

**Table S1.** Search Strategy: Medline

1	exp mental disorders/	1115325
2	(mental disorder? or anxiety Disorder? or Bipolar or Mood Disorder? or disruptive disorder* or impuls* disorder? or conduct disorder? or dissociative disorder? or elimination disorder? or "feeding and eating disorder?" or motor disorder? or neurocognitive disorder? or neurodevelopmental disorder? or neurotic disorder? or paraphilic disorder? or personality disorder? or sexual dysfunction? disorder? or sleep?wake disorder? or somatoform disorder? or substance?related disorder? or Schizophreni* or schizoaffective? or schizo-affective? or "schizo affective?" or trauma* disorder? or stress* disorder? or trauma related disorder or stressor related disorder? or behavio?r disorder? or psychiatric diagnos* or psychotic* or anxiety disorder? or anxiety neuros?s or neurotic anxiety* or separation anxiet* or panic attack? or panic disorder? or phobic neuros* or phobic disorder* or social anxiety disorder? or bi?polar or "bi polar" or manic disorder? or manic state? or manic depressive? or manic-depressive? or pyschos?s or affective disorder? or mood disorder? or depression or unipolar or uni-polar or "uni polar" or depressive disorder? or depressive neuros?s or depressive syndrome? or post-natal depression or postnatal depression or "post natal depression" or post-partum depression or postpartum depression or "post partum depression" or affective disorder? or battered child* syndrome? or "nonaccidental trauma in children" or "non accidental trauma in children" or "non-accidental trauma in children" or combat disorder? or combat neuros?s or combat stress disorder? or war neuros?s or combat neuros?s or war neuroses or psychological trauma? or "post traumatic stress" or post-traumatic stress or posttraumatic stress or PTSD or PTS).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]	877382
3	1 or 2	1436386
4	YOGA/	2225
5	yoga.mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]	4134
6	4 or 5	4134
7	3 and 6	909