b>“exercise therapy”</b> [tiab]	4 029
#10	Search <b>“postoperative care”</b> [tiab]	8 397
#11	Search <b>“resistance training”</b> [tiab]	6 502
#12	Search <b>“strength training”</b> [tiab]	4 470
#13	Search <b>“neuromuscular training”</b> [tiab]	359
#14	Search ( <b>#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13</b> )	4 588 306
#15	Search <b>ACL</b> [tiab]	14 271
#16	Search <b>“anterior cruciate ligament”</b> [tiab]	16 075
#17	Search ( <b>#15 OR #16</b> )	20 629
#18	Search <b>guidelines</b> [tiab]	268 116
#19	Search <b>evidence-based</b> [tiab]	96 337
#20	Search <b>“systematic review”</b> [tiab]	116 863
#21	Search <b>guidelines</b> [subheading]	662 139
#22	Search ( <b>#18 OR #19 OR #20 OR #21</b> )	1 048 901
#23	Search ( <b>#14 AND #17 AND #22</b> )	406